



# WorldCare Policy Wording





Companies (April 2024)

# Contents

### A. Policy Wording

B.		nefit Schedule
	12	Definitions
	11	General Conditions
	10	Miscellaneous
	9	Dispute Resolution and Applicable Law
	8	Claim and Payment of Insurance Compensation
	7	Policyholder, Insured Person and Beneficiary's Obligations
	6	Insurer's Obligations
	5	Coverage Period
	4	Insurance Sum Assured and Insurance Premium
	3	Exclusions
	2	Insurance Liability
	1	General

# A. Policy Wording1. General

## Asia-Pacific Property & Casualty Insurance Co., Ltd. Companies International Medical Insurance (April 2024) Policy Wording

### Article 1

This insurance contract consists of the policy wording, group application form, insurance policy or certificate, benefit schedule and endorsement. Any other agreement related to this insurance contract shall be in written form and agreed by insurer.

# Article 2

The policyholder is the group applying for the insurance policy on behalf of the insured persons. The number of the insured persons eligible to be insured persons shall not be less than three employees at the start date and each subsequent renewal date.

# Article 3

- 1. Direct insured: all the active full time employees of the policyholder in service.
- 2. Dependant: the scope of dependant is decided by the policyholder during application that may include the family member(s) of the direct insured:
  - a. Legal spouse of the direct insured person.
  - b. Children (aged not more than 18 or up to 28 for those registered as full time students at recognised educational institutions) of an insured person. It is subject to the consent of the insurer and shall be arranged by the policyholder for coverage under this policy.
  - c. Any other person that the direct insured person agreed to enrol in writing.

The direct insured can apply to add new born babies (who are born to the direct insured or the direct insured's spouse) to the policy from their date of birth. This can normally be done without filling out details of their medical history, provided the direct insured adds them within 30 days of their date of birth. The direct insured can do this by applying via his/her online secure portfolio area at www.now-health.com.

However, the insurer will require details of the baby's medical history if :

- the baby was born within 10 months from the direct insured 's start date or the direct insured spouse's start date, whichever date is later; or
- the baby has been adopted; or
- the baby was born as the result of any method of assisted conception or following any type of fertility treatment, including but not limited to fertility drug treatment.

In such circumstances the insurer reserves the right to apply particular restrictions to the cover the insurer will offer, and the insurer will notify the direct insured of those terms as soon as reasonably possible. This may limit the direct insured baby's cover for existing medical conditions. This would mean that the direct insured's baby will not be covered for treatment carried out for medical conditions which existed prior to joining, such as treatment in a Special Care Baby Unit and the direct insured will be liable for these costs.

The insurer can refuse to add a family member to the policy and the insurer will tell the policyholder if the insurer does.

- 3. Dependants must be covered under the same level of benefits as the direct insured.
- 4. The direct insured and the dependant in this contract should also be named insured person.
- 5. This contract will not cover the applicant with US nationality who resides in the US for more than 90 days (including 90 days) every year. In addition, there are some mutually agreed excluded countries that the insurer cannot offer cover if the insured person resides in any of them. Such excluded country list will be communicated to the policyholder prior to the enrolment of the policy.

# Article 4

The beneficiary of this insurance contract refers to insured person except for any agreement otherwise.

### Article 5 – Benefits

During the insured period of this contract, in case of any medical activities taken in this insurance contract, the insurer shall pay the insurance benefits (i.e. specific benefit will not exceed its corresponding benefit limit and the sum of the benefits paid will not exceed the annual maximum stipulated in the insurance contract) to the insured as follows. All cost actually incurred must be medically necessary and subject to reasonable and customary charges. The Benefits 1 to 31 under the Insurance Liability section are core benefits. The Benefits 32 to 53 under this Insurance Liability section are optional benefits.

### 1. Hospital Charges, Medical Practitioner and Specialist Fees

- a. Charges for in-patient or day-patient treatment made by a hospital including charges for accommodation (ward/semi-private or private); diagnostic tests; operating theatre charges including surgeon and anaesthetist charges; and charges for nursing care by a qualified nurse; drugs and dressings prescribed by a medical practitioner or specialist; and surgical appliances used by the medical practitioner during surgery. This includes pre and post-operative consultations while an in-patient or day-patient and includes charges for intensive care. The above benefit should be pre-authorised and its maximum benefit should be mutually agreed between the policyholder and the insurer and stipulated in the insurance contract.
- b. Actual ancillary charges: purchase and rental of crutches, canes, walking aids and self-propelled non-electronic wheelchairs within six months of an eligible medical condition which required in-patient or day-patient hospital treatment. The above maximum benefit should be mutually agreed between the policyholder and the insurer and stipulated in the insurance contract.

### 2. Diagnostic Procedures

The insurer will cover the actual incurred medical charges for the medically necessary diagnostic magnetic resonance imaging (MRI), positron emission tomography (PET) and computerised tomography (CT) scans. The diagnosis for PET, MRI and CT need to be pre-authorised. The maximum benefit should be mutually agreed between the policyholder and the insurer and stipulated in the insurance contract.

### 3. Emergency Ambulance Transportation

The insurer will cover the actual incurred emergency road ambulance transport costs to or between hospitals, or when considered medically necessary by a medical practitioner or specialist. The maximum benefit should be mutually agreed between the policyholder and the insurer and stipulated in the insurance contract.

### 4. Parent Accommodation

The insurer will cover the actual incurred cost of one parent staying in hospital overnight with an insured person under 18 years old while the child is admitted as an in-patient for eligible treatment. The maximum benefit should be mutually agreed between the policyholder and the insurer and stipulated in the insurance contract.

### 5. New Born Cover

The insurer will cover the actual incurred medical cost of the in-patient treatment of premature birth (i.e. prior to age 37 weeks gestation) or an acute condition being suffered by a new born baby of an insured person which manifests itself within 30 days following birth. Provided that the new born baby is added to the policy within 30 days of birth and premium paid. Cover for multiple births will be covered up to the same limits agreed.

In circumstances where the insurer requires details of the new born baby's medical history before the baby is being added to the policy, the insurer reserves the right to apply particular restrictions to the cover the insurer will offer.

Please refer to Article 3 - adding new born of this policy wording for details.

The maximum benefits should be mutually agreed between the policyholder and the insurer and stipulated in the insurance contract.

### 6. Hospital Accommodation for New Born Accompanying their Mother

The insurer will cover the actual incurred medical cost of the hospital accommodation costs relating to a new born baby (up to 16 weeks old) to accompany its mother (being an insured person) while she is receiving eligible treatment as an in-patient in a hospital. The maximum benefits should be mutually agreed between the policyholder and the insurer and stipulated in the insurance contract.

### 7. Reconstructive Surgery

The insurer will cover the actual incurred medical cost of the reconstructive surgery required to restore natural function or appearance following an accident or following a surgical procedure for an eligible medical condition, which occurred after an insured person's entry date or start date whichever is later. The maximum benefits should be mutually agreed between the policyholder and the insurer and stipulated in the insurance contract.

### 8. In-Patient Emergency Dental Treatment

The insurer will cover the actual incurred medical cost of emergency restorative dental treatment required to sound, natural teeth following an accident which necessitates the insured person's admission to hospital for at least one night.

The dental treatment must be received within 10 days of the accident. This benefit covers all costs incurred for treatment made necessary by an accidental injury caused by an extra-oral impact, when the following conditions apply:

- a. If the treatment involves replacing a crown, bridge facing, veneer or denture, the insurer will pay only the reasonable and customary cost of a replacement of similar type or quality
- b. If implants are clinically needed the insurer will pay only the cost which would have been incurred if equivalent bridgework was undertaken instead

This benefit also covers repair or reconstruction of dentures broken following an accident that necessitates the insured person's admission to a hospital for at least one night, provided that such dentures were being worn at the time of the accident.

The maximum benefits should be agreed between the policyholder and the insurer and stipulated in the insurance contract.

### 9. In-Patient Psychiatric Treatment

The insurer will cover the actual incurred medical cost of an in-patient treatment in a recognised psychiatric unit of a hospital. All treatment must be administered under the direct control of a registered psychiatrist.

The above benefit needs to be pre-authorised. The maximum benefit for such coverage as well as its maximum number of cover days per period of cover should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 10. Terminal Illness

The insurer will cover the actual incurred medical cost of the palliative and hospice care. On diagnosis of a terminal illness, costs are covered for any in-patient, day-patient or out-patient treatment given on the advice of a medical practitioner or specialist for the purpose of offering temporary relief of symptoms. Charges for hospital or hospice accommodation, nursing care by a qualified nurse and prescribed drugs and dressings are covered.

The maximum benefits should be mutually agreed between the policyholder and the insurer and stipulated in the insurance contract.

### 11. Emergency Non-Elective Treatment USA Cover

For planned trips up to 30 days of duration, the insurer will cover the actual incurred medical cost of a treatment by a medical practitioner or specialist starting within 24 hours of the emergency event, required as a result of an accident or the sudden beginning of a severe illness resulting in a medical condition that presents an immediate threat to the insured person's health.

# Charges relating to routine pregnancy and pregnancy and childbirth medical conditions are specifically excluded from this benefit.

The maximum benefit for such coverage as well as its maximum number of cover days per period of cover should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 12. Hospital Cash Benefit

The insurer will cover the benefit payable for each night an insured person receives in-patient treatment and only if an insured person is admitted for in-patient treatment before midnight, the treatment is received free of charge and would that have otherwise been eligible for benefit privately under this policy.

Cover under this benefit is limited to a maximum of 30 nights per period of cover.

For this benefit exclusion 6.10 does not apply.

The maximum benefits for such coverage should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 13. AIDS

The insurer will cover the actual incurred medical expenses, which arise from or are in any way related to Human Immune Deficiency Virus (HIV) and/or HIV related illnesses, including Acquired Immune Deficiency Syndrome (AIDS) or AIDS Related Complex (ARC) and/or any mutant derivative or variations thereof as a result of proven occupation Accident\* or blood transfusion\*\*. Expenses are limited to pre and post-diagnosis consultations, routine check-ups for this condition, drugs and dressings (except experimental or those unproven), hospital accommodation and nursing fees.

\* For members of emergency services, medical or dental professions, laboratory assistants, pharmacist or an employee in a medical facility that provides evidence that they contracted the HIV infection accidentally while carrying out normal duties of their occupation; and they contracted the HIV infection three years after the date of entry or start date, whichever is later; and the incident from which they contracted the HIV infection was reported, investigated and documented according to normal procedures for the insured person's occupation; and a test showing no HIV or antibodies to such a virus was made within five days of the incident; and a positive HIV test occurred within 12 months of the reported occupational accident.

\*\* As long as the blood transfusion was received as an in-patient as part of medically necessary treatment.

The benefit is only available after three years of continuous membership.

The above benefit needs to be pre-authorised. The maximum benefit per period of cover should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 14. Organ Transplant

The insurer will cover the actual incurred medical costs of the following items:

a. Treatment for and in relation to a human organ transplant of kidney, pancreas, liver, heart, lung, bone marrow, cornea, in respect of the insured person as a recipient.

In circumstances where an organ transplant is required as a result of a congenital disorder, cover will be provided under Article 5, Benefit 27 – Congenital Disorder but excluded from Article 5, Benefit 14 – Organ Transplant.

b. Medical costs associated with the donor as an in-patient or day-patient, with the exception of the cost of the donor organ search.

The insurer only pays for transplants carried out in internationally-accredited institutions by accredited surgeons and where the organ procurement is in accordance with WHO guidelines.

The maximum benefits should be mutually agreed between the policyholder and the insurer and stipulated in the insurance contract.

### 15. Cancer Treatment

The insurer will cover the actual incurred medical cost of the treatment given for cancer received as an in-patient, day-patient or out-patient.

The benefit includes oncologist fees, surgery, radiotherapy and chemotherapy, alone or in combination, from the point of diagnosis. The maximum benefits should be mutually agreed between the policyholder and the insurer and stipulated in the insurance contract.

### 16. Pregnancy Medical Conditions

For In-Patient Treatment of an Eligible Medical Condition which arises during the antenatal stages of Pregnancy or an Eligible Medical Condition which arises during childbirth, the insurer would only allow Treatment of the following as an Eligible Medical Condition under this Benefit:

- a. Ectopic Pregnancy (where the foetus is growing outside the womb)
- b. Hydatidiform mole (abnormal cell growth in the womb)
- c. Retained placenta (afterbirth retained in the womb)
- d. Placenta praevia
- e. Eclampsia (a coma or seizure during Pregnancy and following pre-eclampsia)
- f. Diabetes (If the insured person has exclusions because of the insured person's past medical history which relate to diabetes, then the insured person will not be covered for any treatment for diabetes during pregnancy)
- g. Post partum haemorrhage (heavy bleeding in the hours and days immediately after childbirth)
- h. Miscarriage requiring immediate surgical treatment

This benefit does not provide any cover for voluntary or Emergency caesarean section procedures or 'failure to progress in labour' unless for one of the above stated Eligible Medical Conditions.

Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. For the expenses incurred after the 180th day to one year after the policy takes effect, this benefit has a 95% co-insurance. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not.

The maximum benefits should be mutually agreed between the policyholder and the insurer and stipulated in the insurance contract.

### 17. Evacuation and Repatriation

The insurer will cover the actual incurred cost of the following:

### a. Evacuation

Arrangements will be made to move an insured person who has a critical, life-threatening eligible medical condition to the nearest medical facility for the purpose of admission to hospital as an in-patient or day-patient.

Reasonable expenses for:

- i. Transportation costs of an insured person in the event of emergency treatment and medically necessary transport and care not being readily available at the place of the incident. This includes an economy class airfare ticket for a locally-accompanying person who has travelled as an escort.
- ii. Reasonable local travel costs to and from medical appointments when treatment is being received as a day-patient.
- iii. Reasonable travel costs for a locally-accompanying person to travel to and from the hospital to visit the insured person following admission as an in-patient.
- iv. Reasonable costs for non-hospital accommodation only for immediate pre and post-hospital admission periods provided that the insured person is under the care of a specialist.

Costs of evacuation do not extend to include any air-sea rescue or mountain rescue costs that are not incurred at recognised ski resorts or similar winter sports resorts.

The insurer's medical advisers will decide the most appropriate method of transportation for the evacuation and this benefit will not cover travel if it is against the advice of the insurer's medical advisers or where the medical facility does not have appropriate facilities to treat the eligible medical condition.

#### b. Repatriation

An economy class airfare ticket to return the insured person and a locally-accompanying person who has travelled as an escort to the site of treatment or the insured person's principal country of nationality or principal country of residence, as long as the journey is made within one month of completion of treatment. Such transportation cost is only eligible if there was a medical need for an initial evacuation that has taken place.

# This benefit specifically excludes routine pregnancy and childbirth costs, except for Article 5, Benefit 16 – Pregnancy Medical Conditions on the insurance contract.

The above benefit should be pre-authorised. The maximum benefit for such coverage as well as its maximum cost per evacuation should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 18. Mortal Remains

The insurer will cover the actual incurred cost in the event of death from an eligible medical condition, reasonable and customary charges for:

- a. Costs of transportation of body or ashes of an insured person to his/her country of nationality or country of residence, or
- b. Burial or cremation costs at the place of death in accordance with reasonable and customary practice.

The above benefit should be pre-authorised. The maximum benefits for such coverages should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 19. Day-Patient or Out-Patient Surgery

The insurer will cover the actual incurred treatment costs for a surgical procedure performed in a surgery, hospital, day-care facility or out-patient department. Any pre or post-operative consultations are payable under Article 5, Benefit 20 – Out-Patient Charges on the insurance contract. The benefits for such coverage should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 20. Out-Patient Charges

The insurer will cover the actual incurred medical cost of:

- Medical practitioner fees including consultations; specialist fees; diagnostic tests; prescribed drugs and dressings.
- b. Teleconsultation (Virtual Doctor appointments via electronic means).

Costs associated with eligible treatment will be paid in full where treatment is received from medical providers listed in the Now Health International Provider Network.

Treatment that is not received in the Now Health International Provider Network will pay reasonable & customary charges.

No out-patient co-insurance or out patient visit excess is applicable.

c. Vitamins and Minerals:

Vitamins and Minerals as prescribed by a medical practitioner. Vitamins prescribed for a diagnosed deficiency will be paid as per the out-patient benefit.

Any pre-operative and post-hospitalisation consultations are payable under this benefit.

The maximum benefit for such coverage as well as its maximum session per period of cover should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

#### 21. Menopause Hormone Replacement Therapy

The insurer will cover the cost of Hormone Replacement Therapy when required to alleviate the symptoms of the early onset of menopause where onset and treatment commence below the age of 40 years.

### 22. Out-Patient Psychiatric Illness

The insurer will cover the actual incurred medical cost of out patient treatment administered by a registered psychologist and/or a registered psychiatrist, subject to 10/15/20 (Advance/Excel/Apex) sessions and the cost limit under this section.

For the first 5 sessions you may choose to visit a registered psychologist directly without the need for referral. However, any subsequent sessions with a registered psychologist will require referral and a treatment plan with a medical practitioner or specialist.

The maximum benefit per period of cover should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 23. Out-Patient Physiotherapy and Alternative Therapies

The insurer will cover the actual incurred medical cost of:

- a. Physiotherapy by a Registered Physiotherapist.
- b. Complementary medicine and treatment by a therapist. This benefit extends to chiropractors, chiropodists and podiatrists, osteopaths, homeopaths, dietician and acupuncture treatment but excludes Physiotherapist covered in a.

You may choose 5 sessions for any combination of benefits in aggregate in a given period of cover for benefits a. and b. excluding dietician without the need of referral; any subsequent sessions need to be referred by a medical practitioner or specialist.

### For this benefit, the out-patient per visit excess does not apply.

The maximum benefit for such coverage and its maximum number of visits per period of cover should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 24. Traditional Chinese Medicine and Ayurvedic Treatment

The insurer will cover the out-patient treatment of the actual incurred medical costs of the therapies administrated by a recognised traditional Chinese medicine practitioner or an Ayurvedic Medical Practitioner.

### For this benefit, the out-patient per visit excess does not apply.

The maximum benefit should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 25. Nursing Care at Home

The insurer will cover the actual incurred medical cost of the:

- a. Care given by a qualified nurse in the insured person's own home, which is immediately received subsequent to treatment as an in-patient or day-patient on the recommendation of medical practitioner or specialist. This coverage needs to be pre-authorised.
- b. Medical Practitioner (GP) home visits for an emergency GP home call-out during out of normal clinic hours.

The maximum benefit for such coverage and its maximum number of days/visits cover should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 26. Rehabilitation

The insurer will cover the actual incurred medical rehabilitation cost when referred by a specialist as an integral part of treatment for a medical condition necessitating admission to a recognised rehabilitation unit of a hospital. Where the insured person was confined to a hospital as an in-patient for at least three consecutive days, and where a specialist confirms in writing that rehabilitation is required. Admission to a rehabilitation unit must be made within 14 days of discharge from hospital. Such treatment should be under the direct supervision and control of a specialist and would cover:

- a. Use of special treatment rooms
- b. Physical therapy fees
- c. Speech therapy fees
- d. Occupational therapy fees

The maximum benefit for such coverage as well as its maximum number of cover days per medical condition should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 27. Congenital Disorders

The insurer will cover the actual incurred medical cost of the in-patient treatment for a congenital disorder. In circumstances where a congenital disorder manifests itself in a new born baby within 30 days of birth, cover for such medical conditions will be provided under Article 5, Benefit 5 but excluded from Article 5, Benefit 27 – Congenital Disorders. The maximum benefits should be mutually agreed between the policyholder and the insurer and stipulated in the insurance contract.

### 28. Maintenance of Chronic Medical Conditions

The insurer will cover the actual incurred maintenance cost of chronic medical conditions such as but not limited to asthma, diabetes and hypertension requiring on-going or long-term monitoring through consultations, examinations, check-ups, drugs and dressings and/or tests up to the benefit mutually agreed between the policyholder and the insurer and stipulated in the insurance contract limits following the insured person's date of entry.

This benefit does not cover renal failure and dialysis. Claims for this will fall under Article 5, Benefit 29. Claims for cancer will fall under Article 5, Benefit 15.

### 29. Renal Failure and Renal Dialysis

The insurer will cover the actual incurred medical cost of the treatment of renal failure, including renal dialysis on an in-patient, day-patient or out-patient basis. This includes pre and post-operative renal dialysis and as part of intensive care. The maximum benefit should be mutually agreed between the policyholder and the insurer and stipulated in the insurance contract.

### 30. Dental Care

The insurer will cover the actual incurred medical cost of:

- a. Routine dental treatment: Fees of a registered dental practitioner carrying out routine dental treatment in a dental surgery. Routine dental treatment means:
  - Screening (twice per year), i.e. the assessment of diseased, missing and filled teeth, including x-rays where necessary,
  - Preventive scaling, polishing, and sealing (once per year),
  - Fillings (standard amalgam or composite fillings) and extractions, and
  - Root-canal treatment (but not the fitting of a crown following root-canal treatment).

#### No other treatment is covered under the routine dental treatment benefit.

Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not.

A co-insurance of 20% applies.

### For this benefit, the deductible or out-patient per visit excess does not apply.

b. Complex dental treatment: Fees of a registered dental practitioner and associated costs for the following procedures: eligible complex dental treatment: including for example, an apicoectomy done to treat the following – a fractured tooth root; a severely curved tooth root; teeth with caps or posts; cyst or infection which is untreatable with root canal therapy; root perforations; new or repair of crowns, dentures, in lays and bridges; recurrent pain and infection; persistent symptoms that do not indicate problems from x-rays; calcification; damaged root surfaces and surrounding bone requiring surgery.

### No other treatment is covered by this benefit.

Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not.

A co-insurance of 20% applies.

A 50% co-insurance applies in respect of all orthodontic treatment.

#### For this benefit, the deductible or out-patient per visit excess does not apply.

The maximum benefit per period of cover should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 31. Maternity

The insurer will cover:

- a. Medically Necessary costs incurred during normal Pregnancy and childbirth; childbirth costs, including pre and post-natal check-ups for up to six weeks following birth, scans and delivery costs for a natural birth or voluntary caesarean section. Paediatrician costs for the first examination/check-up of a New Born baby, if the examination is made within 24 hours of delivery and Well-baby examinations up to the child's second birthday and as recommended by a Medical Practitioner or Specialist. This includes physical examinations, measurements, sensory screening, neuropsychiatric evaluation, development screening, as well as hereditary and metabolic screening, immunisations, urine analysis, tuberculin tests and hematocrit, haemoglobin and other blood tests, including tests to screen for sickle haemoglobinopathy.
- b. Cost associated with medically necessary and/or emergency caesarean section.

Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. For the expenses incurred after the 180th day to one year after the policy takes effect, this benefit has a 95% co-insurance. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not. Please note the insurer does not pay for parenting or other teaching classes as these are a matter of personal choice.

Claims for any caesarean sections are only recoverable from us if you have a maternity benefit as part of your policy. They are not covered by any other benefit.

Deductible would apply to this benefit.

The maximum benefit per period of cover should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 32. USA Elective Treatment

The insurer will cover the actual incurred medical cost of:

- a. Costs associated with eligible in-patient and day-patient treatment in the USA will be paid in full where treatment is received in a hospital listed in the Now Health International Provider Network.
- b. Costs associated with eligible out-patient treatment in the USA will be paid in full where treatment is received in the Now Health International Provider Network.

Treatment that is not received in the Now Health International Provider Network will be subject to a 50% co-Insurance.

The above benefit needs to be pre-authorised. The maximum benefit for such coverage should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 33. Co-Insurance Out-Patient Treatment – Option 1

The insurer will cover the actual incurred medical cost, with a 10% co-insurance on all eligible out-patient treatment. Should the plan include the maternity, dental care or wellness, optical benefits and vaccinations benefits, any applicable co-insurance will be detailed in insured person's benefit schedule.

Co-insurance does not apply to:

- a. Cancer treatment, organ transplant, renal failure and renal dialysis
- b. Any out-patient treatment received in public hospitals in Mainland China that are within the Now Health International Provider Network

The maximum benefit should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

Should the plan include maternity, dental care or wellness, optical benefits and vaccinations benefits, any applicable co-insurance will be detailed in insured person's benefit schedule.

### 34. Co-Insurance Out-Patient Treatment – Option 2

The insurer will cover the actual incurred medical cost, with a 20% co-insurance on all eligible out-patient treatment. Should the plan include the maternity, dental care or wellness, optical benefits and vaccinations benefits, any applicable co-insurance will be detailed in insured person's benefit schedule.

Co-insurance does not apply to:

- a. Cancer treatment, organ transplant, renal failure and renal dialysis
- b. Any out-patient treatment received in public hospitals in Mainland China that are within the Now Health International Provider Network

The maximum benefit should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

Should the plan includes maternity, dental care or wellness, optical benefits and vaccinations benefits, any applicable co-insurance will be detailed in insured person's benefit schedule.

### 35. Wellness, Optical Benefits and Vaccinations

The insurer will cover the actual incurred medical costs associated with:

- a. Wellness: this benefit is payable as a contribution towards the cost of routine health checks including cancer screening, BRCA I & II Test (where a direct family history exists), bone densitometry (once every five years for women aged 50+), cardiovascular examination, neurological examinations, vital signs (e.g. blood pressure, body mass index, urinalysis, cholesterol), well child test (Up to age of 5 Years), and/or
- b. Optical benefit: this benefit also provides a contribution towards optician charges including an annual eye test carried out by an ophthalmic optician, prescribed spectacles including frames and lenses; and/ or contact lenses when the member's prescription has changed, within the combined benefit limits to a maximum mutually agreed amount per period of cover for an optical claim.

Please note that there is no cover for prescription sunglasses or transition lenses; and/or

 vaccinations: cost of drugs and consultations to administer all medically necessary basic immunisation and booster injections and any medically necessary travel vaccinations and malaria prophylaxis.
 For this benefit exclusion 6.10 does not apply.

### 36. Medical History Disregarded

This clause applies to compulsory group policies of 10+ employees.

### 37. Greater China option

The insurer will cover the actual incurred medical costs associated with all eligible in-patient, day-patient, and out-patient treatment restricted to Greater China and will be subject to the standard policy limits.

Emergency non elective treatment outside of Greater China:

For planned trips up to 30 days of duration. Treatment by a medical practitioner or specialist starting within 24 hours of the emergency event, required as a result of an accident or the sudden beginning of a severe illness resulting in a medical condition that presents an immediate threat to the insured person's health.

Charges relating to routine pregnancy and pregnancy and childbirth medical conditions are specially excluded from emergency non elective treatment outside of Greater China.

Greater China means Mainland China, Hong Kong, Macau and Taiwan.

Full Refund for accident requiring in-patient and day-patient care.

Illness: in-patient and day-patient care up to a mutually agreed amount per period of cover.

The maximum benefit should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 38. Hospital Room Restriction – PRC Residents Only

As described in Article 5, Benefit 1 on the insurance contract. a), but with a restriction to limit the hospital accommodation to a ward or semi-private room for hospital admission in Hong Kong; or with a 15% co-insurance, up to an out-of-pocket-limit of a mutually agreed amount per medical condition for any charge for eligible in-patient or day-patient treatment made by the hospital and by any medical practitioner, should the in-patient or day-patient be received in any high cost in-patient/day-patient facility in Mainland China as pre-defined and advised by the insurer.

The maximum benefit should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 39. High Cost Provider Co-Insurance

The insurer will cover the actual incurred medical costs associated with eligible in-patient, day-patient or out-patient treatment made by the hospital, and by any medical professional, should the in-patient, day-patient or out-patient treatment be received in any high cost in-patient/day-patient facility in Mainland China as pre-defined and advised by the insurer and will be subject to a 20% co-insurance, up to an out of pocket limit of a mutually agreed amount per medical condition.

The maximum benefit should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 40. High Cost Provider Restriction

The insurer will not cover the actual incurred medical costs associated with eligible in-patient, day-patient or out-patient treatment made by the hospital, and by any medical professional, should the in-patient, day-patient or out-patient treatment be received in any high cost in-patient/day-patient facility in Mainland China as pre-defined and advised by the insurer.

### 41. Optional Out-Patient Charges Option 1 under the Essential Plan

The insurer will cover the actual incurred medical cost of:

- a. Medical practitioner fees including consultations; specialist fees; diagnostic tests; prescribed drugs and dressings.
- b. Teleconsultation (Virtual Doctor appointments via electronic means).

Costs associated with eligible treatment will be paid in full where treatment is received from medical providers listed in the Now Health International Provider Network.

Treatment that is not received in the Now Health International Provider Network will pay reasonable & customary charges.

No out-patient co-insurance or out patient visit excess is applicable.

c. Vitamins and Minerals

Vitamins and Minerals as prescribed by a medical practitioner; Vitamins prescribed for a diagnosed deficiency will be paid as per the out-patient limit.

This benefit a, b and c replace Article 5, Benefit 20 – Out-Patient Charges.

- d. i. Physiotherapy by a Registered Physiotherapist.
  - ii. Complementary medicine and treatment by a therapist. The insurer will cover the actual incurred medical cost. This benefit extends to chiropractors, chiropodists and podiatrists, osteopaths, homeopaths, dietician and acupuncture treatment.
  - iii. Out-patient treatment for therapies administered by a recognised traditional Chinese Medical Practitioner or an Ayurvedic Medical Practitioner.

You may choose 5 sessions for any combination of benefits in aggregate in a given period of cover for benefits d)i) and d)ii) excluding dietician without the need of referral; any subsequent sessions need to be referred by a Medical Practitioner or Specialist.

This benefit replaces Article 5, Benefit 23 – Out-Patient Physiotherapy and Alternative Therapies.

e. Out Patient Psychiatric Illness:

Out-patient treatment administered by a Registered Psychologist and/or a Registered Psychiatrist, subject to 10 sessions and the cost limit under this section.

For the first 5 sessions You may choose to visit a Registered Psychologist directly without the need for referral. However, any subsequent sessions with a Registered Psychologist will require referral and a treatment plan with a medical practitioner or specialist.

This benefit replaces Article 5, Benefit 22 – Out-Patient psychiatric illness.

f. Menopause Hormone Replacement Therapy:

The cost of Hormone Replacement Therapy when required to alleviate the symptoms of the early onset of menopause where onset and treatment commence under 40 years old.

This benefit replaces Article 5, Benefit 21 – Menopause Hormone Replacement Therapy.

Any pre-operative and post-hospitalisation consultations are payable under this benefit.

The maximum benefit for such coverage as well as its maximum session per period of cover should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 42. Optional Out-Patient Charges Option 2 under the Essential Plan

The insurer will cover the actual incurred medical cost of:

- a. Medical practitioner fees including consultations; specialist fees; diagnostic tests and costs associated with maintenance of chronic medical conditions; prescribed drugs and dressings.
- b. Teleconsultation (Virtual Doctor appointments via electronic means).

Costs associated with eligible treatment will be paid in full where treatment is received from medical providers listed in the Now Health International Provider Network.

Treatment that is not received in the Now Health International Provider Network will pay reasonable & customary charges.

No out-patient co-insurance or out patient visit excess is applicable.

c. Vitamins and Minerals

Vitamins and Minerals as prescribed by a medical practitioner; Vitamins prescribed for a diagnosed deficiency will be paid as per the out-patient limit.

This benefit a, b and c replace Article 5, Benefit 20 – Out-Patient Charges

- d. i. Physiotherapy by a Registered Physiotherapist.
  - ii. Complementary medicine and treatment by a therapist. The insurer will cover the actual incurred medical cost. This benefit extends to chiropractors, chiropodists and podiatrists, osteopaths, homeopaths, dietician and acupuncture treatment.
  - iii. Out-patient treatment for therapies administered by a recognised traditional Chinese Medical Practitioner or an Ayurvedic Medical Practitioner.

You may choose 5 sessions for any combination of benefits in aggregate in a given period of cover for benefits d)i) and d)ii) excluding dietician without the need of referral; any subsequent sessions need to be referred by a Medical Practitioner or Specialist.

This benefit replaces Article 5, Benefit 23 – Out-Patient Physiotherapy and Alternative Therapies.

e. Out Patient Psychiatric Illness:

Out-patient treatment administered by a Registered Psychologist and/or a Registered Psychiatrist, subject to 10 sessions and the cost limit under this section.

For the first 5 sessions You may choose to visit a Registered Psychologist directly without the need for referral. However, any subsequent sessions with a Registered Psychologist will require referral and a treatment plan with a medical practitioner or specialist.

This benefit replaces Article 5, Benefit 22 – Out-Patient psychiatric illness.

f. Menopause Hormone Replacement Therapy:

The cost of Hormone Replacement Therapy when required to alleviate the symptoms of the early onset of menopause where onset and treatment commence under 40 years old.

This benefit replaces Article 5, Benefit 21 – Menopause Hormone Replacement Therapy.

Any pre-operative and post-hospitalisation consultations are payable under this benefit.

The maximum benefit for such coverage as well as its maximum session per period of cover should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 43. Optional Out-Patient Charges Option 3 under the Essential Plan

The insurer will cover the actual incurred medical cost of:

a. Emergency out-patient benefit

Charges for emergency treatment received as an out-patient in the Accident and Emergency department of a medical provider including:

Medical practitioner fees including consultation; specialist fees; diagnostic tests, prescribed drugs and dressings.

For this benefit a RMB 150 out-patient per visit excess will be applicable.

- b. Pre and post-operative out-patient charges
  - i. Medical practitioner fees including consultations; specialist fees; diagnostic tests; prescribed drugs and dressings.
  - ii. Teleconsultation (Virtual Doctor appointments via electronic means).

Costs associated with eligible treatment will be paid in full where treatment is received from medical providers listed in the Now Health International Provider Network.

Treatment that is not received in the Now Health International Provider Network will pay reasonable & customary charges.

iii. Physiotherapy by a Registered Physiotherapist.

For this benefit the plan out-patient co-insurance or out-patient per visit excess does not apply.

Any pre-operative and post-hospitalisation consultations are payable under this benefit.

Charges relating to pre-operative consultation within 60 days from the admission and post-hospitalisation consultation within 90 days following discharge from hospital.

# This benefit replaces Article 5 Benefit 20 – Out-Patient Charges and Article 5 Benefit 23 – Out-Patient Physiotherapy and Alternative Therapies.

The maximum benefit for such coverage as well as its maximum session per period of cover should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 44. Direct Billing Network for Optional Out-Patient Charges Option 2 under the Essential Plan

The insurer will provide out-patient direct billing service for eligible out-patient treatment in Now Health International Provider Network for insured person with out-patient charges option 2 benefit under the Essential Plan.

The benefit should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

#### 45. Out-Patient Restriction

The insurer will cover the actual incurred medical cost of Article 5, Benefits 20, 23, 28, 29, but restricted to a mutually agreed amount per period of cover in aggregate.

The maximum benefit should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 46. Optional Maternity

The insurer will cover the medically necessary cost incurred under Article 5, Benefit 31 under the Excel or Advance plan.

The maximum benefit per period of cover should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

This clause applies to compulsory group policies 10+ employees.

### 47. Optional Dental Benefit under the Advance Plan

The insurer will cover the medically necessary cost incurred under Article 5, Benefit 30 under the Advance plan.

The maximum benefit per period of cover should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

This clause applies to compulsory group policies of 10+ employees.

### 48. Removal of Co-Insurance for Dental Care

As described in Article 5, Benefit 30, but with no co-insurance applicable to either routine or complex dental treatment including orthodontic treatment.

This clause applies to compulsory group policies of 10+ employees.

### 49. In-Patient and Out-Patient Co-Insurance

The insurer will cover the actual medical costs associated with the benefits for eligible in-patient, day-patient or out-patient treatment subject to 20% co-insurance, up to an out-of-pocket limit of a mutually agreed amount per medical condition.

### 50. Extended Evacuation and Repatriation:

The insurer will cover the actual incurred cost of the following:

#### a. Evacuation

Arrangements will be made to move an insured person who has a critical, life-threatening eligible medical condition to the nearest medical facility, country of residence, country of nationality or the insured person's country of choice for the purpose of admission to hospital as an in-patient or day-patient.

Reasonable expenses for:

- i. Transportation costs of an insured person in the event of emergency treatment and medically necessary transport and care not being readily available at the place of the incident. This includes an economy class airfare ticket for a locally-accompanying person who has travelled as an escort.
- ii. Reasonable local travel costs to and from medical appointments when treatment is being received as a day-patient.
- iii. Reasonable travel costs for a locally-accompanying person to travel to and from the hospital to visit the insured person following admission as an in-patient.
- iv. Reasonable costs for non-hospital accommodation only for immediate pre and post-hospital admission periods provided that the insured person is under the care of a specialist.

Costs of evacuation do not extend to include any air-sea rescue or mountain rescue costs that are not incurred at recognised ski resorts or similar winter sports resorts.

The insured person's country of choice is subject to the availability of the appropriate medical facilities being in place. The insurer's medical advisers will determine whether the selected country has the suitable medical facility to treat the insured person's eligible medical condition. The insurer's medical advisers will decide the most appropriate method of transportation for the evacuation and this benefit will not cover travel if it is against the advice of the insurer's medical advisers or where the medical facility does not have appropriate facilities to treat the eligible medical condition.

### b. Repatriation

An economy class airfare ticket to return the insured person and a locally-accompanying person who has traveled as an escort to the site of treatment or the insured person's principal country of nationality or principal country of residence, as long as the journey is made within one month of completion of treatment. Such transportation costs is only eligible if there was a medical need for an initial evacuation that has taken place.

This benefit specifically excludes routine pregnancy and childbirth costs, except for Article 5, Benefit 16 – Pregnancy Medical Conditions on the insurance contract.

The above benefit should be pre-authorised. The maximum benefit for such coverage as well as its maximum cost per evacuation should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

### 51. Out-Patient Per Visit Excess - Option 1

An RMB 150 out-patient per visit excess will apply when the insured person receives eligible out-patient treatment inside and outside of the Now Health International Provider Network.

The out-patient per visit excess does not apply to Article 5, Benefits 23, 24, and 30.

### 52. Out-Patient Per Visit Excess - Option 2

An RMB 90 out-patient per visit excess will apply when the insured person receives eligible out-patient treatment inside and outside of the Now Health International Provider Network.

The out-patient per visit excess does not apply to Article 5, Benefits 23, 24, and 30.

### 53. Optional Dental Care under the Essential Plan

The insurer will cover the actual incurred medical cost of:

- a. Routine dental treatment: Fees of a registered dental practitioner carrying out routine dental treatment in a dental surgery. Routine dental treatment means:
  - Screening (twice per year), i.e. the assessment of diseased, missing and filled teeth, including X-rays where necessary,
  - Preventive scaling, polishing, and sealing (once per year),
  - Fillings (standard amalgam or composite fillings) and extractions, and
  - Root-canal treatment (but not the fitting of a crown following root-canal treatment).

No other treatment is covered under the routine dental treatment benefit.

Waiting Period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not.

A co-Insurance of 20% applies.

### For this benefit the deductible or out-patient per visit excess does not apply.

b. Complex dental treatment: Fees of a registered dental practitioner and associated costs for the following procedures: eligible complex dental treatment: including for example, apicoectomy done to treat the following – fractured tooth root; a severely curved tooth root; teeth with caps or posts; cyst or infection which is untreatable with root canal therapy; root perforations; new or repair of crowns, dentures, in lays and bridges; recurrent pain and infection; persistent symptoms that do not indicate problems from x-rays; calcification; damaged root surfaces and surrounding bone requiring surgery.

### No other treatment (including Orthodontics) is covered by this benefit.

Waiting Period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not.

A co-insurance of 20% applies.

For this benefit the deductible or out-patient per visit excess does not apply.

The maximum benefit per period of cover should be mutually agreed between the policyholder and insurer and stipulated in the insurance contract.

# Please note that this benefit is only available when out-patient charges option 1 or 2 under Essential Plan is selected.

# 3. Exclusions

### Article 6 – Exclusions

The insurer will not bear any liabilities for insurance claim compensation if the following treatments or expense fees are incurred by the insured person or the dependant as a result of any of the following situations even though the medical activities have obtained the prescription, recommendation or consent of physician or dentist. Also, below are group policy exclusions that apply in addition to any personal exclusions detailed in the insured person's certificate of insurance.

### 6.1 Act of terrorism, war and illegal acts

The insurer will not pay for treatment of any condition resulting directly or indirectly from, or as a consequence of war, acts of foreign hostilities (whether or not war is declared) civil war, rebellion, revolution, insurrection or military or usurped power, mutiny, riot, strike, martial law or state of siege, or attempted overthrow of government, or any acts of terrorism, unless the insured person is an innocent bystander. The insured person is not covered for costs arising from taking part in any illegal act.

### 6.2 Administrative and shipping fees

The insured person is not covered for any charges made by a medical practitioner or dental practitioner for filling in claim forms or providing medical reports. The insured person is not covered for any charges where a police report is required. The insured person is not covered for the cost of shipping (including customs duty) on transporting medication.

### 6.3 Alcohol and drug abuse

The insured person is not covered for costs for treatment resulting from dependency on or abuse of alcohol, drugs, or other addictive substances and any illness or injury arising directly or indirectly from such dependency or abuse.

### 6.4 Allergy Testing

You are not covered for any allergy testing even when prescribed by a physician.

### 6.5 Chemical exposure

The insured person is not covered for treatment costs directly or indirectly caused by or contributed to or arising from: ionizing radiations or contamination by radioactivity from any nuclear waste from the combustion of nuclear fuel; the radioactive, toxic, explosive or other hazardous properties of any explosive nuclear assembly or nuclear component thereof.

### 6.6 Cosmetic treatment

The insured person is not covered for treatment costs relating to cosmetic or aesthetic treatment or any treatment related to previous cosmetic or reconstructive surgery (whether or not for psychological purposes) to enhance your appearance, even when medically prescribed, such as but not limited to acne, teeth whitening, lentigo and alopecia.

The only exception is an initial reconstructive surgery necessary to restore function or appearance after a disfiguring accident, or following a surgical procedure for an eligible medical condition, if the accident or surgery occurs during the insured person's membership.

6.7 Contamination

The insured person is not covered for the treatment of any conditions, or for any claim arising directly or indirectly from chemical or biological contamination, however caused, or from contamination by radioactivity from any nuclear material whatsoever, asbestosis, including expenses in any way caused by or contributed to by an act of war or terrorism.

### 6.8 Chronic conditions

If the insured person is insured under the Essential policy option, the insured person does not have cover for costs relating to the maintenance of chronic conditions. For Advance, Excel and Apex policy options, cover up to the limits in the benefit schedule are a maximum limit per period of cover and not per medical condition.

### 6.9 Coma or Vegetative State

We will not pay for any treatment costs incurred by an insured person after being in a coma or in a vegetative state for more than 12 months. We will, however, pay for any active treatment costs of an eligible medical condition incurred within the first 12 months of the coma or the vegetative state.

### 6.10 Deductible, out-patient per visit excess or co-insurance

The insured person is not covered for the amount of the deductible, out-patient per visit excess or co-insurance that is shown on the insured person's certificate of insurance. The insurer will treat any arrangement with or any offer by a provider to charge the insurer a higher fee to cover the amount of the deductible, out-patient per visit excess or co-insurance as fraud and the insurer will take legal action.

### 6.11 Dental care

The insured person is not covered for any dental care unless these benefits are included on the insured person's certificate of insurance. However the insurer will pay for emergency in-patient dental treatment following an accident as detailed in the benefit schedule. The insurer will not pay for any telephone or travelling expenses incurred in seeking dental advice or treatment, damage to dentures unless being worn at the time of the accident, or the cost of treatment made necessary by an accidental dental injury if:

- The injury was caused by eating or drinking anything, even if it contains a foreign body
- The damage was caused by normal wear and tear
- The injury was caused when boxing or playing rugby (except school rugby) unless appropriate mouth protection was worn
- The injury was caused by any means other than extra-oral impact
- The damage was caused by tooth brushing or any other oral hygiene procedure
- The damage is not apparent within 10 days of the impact which caused the injury
- The costs are incurred more than 18 months after the date of the injury which made the treatment necessary.

#### 6.12 Developmental disorders

The insured person is not covered for treatment of developmental, behavioural or learning problems such as attention deficit hyperactivity disorder, speech disorders or dyslexia and physical developmental problems.

#### 6.13 Dietary supplements and cosmetic products

The insured person is not covered for nutritional or dietary consultations and supplements, including, but not limited to, special infant formula and cosmetic products including but not limited to moisturizers, cleansers, lotions, soaps, shampoos, sunscreen, mouth wash, antiseptic lozenges, even if medically recommended or prescribed or acknowledged as having therapeutic effects.

#### 6.14 Eating disorders

The insured person is not covered for costs relating to treatment of eating disorders such as, but not limited to, anorexia nervosa and bulimia.

6.15 Experimental treatment and drugs

The insured person is not covered for treatment or drugs which have not been established as being effective or which are experimental. For drugs this means they must be licensed for use by the appropriate Medicines Agency or the Medicines and Healthcare products Regulatory Agency and be used within the terms of that license. For established treatment, this means procedures and practices that have undergone appropriate clinical trial and assessment, sufficiently evidenced and published medical journals and/or approved by the appropriate National Institute for Health and Clinical Excellence for specific purposes to be considered proven safe and effective therapies.

### 6.16 External appliance and or prosthesis

The insured person is not covered for any costs relating to providing, maintaining and fitting of any external prosthesis or appliance or other equipment, medical or otherwise except as is specified under the Hospital Charges, Medical Practitioner and Specialists fees benefit.

6.17 Eyesight tests or vision correction, hearing tests, hearing or visual aids

You are not covered for routine eyesight or hearing tests or the cost of eyeglasses, contact lenses, hearing aids or cochlear implants. We do not pay for eye surgery to correct vision, however eye surgery to correct an Eligible Medical Condition is covered.

# 3. Exclusions

#### 6.18 Failure to follow medical advice

The insured person is not covered for treatment arising from or related to the insured person's unreasonable failure to seek or follow medical advice and/or prescribed treatment, or the insured person's unreasonable delay in seeking or following such medical advice and/or prescribed treatment. The insurer will not pay for complications arising from ignoring such advice.

### 6.19 Foetal surgery

The insured person is not covered for the costs of surgery on a child while in its mother's womb except as part of the maternity benefits detailed in the insured person's certificate of insurance.

### 6.20 Genetic testing

The insured person is not covered for the cost of genetic tests, when those tests are undertaken to establish whether or not the insured person may be genetically disposed to the development of a medical condition, whether the insured person has a medical condition when he/she has no symptoms or if there is a genetic risk of the insured person passing on a medical condition.

### 6.21 Hazardous sports and pursuits

The insured person is not covered for treatment of injuries sustained from base jumping, cliff diving, motor sports, flying in an unlicensed aircraft or as a learner, martial arts, free climbing, mountaineering with or without ropes, scuba diving to a depth of more than 30 metres, trekking to a height of over 4,000 metres, bungee jumping, canyoning, hang-gliding, paragliding or microlighting, parachuting, potholing, skiing off piste or any other winter sports activity carried out off piste.

### 6.22 HIV, AIDS or sexually transmitted disease

The insured person is not covered for treatment for Acquired Immune Deficiency Syndrome (AIDS), AIDS-related Complex Syndrome (ARCS) and all diseases caused by or related to Human Immunodeficiency Virus (HIV) (or both) and sexually transmitted disease, other than stated in the benefit schedule. HIV test when not medically prescribed or screening for visa application purposes are not covered.

#### 6.23 Hormone replacement therapy

The insured person is not covered for the costs of treatment for hormone replacement therapy. The insured person is covered for medical practitioner's fees including consultations, the cost of implants, patches or tablets which are medically necessary as a direct result of medical intervention, up to a maximum of 18 months from the date of medical intervention and for Menopause Hormone Replacement Therapy where onset and treatment commence below the age of 40 years.

6.24 Morbid obesity

The insured person is not covered for the costs of treatment for, or related to, morbid obesity. The insured person is not covered for costs arising from or relating to removing fat or surplus healthy tissue from any part of the body.

### 6.25 Nursing homes, convalescence homes, health hydros, and nature cure clinics

The insured person is not covered for treatment received in nursing homes, convalescence homes, health hydros, nature cure clinics or similar establishments. The insured person is not covered for convalescence or where the insured person is in hospital for the purpose of supervision. The insured person is not covered for extended nursing care if the reason for the extended nursing care is due to age related infirmity and/or if the hospital has effectively become the insured person's home.

#### 6.26 Pre-existing medical conditions

The insured person is not covered for treatment of pre-existing medical conditions and related conditions unless accepted by the insurer in writing.

A pre-existing medical condition means any disease, injury or illness for which:

- 1. The insured person has received treatment, tests or investigations for, been diagnosed with or been hospitalised for; or
- 2. The insured person has suffered from or experienced symptoms; whether the medical condition has been diagnosed or not, at any time before the insured person's start date/entry date into the policy.

### 6.27 Pregnancy or maternity

The insured person is not covered for costs relating to pregnancy or childbirth, medically necessary and/or emergency caesarean section, voluntary caesarean section, unless maternity benefits are shown on the insured person's insurance policy or certificate of insurance.

These costs are only covered under the maternity benefit and are not covered or recoverable under any other benefits (unless specifically covered by Article 5, Benefit 16: Pregnancy Medical Conditions).

#### 6.28 Professional sports

The insured person is not covered for any costs resulting from injuries or illness arising from the insured person taking part in any form of professional sport. By professional sport, the insurer means where the insured person is being paid to take part.

#### 6.29 Reproductive treatment and drugs

The insured person is not covered for costs relating to investigations into or treatment of infertility and fertility, sterilisation (or its reversal) or assisted conception. The insured person is not covered for the costs in connection with contraception.

#### 6.30 Routine examinations, health screening

The insured person is not covered for routine medical examinations including issuing medical certificates, health screening examinations or tests to rule out the existence of a condition for which the insured person does not have any symptoms, unless these benefits are shown on the insured person's certificate of insurance.

#### 6.31 Second opinions

The insured person is not covered for the costs of any second or subsequent medical opinions from a medical practitioner or specialist for the same medical condition other than stated in the insured person's certificate of insurance, unless authorised by the insurer.

#### 6.32 Self-inflicted injuries or attempted suicide

The insured person is not covered for any costs for treatment resulting directly or indirectly from self-inflicted injury, suicide or attempted suicide.

#### 6.33 Sexual problems and gender re-assignment

The insured person is not covered for treatment costs relating to sexual problems including sexual dysfunction, or gender re-assignment operations or any other surgical or medical treatment including psychotherapy or similar services which arise from, or are directly or indirectly associated with gender re-assignment. The insured person is not covered for the costs of treating sexually transmitted infections.

#### 6.34 Sleep disorders

The insured person is not covered for treatment costs related to snoring, insomnia, jet-lag, fatigue, or sleep apnoea including sleep studies or corrective surgery.

6.35 Travel/accommodation costs

The insured person is not covered for transport or accommodation costs the insured person incurs during trips made specifically to get medical treatment unless these costs are for an emergency medical evacuation that the insurer pre-authorises. The insured person is not covered for any costs of emergency medical evacuation or repatriating the insured person's body that the insurer did not pre-authorise and arrange.

#### 6.36 Travelling against medical advice

The insured person is not covered for medical or other costs the insured person incurs if the insured person travels against the advice given by the insured person's treating medical practitioner.

6.37 Treatment by a family member

The insured person is not covered for the costs of treatment by a family member or for self-therapy.

6.38 Treatment charges outside of our reasonable and customary range

The insured person is not covered for treatment charges when they are above the reasonable and customary charges level.

# Insurance Sum Assured and Insurance Premium Coverage Period

### Article 7 – Insurance Sum Assured and Insurance Premium

- 1. The insurance sum assured stated in this contract is the maximum liability for the insurer to cover. During the insurance contract's coverage period, the amount of benefit that the insurer covers for each item shall not be higher than its maximum sum assured per item, and the accumulated amount of benefits shall not be higher than the total sum assured. The total insurance sum assured and the maximum sum assured per coverage are mutually agreed by the insurer and the policyholder, and stated in the insurance policy.
- 2. The policyholder is responsible for paying the insurance premium according to the insurance contract.
- 3. The insurance premium is calculated as per the agreed sum assured and its premium rate stated in the insurance contract.

### Article 8 – Coverage Period and Renewal

The insurance coverage period shall be one year.

This insurance contract is non-guaranteed at renewal. Upon the expiry of the insurance period, the policyholder needs to reapply for this product from the insurer, get insurer approval, pay the insurance premium and receive a new insurance contract.

## Article 9 – Waiting Period

Waiting Period is referred to after the policy effective date or the policy issued date (whichever is later). The insurer does not bear for insurance liability of particular item for a period of time. The exact number of days should be agreed between the insurer and the policyholder. However, the waiting period cannot be exceeded 180 days except AIDS Benefit. The insured person must have completed the waiting period before the benefit is payable irrespective of whether the policyholder renews the insurance or not.

# Article 10 – Deductibles

The insurance product is designed to have deductible options. The agreed deductibles will apply when the insured person receives eligible in-patient and day-patient treatment (for treatment inside and outside of the provider network).

If the policyholder has selected a deductible option, the policyholder is required to select either a co-insurance out-patient treatment option or an out-patient per visit excess option.

The amount of the deductible and the option to be taken together with the deductible option should be mutually agreed between the policyholder and the insurer and stipulated in the insurance contract.

# 6. Insurer's Obligations

### Article 11 – Clear Disclosure

When the insurance contract is being established, since the policy wording content is a standard version, the insurer will enclose the standard policy wording, and explain and disclose all the terms and conditions to the policyholder. In particular related to the exclusion clauses in the contract, the insurer will provide clear reminders in the individual application form and policy. There will also be verbal or written explanations about this particular clause. Without that, such exclusion is not enforceable.

### Article 12 – Policy Issuance

The insurer shall issue an insurance policy or other insurance certificates to the policyholder in time after the insurance contract is established.

### Article 13 – Request for Further Claim Details

If the insurer thinks that the evidence of claim submissions and information provided is not sufficient, the insurer will inform the policyholder/insured person promptly of the required supplementary information at one time.

### Article 14 – Prompt Claim Assessment and Payment Obligations

After the insurer receives the claim submission applications from the insured person or beneficiary, the insurer shall review and determine in time if it is under insurance cover. For complicated cases, the insurer shall determine within 30 days unless there is another agreement in the insurance contract.

The insurer shall notify the claim assessment result to the insured person or beneficiary. If the claim application request is under the policy coverage, the insurer shall perform the obligation of paying the claim reimbursement within 10 days after the insurer reaches agreement on the insurance claim payment with the insured person or beneficiary. In case of any other agreement on the claim payment period, the insurer shall perform its obligations to pay the insurance claim amount as per the agreement. The insurer shall issue a decline letter with reason in three days from the date of determinations if the request is not covered.

### Article 15 – Claim Settlement during Validity Period

The insurer shall pay in advance the claim amount confirmed as per the existing available proofs and information within 60 days from the date insurer receives the request and related certificates or materials for payment of insurance claim amount. In case that the total amount of payment cannot be determined, the insurer shall settle the claim balance after the final amount is confirmed.

# 7. Policyholder, Insured Person and Beneficiary's Obligations

### Article 16 – Premium Payment

The insurance premium payment method in the insurance contract should be agreed between the policyholder and the insurer during the insurance application stage. Also, the insurance premium payment method should be indicated clearly in the certificate of insurance.

If the agreed insurance premium payment method is paid annually, the policyholder is required to pay all the insurance premium once the policy has been set up. If the policyholder does not pay the insurance premium on time as agreed, the insurance contract is not valid.

If the agreed insurance premium payment method is paid by installments, the policyholder should apply and is required to be agreed by insurer. The payment cycle of installment is required to be indicated clearly in the insurance contract. Policyholder should pay the 1st installment of insurance premium on time as agreed. If the policyholder does not pay the 1st installment of insurance premium on time as agreed, the insurance contract is not valid.

If the policyholder does not pay the insurance premium from the 2nd installment onwards or any installment afterwards on time as agreed in insurance contract and the policyholder does not pay the insurance premium for the said installment within 30 days following the insurer sending reminder date, this insurance contract is terminated.

If there is any insurance incident happened before the termination of the insurance contract, the insurer is required to reimburse the claims in accordance with the terms and conditions of insurance policy. However, the outstanding insurance premium of the policyholder should be deducted from the reimbursed amount. The sum of premium paid by policyholder and the premium deducted by insurer should be same as the total premium amount mentioned in the insurance contract.

The policyholder shall be responsible for the payment of the premium for all eligible insured persons included in this agreement.

### Article 17 – Full and Frank Disclosure

Upon establishment of the insurance contract, should the insurer have inquiries on relevant conditions regarding the policyholder/insured person, the policyholder should provide full and frank disclosure to the insurer.

Should the policyholder fail to perform its obligation of full and frank disclosure by intention or due to material default attributable to influence the insurer's decision on underwriting the insurance proposal or increasing the premium rate, the insurer is entitled to terminate the contract.

Should the insurer fail to exercise the termination right as mentioned above within 30 days upon knowing the cause should be deemed as waiver of such right.

Should the policyholder fail to perform its obligation of full and frank disclosure intentionally, the insurer is not liable for any claim payment of the insured incident that happened before the termination of the contract, and shall not refund the premium.

Should the policyholder fail to perform its obligation of full and frank disclosure due to material default, significantly attributable to the occurrence of the insured incident, the insurer shall not be liable for the claim payment of the insured incident that happened before the termination of the contract, but shall refund the insurance premium.

The insurer cannot terminate the insurance contract if the insurer is aware of the situation that the policyholder has failed to provide full and frank disclosure upon execution of the contract. If there is an insured incident, the insurer should be responsible for the claim benefit payment.

# Article 18 – Change of Address or Notification Method

If there is a change of the policyholder's resident address or communication method, the policyholder shall inform the insurer in a timely manner by providing written notification to the insurer. If the policyholder fails to inform the insurer, the insurer shall send notice to the last known address and it would be considered that the notice has been sent to the policyholder.

# Article 19 – Insured Incident Notification

The policyholder, the insured person or the beneficiary shall notify the insurer in a timely manner when they are aware of an occurrence of the insured incident. Should the policyholder, insured person or beneficiary deliberately fail to disclose any matter relating to an insured incident or fail to disclose any material issue relating to the insured incident to the insurer of such insured incident which causes difficulty in the identification of the nature of the incident, cause, degree of loss, etc. in a timely manner, the insurer is not liable to the claim payment for the portion that cannot be identified, with exception to the case where the insurer had known or ought to have known such insured incident through other channels.

The above obligation does not include the delay caused by force majeure.

# 8. Claim and Payment of Insurance Compensation

### Article 20 – Claim Application

The applicant of claim payment should provide the following materials when submitting their claim to the insurer. The applicant should provide other required legal or related materials if the applicant is not able to provide the following materials for any special reasons. If the applicant is not able to provide materials so as the insurer is unable to confirm the authenticity of the claim application, the insurer should not undertake the liability of compensation for the portion that is unable to be determined:

- a. Claim application form;
- b. Insurance policy or policyholder's certificate;
- c. Applicant's legitimate identity certificate;
- d. Medical receipts issued by the hospital (emergency treatment stamp of the hospital is required for medical expense receipts for emergency treatment), original diagnosis certificate and medical records;
- e. For medical evacuation, a written documentary proof issued by the legitimate rescue organisation recognised by the insured should be provided;
- f. Other supporting documents and information related to confirmation of the nature, cause and degree of injury, etc.

### Article 21 – Right of Claims

The applicant's right of claims will be two years from the day on which the applicant becomes aware of the occurrence of the insured incident.

### Article 22 – Compensation Principle

The payment of benefits under this insurance policy shall apply according to the following compensation principle.

- If the insured has obtained relevant medical expenses compensation from other channels (including but not restricted to social basic medical insurance, public medical insurance, medical insurance under employee benefits), the insurer will only pay the balance of the cost of the medical treatment, in accordance with the provisions of this insurance contract, after compensation has been obtained from other channels (including but not restricted to social basic medical insurance, public medical insurance, medical insurance under employee benefits).
- 2) If the insured is a member of social basic medical insurance or public medical insurance, but fails to get compensation in social basic medical insurance or public medical insurance when making a claim, the insurer will protect the rights and interests of the applicant according to the applicant's insurance certificate and policy, subject to the upper limit under the coverage and the compensation standards stated on the insurance certificate and the policy.

# 9. Dispute Resolution and Applicable Law

### Article 23 – Dispute Resolution

Disputes arising from the performance of this contract should be resolved through the consultations by the parties concerned. If the dispute cannot be resolved between the parties having exhausted all resonable attempts to do so, the disputes should be submitted to the People's Court of Litigation for its ultimate and binding decision on all parties.

### Article 24 – Applicable Law

The law of the People's Republic of China shall be applicable to this insurance contract as well as any dispute related to the performance of this contract **(laws of HK, Macau, and Taiwan are excluded)**.

# 10. Miscellaneous

### Article 25 – Continuous Transfer Terms

The insurer will maintain the insured person's existing underwriting or special acceptance terms, as shown by the insured person's current insurer, such as any moratoria or specific exclusions and the insured person's group policy with the insurer will be governed by the terms and conditions of this group policy. The acceptance by the insurer of the insured person's original entry date will be applied to the insured person's group policy with the insurer and any transfer will be subject to no enhanced benefits being provided. The above term is subject to the insurer's written approval.

Should the insured person's group policy come to an end the insured person can apply to transfer to one of the insurer's individual WorldCare plans. The insured person's applications must be submitted to the insurer before the insured person leaves the group policy and acceptance is subject to written agreement from the insurer.

### Article 26 – Termination of Contract

The policyholder may cancel this policy by contacting the insurer during the 14 day cooling off period. The 14 day cooling off period starts on the date that the contract is concluded or the day that full policy terms and conditions are received, whichever is the later. The 14 day cooling off period also applies from each renewal date. If the policy is cancelled during the 14 day cooling off period the insurer will return any premium paid for the policy to the policyholder providing no claims have been made on the policy in relation to the period of cover before cancellation (being no more than 14 days' cover). If eligible claims costs are incurred within that period of cover the insurer reserves the right to require the policyholder to pay for the services provided in connection with the policy to the extent permitted by law and any return of premium is subject to this.

Upon the formation of the insurance contract, the policyholder may provide written notice to the insurer to terminate this contract with the exception that the insurer has paid the insurance claim compensation expense as per the agreement of the contract.

When the policyholder requires termination of this contract, they should provide the following certificates and documents:

- a. Original copy of the insurance policy
- b. Insurance premium payment certificate
- c. Identification proof of the policyholder
- d. Any other insurance contract related documents and information that could be provided by the policyholder.

This contract terminates upon the receipt of the termination application, related proofs and documentations by the insurer.

Within 30 days from the date of receipt of the above mentioned documents, the insurer will refund the unearned net premium of the insurance policy of the contract to the policyholder.

Any termination of this agreement shall be without prejudice to any accrued rights and obligations of both parties in respect of the period for which the premium has been paid.

### Article 27 – Use of Membership Card

- 26.1 The direct billing membership card is the insurer's property. It can only be used for the purpose of receiving direct billing for medical treatment covered under the terms and conditions of the Policy and the Member Handbook.
- 26.2 Under no circumstance may an insured person use the direct billing membership card to receive medical treatment related to a personal exclusion and/or an exclusion as listed under Article 6 Exclusions of the Policy. The insurer will not be liable for any misuse by his/her of such direct billing membership cards.
- 26.3 If an insured person receives treatment that is not eligible under the policy through out-patient direct billing, the insured person is first liable for the costs incurred and the insured person must provide a refund to the insurer within 15 working days from the date of request of reimbursement by the insurer. The insurer may offset valid claims against outstanding funds due to the insurer or the insurer may suspend the insured person has settled the outstanding amounts in full.
- 26.4 If the insurer determines that a claim was fraudulent, the insurer may terminate the insured person from the policy with immediate effect. The insured person must refund to the insurer all incurred costs associated with the fraudulent claim within 15 working days from the date of request of reimbursement by the insurer.
- 26.5 If the insured person has a direct billing membership card, it is the policyholder's responsibility to return the direct billing membership cards of the insured person and dependant(s) to the insurer if the insured person's cover has been cancelled under the group policy or is not renewed under the group policy. The insurer will not be liable for any misuse by of such direct billing membership cards after the cancellation date.
- 26.6 The policyholder shall immediately notify the insurer of the loss of a direct billing membership card by any of its insured person(s) (including dependants).
- 26.7 The policyholder shall act as guarantor for the insured person. Any failure to discharge a liability by the insured person to the insurer shall be met by the policyholder acting as guarantor.

# 10. Miscellaneous

### Article 28 – Right of Waiver

Waiver by the insurer of any breach of any term or condition of this insurance contract shall not prevent the subsequent enforcement of that term or condition and shall not be deemed to be a waiver of any subsequent breach.

## Article 29 – Policy Administration

- The policyholder undertakes that he/she will advise all eligible employees immediately if any reason this agreement should not be renewed or this agreement should be terminated in accordance with the provision of Article 26 above so that such eligible employees are made aware that all cover has ceased and that benefits will not be payable in respect of eligible employees or family members.
- 2. Actively at Work

Actively at Work shall mean the direct insured is employed by the policyholder on a full time permanent basis and the direct insured is performing all their regular duties according to their employment terms on a customary manner and on a full time basis.

If the direct insured is an employee, he/she needs to be Actively at Work on the day he/she becomes eligible to join the group plan. If insured person is not Actively at Work on the day he/she becomes eligible, his/her cover will only begin on the day he/she returns to work on an Actively at Work basis. The direct insured can only add his/her dependants when he/she returns to work.

The direct insured is considered NOT being Actively at Work if:

- The Insured person is working less than 80% of the required work hours or being paid less than 80% of the usual pay as stipulated in their employment terms
- The direct insured has a medical condition that necessitates absence from his/her usual work place for more than 60 days, with the exception of maternity/paternity leave as allowed by the local regulations.
- 3. As the purpose of the agreement is to provide cover for eligible employees and dependants, the policyholder undertakes to ensure that any revised policy wording or benefit schedule sent by the insurer to the policyholder, or any notice sent by the insurer to the policyholder relating to the cover, are issued without delay to all eligible employees.
- 4. The policyholder shall notify group members of any change in the terms and conditions of this group policy and any endorsements. The policyholder shall also notify group members of the changes in the terms and conditions of this group policy with those of any previously held policy.
- 5. The policyholder hereby indemnifies the insurer from and against any and all costs, losses and expenses incurred by the insurer consequent upon any failure by the policyholder to discharge its obligations under this agreement. If the policyholder is not able to perform the responsibilities of any clause under Article 29 on the insurance contract that causes the insurer to be claimed, the policyholder should indemnify the insurer for all the losses, including but not limited to the dispute's resolution fees, claim amount, legal fee and others.
- 6. The policyholder shall designate a responsible person (the policy administrator) to administer this agreement in accordance with its terms and any guidance issued by the insurer from time to time and shall notify the insurer in writing, of any change in the person designated.
- 7. Break in cover

Where there is a break in cover, for whatever reason, the insurer reserves the right to reapply exclusion 6.26 in respect of pre-existing medical conditions.

- 8. The policyholder shall remain responsible for ensuring its obligations under this agreement are fully discharged notwithstanding that all or any part of those obligations are delegated to an intermediary or agent who shall be deemed to be the agent of the company.
- 9. The policyholder shall advise the insurer immediately if it goes into liquidation or becomes bankrupt, or if an administrator or receiver or an administrative receiver is appointed in respect of all or any part of the business or assets of the company.
- 10. The policyholder must write and inform the insurer if the insured person changes their address or occupation.

# 11. General Conditions

### Article 30 – General Conditions

- 1. The insurer reserves the right to revise or discontinue the group policy with effect from any renewal date.
- 2. The agreement can only be varied in writing. No variation will be admitted unless it is in writing and signed on behalf of the insurer by an authorised employee.
- 3. Any notice to be sent under this insurance contract must be in writing and be sent either by post or by facsimile machine and shall be considered to have been given if sent to the insurer at the registered address on the day after it was posted or, if sent by facsimile machine, at the time of dispatch.
- 4. The introduction of any change by the insurer in interpretation or practice in respect of any term or condition of the policyholder's members' documents shall not prevent the subsequent enforcement of that term or condition and shall not be deemed to form a precedent for any subsequent interpretation or practice.
- 5. In case of any inconsistency between Chinese version and English version, Chinese version shall prevail.

# 12. Definitions

1.	Accident	A sudden, unexpected, unforeseen and involuntary external event resulting in identifiable physical injury occurring to an insured person whilst the insured person's policy is in force.
2.	Acute Condition	A disease, illness or injury that is likely to respond quickly to treatment which aims to return the insured person to the state of health the insured was in immediately before suffering the disease, illness or injury, or which leads to the insured person's full recovery.
3.	Act of Terrorism	Any clandestine use of violence by an individual terrorist or a terrorist group to coerce or intimidate the civilian population to achieve a political, military, social or religious goal.
4.	Age	Based on the date of birth of the effective identity document to calculate the age. Started from the date of birth, it is age 0 and increased by 1 after 1 year. It is not counted if the period is less than 1 year.
5.	Agreement	An agreement the insurer has with each of the hospitals, day-patient units and scanning centres listed in the issued Now Health International Provider Network.
6.	Alternative Therapies	Refers to therapeutic and diagnostic treatment that exists outside the institutions where conventional medicine is taught. Such medicine includes, chiropractic treatment, chiropodists and podiatrists treatment, osteopathy, dietician, homeopathy and acupuncture as practised by approved therapists.
7.	Apicoectomy	Is a dental surgery performed to remove the root tip and the surrounding infected tissue of an abscessed tooth, when inflammation or infection persists in the bony area around the end of a tooth after a root canal procedure. Apicoectomy is done to treat the following:
		<ul> <li>Fractured tooth root</li> <li>A severely curved tooth root</li> <li>Teeth with caps or posts</li> <li>Cyst or infection which is untreatable with root canal therapy</li> <li>Root perforations</li> <li>Recurrent pain and infection</li> <li>Persistent symptoms that do not indicate problems from x-rays</li> <li>Calcification</li> <li>Damaged root surfaces and surrounding bone requiring surgery</li> </ul>
8.	Benefits	Insurance cover provided by this policy and any extensions or restrictions shown in the certificate of insurance or in any endorsements (if applicable) and subject always to the insurer having received the premium due.
9.	Benefit Schedule	The table of benefits applicable to this policy showing the maximum benefits the insurer will pay.
10.	Cancer	A malignant tumour, tissues or cells, characterised by the uncontrolled growth and spread of malignant cells and invasion of tissue.
11.	Certificate of Insurance	The certificate giving details of the policy, the insured persons, the period of cover, the underwriters, the date of entry, the level of cover and any endorsements that may apply.
12.	Congenital Disorder	A medical condition that is present at birth or is believed to have been present since birth, whether it is inherited or caused by environmental factors.
13.	Co-Insurance	Is the uninsured percentage of the costs, which the insured person must pay towards the cost of a claim.
14.	Country of Nationality	The country for which the insured person holds a passport.
15.	Country of Residence	The country in which the insured person habitually resides (usually for a period of no less than six months per period of cover) at the policy start date or entry date or at each subsequent renewal date.
1 <b>6</b> .	Chronic Condition	<ul> <li>A disease, illness or injury which has at least one of the following characteristics:</li> <li>It needs ongoing or long-term monitoring through consultations, examination, check-ups, drugs and dressings and/or tests</li> <li>It needs ongoing or long-term control or relief of symptoms</li> <li>It requires the insured person's rehabilitation or for the insured person to be specially trained to cope with it</li> <li>It continues indefinitely</li> <li>It has no known cure</li> <li>It comes back or is likely to come back</li> </ul>

17.	Day-Patient	A patient who is admitted to a hospital or day-patient unit because they need a period of medically supervised recovery but does not occupy a bed overnight.
18.	Deductible	An uninsured amount payable by an insured person in respect of in-patient and day-patient expenses incurred before any benefits are paid under the insurance policy, as specified in the insured person's certificate of insurance. The deductible applies per insured person, per period of cover.
19.	Dental Practitioner	A person who is legally licensed to carry out this profession by the relevant licensing authority to practise dentistry in the country where the dental treatment is given.
20.	Dependants	One spouse or adult partner and/or unmarried children who are not more than 18 years old and residing with the insured person, or up to 28 years old if in full-time education (written proof may be required from the educational institute where they are enrolled), at the start date or any subsequent renewal date. The term partner shall mean husband, wife, civil partner or the person permanently living with the insured person in a similar relationship. All dependants must be named as insured persons in the certificate of insurance.
21.	Diagnostic Tests	Investigations, such as x-rays or blood tests, to find or to help to find the cause of the insured person's symptoms.
22.	Drugs and Dressings	Essential prescription drugs, dressings and medicines administered by a medical practitioner or specialist needed to relieve or cure a medical condition.
23.	Eligible	Those treatments and charges, which are covered by the insured person's policy. In order to determine whether a treatment or charge is covered, all sections of the insured person's policy should be read together, and are subject to all the terms (including payment of premium due), benefits and exclusions set out in this policy.
24.	Entry Date	The date shown on the certificate of insurance on which an insured person was included under this policy.
25.	Emergency	A sudden, serious, and unforeseen acute medical condition or injury requiring immediate medical treatment, that without treatment commencing within 48 hours of the emergency event could result in death or serious impairment of bodily function.
26.	Evacuation or Repatriation Service	Moving the insured person to a hospital which has the necessary in-patient and day-patient repatriation service medical facilities either in the country where the insured person is taken ill or in another nearby country (evacuation) or bringing the insured person back to either the insured person's principal country of nationality or the insured person's principal country of residence (repatriation). The service includes any medically necessary treatment administered by the international assistance company appointed by the insurer while they are moving the insured person.
27.	Expatriate	Any persons living and/or working outside of the country for which they hold a passport. Usually for a period of more than 180 days per period of cover
28.	Geographic Area	The geographic area used to calculate the premium that will apply to the insured person based on the insured person's principal country of residence at the start date or any subsequent renewal date of this policy.
29.	Group	Legal organisation established not for purchasing insurance in China including state owned organisation, colleagues and universities, enterprises and government-sponsored institutions, trade organisation, career union, etc.
30.	Hospital	Any establishment, which is licensed as a medical or surgical hospital under the laws of the country where it operates. The following establishments are not considered hospitals: rest and nursing homes, spas, cure-centres and health resorts.
31.	Hospital Accommodation	Refers to standard private or semi-private accommodation as indicated in the benefit schedule. Deluxe, executive rooms and VIP suites are not covered.
32.	In-Network Medical Provider	An in-network medical provider is one contracted with the insured person's policy to provide services to policy members for specific pre-negotiated rates.
33.	In-Patient	A patient who is admitted to hospital and who occupies a bed overnight or longer, for medical reasons.

# 12. Definitions

34.	Insured Person	The eligible employee and/or the dependants named on the certificate of insurance who are covered under this policy.
35.	Insurer	Asia-Pacific Property & Casualty Insurance Co., Ltd.
36.	Medical Condition	Any disease, injury, or illness, including psychiatric illness.
37.	Medical Practitioner	A person who has attained primary degrees in medicine or surgery following attendance at a WHO-recognised medical school and who is licensed to practise medicine by the relevant authority in the country where the treatment is given. By "recognised medical school" the insurer means a medical school, which is listed in the current World Directory of Medical Schools published by the WHO.
38.	Medically Necessary	Treatment which in the opinion of a qualified medical practitioner is appropriate and consistent with the diagnosis and which in accordance with generally accepted medical standards could not have been omitted without adversely affecting the insured person's condition or the quality of medical care rendered. Such treatment must be required for reasons other than the comfort or convenience of the patient or medical practitioner and provided only for an appropriate duration of time. As used in this definition, the term "appropriate" shall mean taking patient safety and cost effectiveness into consideration. When specifically applied to in-patient treatment, medically necessary also means that diagnosis cannot be made, or treatment cannot be safely and effectively provided on an out-patient basis.
39.	New Born	A baby who is within the first 16 weeks of its life following birth.
40.	Now Health International Provider Network	Our published list of medical providers where the insurer/policy administrator has a direct billing provider network agreement.
41.	Out of Network Medical Provider	An out of network medical provider is one not contracted with the insured person's policy.
42.	Out-Patient	A patient who attends a hospital, consulting room, telemedicine appointment or out-patient clinic and is not admitted as a day-patient or an in-patient.
43.	Out-Patient Per Visit Excess	An uninsured amount payable by an insured person in respect of out-patient expenses before any benefits are paid under the insurance policy, as specified in the insured person's certificate of insurance. Each visit refers to each consultation. The out-patient per visit excess applies per insured person, per out-patient consultation when you
		receive eligible out-patient treatment inside and outside of the Now Health International Provider Network.
44.	Period of Cover	receive eligible out-patient treatment inside and outside of the Now Health International
	Period of Cover Physiotherapist	receive eligible out-patient treatment inside and outside of the Now Health International Provider Network. The period from 00:00 of the insurance policy start date to 23:59 of the insurance policy
45.		receive eligible out-patient treatment inside and outside of the Now Health International Provider Network. The period from 00:00 of the insurance policy start date to 23:59 of the insurance policy end date. It is usually for a period of 12 months. A practising physiotherapist who is registered and licensed to practise medicine in the
45. 46.	Physiotherapist	receive eligible out-patient treatment inside and outside of the Now Health International Provider Network. The period from 00:00 of the insurance policy start date to 23:59 of the insurance policy end date. It is usually for a period of 12 months. A practising physiotherapist who is registered and licensed to practise medicine in the country where treatment is provided. A process whereby an insured person seeks approval from the insurer prior to undertaking any treatment or incurring costs. Such benefits requiring pre-authorisation
45. 46. 47.	Physiotherapist Pre-Authorisation	<ul> <li>receive eligible out-patient treatment inside and outside of the Now Health International Provider Network.</li> <li>The period from 00:00 of the insurance policy start date to 23:59 of the insurance policy end date. It is usually for a period of 12 months.</li> <li>A practising physiotherapist who is registered and licensed to practise medicine in the country where treatment is provided.</li> <li>A process whereby an insured person seeks approval from the insurer prior to undertaking any treatment or incurring costs. Such benefits requiring pre-authorisation from the insurer will denote pre-authorisation <b>a</b> in the benefit schedule.</li> </ul>
45. 46. 47. 48.	Physiotherapist Pre-Authorisation Policyholder	<ul> <li>receive eligible out-patient treatment inside and outside of the Now Health International Provider Network.</li> <li>The period from 00:00 of the insurance policy start date to 23:59 of the insurance policy end date. It is usually for a period of 12 months.</li> <li>A practising physiotherapist who is registered and licensed to practise medicine in the country where treatment is provided.</li> <li>A process whereby an insured person seeks approval from the insurer prior to undertaking any treatment or incurring costs. Such benefits requiring pre-authorisation from the insurer will denote pre-authorisation <b>a</b> in the benefit schedule.</li> <li>The person or company named as policyholder in the certificate of insurance.</li> </ul>
45. 46. 47. 48. 49.	Physiotherapist Pre-Authorisation Policyholder Pregnancy	<ul> <li>receive eligible out-patient treatment inside and outside of the Now Health International Provider Network.</li> <li>The period from 00:00 of the insurance policy start date to 23:59 of the insurance policy end date. It is usually for a period of 12 months.</li> <li>A practising physiotherapist who is registered and licensed to practise medicine in the country where treatment is provided.</li> <li>A process whereby an insured person seeks approval from the insurer prior to undertaking any treatment or incurring costs. Such benefits requiring pre-authorisation from the insurer will denote pre-authorisation <b>2</b> in the benefit schedule.</li> <li>The person or company named as policyholder in the certificate of insurance.</li> <li>Refers to the period of time, from the date of the first diagnosis, until delivery.</li> <li>Single occupancy accommodation in a private hospital. Deluxe, executive rooms and VIP</li> </ul>

52.	Reasonable and Customary Charges	The standard fee that would typically be made in respect of the insured person's customary charges treatment costs, in the country the insured person received treatment. The insurer may require such fees to be substantiated by an independent third party, such as a practising surgeon/physician/specialist or government health department.
53.	Recognised Premium	Recognised Premium = Total collected premium – Unearned premium. The outstanding hours less than one day will be regarded as one day.
54.	Unearned Premium to be Refunded	The unearned premium shall be calculated as the following: The unearned premium = Total premium $x (1 - m / n)$ , where m is the number of effective days on cover and n is the number of days in the insurance period. The outstanding hours less than one day will be regarded as one day.
55.	Rehabilitation	Medically necessary treatment aimed at restoring independent activities of daily living and the normal form/and or function of an insured person following a medical condition
56.	Related Conditions	A related condition is any disease, injury or illness including psychiatric illness that is caused by a pre-existing medical condition or results from the same underlying cause as a pre-existing medical condition.
57.	Renewal Date	The anniversary of the start date of the insurance policy.
58.	Semi-Private Room	Dual occupancy accommodation in a private hospital. Deluxe, executive rooms and VIP suites are not covered.
59.	Specialist	A surgeon, anaesthetist or physician who has attained primary degrees in medicine or surgery following attendance at a WHO recognised medical school and who is licensed to practise medicine by the relevant authority in the country where the treatment is given, and is recognised as having a specialised qualification in the field of or expertise in, the treatment of the disease, illness or injury being treated. By "recognised medical school" the insurer means a medical school, which is listed in the current World Directory of Medical Schools published by the WHO.
60.	Start Date	The start date shown on the insured person's certificate of insurance.
61.	Surgical Procedure	An operation requiring the incision of tissue or other invasive surgical intervention.
62.	Terminal	Following the diagnosis that the condition is terminal and treatment can no longer be expected to cure the condition with death anticipated within 12 months of diagnosis.
63.	Treatment	Surgical or medical services (including Diagnostic Tests) that are needed to diagnose, relieve or cure a medical condition.
64.	Vaccinations	Refers to all basic immunisations and booster injections required under regulation of the country in which treatment is being given, any medically necessary travel vaccinations and malaria prophylaxis.
65.	Waiting Period	Is a period of time starting on the entry date of the insured person's, during which the insured person is not entitled to cover for particular benefits. The insured person's benefit schedule will indicate which benefits are subject to waiting periods.
66.	WHO	The World Health Organisation.

# B. Benefit Schedule

This is for illustration purposes, please refer to the policy wording for full details.

Be	enefit	Essential	
An	nual Maximum Group Policy Limit	RMB 18,500,000	
1.	Hospital Charges, Medical Practitioner and Specialist Fees: a) Charges for in-patient or day-patient treatment	▶ a) Full Refund	
	made by a hospital including charges for accommodation (ward/semi-private or private); diagnostic tests; operating theatre charges including surgeon and anaesthetist charges; and charges for nursing care by a qualified nurse; drugs and dressings prescribed by a medical practitioner or Specialist; and surgical appliances used by the medical practitioner during surgery. This includes pre and post-operative consultations while an in-patient or day-patient and includes charges for intensive care.	Pre-Authorisation 🖀	
	b) Ancillary charges. Purchase and rental of crutches, canes, walking aids and self-propelled non-electronic wheelchairs within six months of an eligible medical condition which required in-patient or day-patient hospital treatment.	<i>b) Up to RMB 6,300</i> per medical condition	
2.	Diagnostic Procedures:		
	Medically necessary diagnostic magnetic resonance imaging (MRI), positron emission tomography (PET) and computerised tomography (CT) scans received as an in-patient, day-patient or out-patient.	Full Refund Pre-Authorisation for MRI, PET and CT 22	
3.	Emergency Ambulance Transportation:		
	Emergency road ambulance transport costs to or between hospitals, or when considered medically necessary by a medical practitioner or specialist.	Full Refund	
4.	Parent Accommodation:		
	The cost of one parent staying in hospital overnight with an insured person under 18 years old while the child is admitted as an in-patient for eligible treatment.	▶ Full Refund	
5.	New Born Baby Cover:		
	In-patient treatment of premature birth (i.e. prior to age 37 weeks gestation) or an acute condition being suffered by a new born baby of an insured person which manifests itself within 30 days following birth. Provided that the new born baby is added to the group plan within 30 days of birth and premium paid. Cover for multiple births will be covered up to the same limits shown. In circumstances where the insurer requires details of the new born baby's medical history before the baby is being added to the policy, the insurer reserves the right to apply particular restrictions to the cover the insurer will offer. Please refer to Article 3 - adding new born of this policy wording for details.	Up to RMB 630,000 per period of cover	
6.	Hospital Accommodation for New Born Accompanying their Mother:		
	Hospital accommodation costs relating to a new born baby (up to 16 weeks old) to accompany its mother (being an insured person) while she is receiving eligible treatment as an in-patient in a hospital.	Full Refund	

Full refund

Not covered > Subject to limits

#### Benefit Essential 7. Reconstructive Surgery: Reconstructive surgery required to restore natural function or appearance following an accident or following a surgical procedure for an eligible medical Full Refund condition, which occurred after an insured person's entry date or start date whichever is later. 8. In-Patient Emergency Dental Treatment: The insurer will cover the actual incurred medical cost of emergency restorative dental treatment required to sound, natural teeth following an accident which necessitates the insured person's admission to hospital for at least one night. The dental treatment must be received within 10 days of the accident. This benefit covers all costs incurred for treatment made necessary by an accidental injury caused by an extra-oral impact, when the following conditions apply: Full Refund a) If the treatment involves replacing a crown, bridge facing, veneer or denture, the insurer will pay only the reasonable and customary cost of a replacement of similar type or quality b) If implants are clinically needed the insurer will pay only the cost which would have been incurred if equivalent bridgework was undertaken instead This benefit also covers repair or reconstruction of dentures broken following an accident that necessitates the insured person's admission to a hospital for at least one night, provided that such dentures were being worn at the time of the accident. 9. In-Patient Psychiatric Treatment: Full Refund limited to 30 days per In-patient treatment in a recognised psychiatric unit period of cover of a hospital. All treatment must be administered Pre-Authorisation 🕿 under the direct control of a registered psychiatrist. 10. Terminal Illness: Palliative and hospice care: on diagnosis of a terminal illness, costs for any in-patient, day-patient Eligible in-patient and or out-patient treatment given on the advice of a day-patient treatment medical practitioner or specialist for the purpose of only up to RMB 310,000 offering temporary relief of symptoms. Charges for lifetime limit hospital or hospice accommodation, nursing care by a qualified nurse and prescribed drugs and dressings are covered. **11. Emergency Non-Elective Treatment** Accident: Full Refund **USA** Cover: for in-patient and dav-patient treatment For planned trips up to 30 days of duration. following accident Treatment by a medical practitioner or specialist starting within 24 hours of the emergency event, required as a result of an accident or the sudden Illness: in-patient and beginning of a severe illness resulting in a medical day-patient care up to RMB 150,000 condition that presents an immediate threat to the insured person's health. Charges relating to per period of cover routine pregnancy and pregnancy and childbirth Out-patient treatment medical conditions are specifically excluded from in an Accident and this benefit. Emergency department in a hospital up to RMB 3,150 per period of cover 12. Hospital Cash Benefit: This Benefit is payable for each night an insured person receives in-patient treatment and only if an insured person is admitted for in-patient treatment RMB 630 per night before midnight, and the treatment is received free

Full refund Not covered

of charge that would have otherwise been eligible for benefit privately under this group plan. Cover under this Benefit is limited to a maximum of

For this Benefit exclusion 6.10 does not apply.

30 nights per period of cover.

Subject to limits

Optional

·		
Be	nefit	Essential
	<ul> <li>AIDS:</li> <li>Medical expenses, which arise from or are in any way related to Human Immunodeficiency Virus (HIV) and/or HIV related illnesses, including Acquired Immune Deficiency Syndrome (AIDS) or AIDS Related Complex (ARC) and/or any mutant derivative or variations thereof as a result of proven occupation accident* or blood transfusion**. Expenses are limited to pre and post-diagnosis consultations, routine check-ups for this condition, drugs and dressings (except experimental or those unproven), hospital accommodation and nursing fees.</li> <li>* For members of emergency services, medical or dental professions, laboratory assistants, pharmacist or an employee in a medical facility that provides evidence that they contracted the HIV infection accidentally while carrying out normal duties of their occupation; and they contracted the HIV infection start date, whichever is later; and the incident from which they contracted the HIV infection was reported, investigated and documented according to normal procedures for the insured person's occupation; and a test showing no HIV or antibodies to such a virus was made within five days of the incident.</li> <li>** As long as the blood transfusion was received as an in-patient as part of medically necessary treatment.</li> </ul>	In-patient and day-patient treatment only. Up to RMB 150,000 per period of cover <b>Pre-Authorisation</b>
	<ul> <li>Organ Transplant: <ul> <li>a) Treatment for and in relation to a human organ transplant of kidney, pancreas, liver, heart, lung, bone marrow, cornea in respect of the insured person as a recipient.</li> <li>In circumstances where an organ transplant is required as a result of a congenital disorder, cover will be provided under Article 5, Benefit 27 – Congenital Disorder but excluded from Article 5, Benefit 14 – Organ Transplant.</li> <li>b) Medical costs associated with the donor as an in-patient or day-patient, with the exception of the cost of the donor organ search.</li> <li>The insurer only pays for transplants carried out in internationally-accredited institutions by accredited surgeons and where the organ procurement is in accordance with WHO guidelines.</li> </ul> </li> </ul>	<ul> <li>a) Full Refund</li> <li>b) Up to RMB 310,000 per period of cover</li> </ul>
	Cancer Treatment: Treatment given for cancer received as an in-patient, day-patient or out-patient. includes oncologist fees, surgery, radiotherapy and chemotherapy, alone or in combination, from the point of diagnosis.	Full Refund
	<ul> <li>Pregnancy Medical Conditions:</li> <li>For In-Patient Treatment of an Eligible Medical Condition which arises during the antenata stages of Pregnancy or an Eligible Medical Condition which arises during childbirth, the insurer would only allow Treatment of the following as an Eligible Medical Condition under this Benefit:</li> <li>Ectopic pregnancy (where the foetus is growing outside the womb)</li> <li>Hydatidiform mole (abnormal cell growth in the womb)</li> <li>Retained placenta (afterbirth retained in the womb)</li> <li>Placenta praevia</li> <li>Eclampsia (a coma or seizure during pregnancy and following pre-eclampsia)</li> <li>Diabetes (If the insured person has exclusions because of their past medical history which relate to diabetes, then the insured person will not be covered for any treatment for diabetes during pregnancy)</li> <li>Post partum haemorrhage (heavy bleeding in the hours and days immediately after childbirth)</li> <li>Miscarriage requiring immediate surgical treatment</li> <li>This benefit does not provide any cover for voluntary or Emergency caesarean section procedures or 'failure to progress in labour' unless for one of the above stated Eligible Medical Conditions.</li> <li>Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. For the expenses incurred after the 180th day to one year after the policy takes effect, this benefit has a 95% co-insurance. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not.</li> </ul>	Full Refund

Benefit	Essential		
17. Evacuation and Repatriation:			
a) Evacuation Arrangements will be made to move an insured person who has a critical, life-threatening eligible medical condition to the nearest medical facility for the purpose of admission to hospital as an in-patient or day-patient.	Pre-Authorisation 窒		
Reasonable expenses for: i) Transportation costs of an insured person in the event of emergency treatment and medically necessary transport and care not being readily available at the place of the incident. This includes an economy class airfare ticket for a locally-accompanying person who has travelled as an escort.	▶ i) Full Refund		
	▶ ii) Full Refund		
<li>iii) Reasonable travel costs for a locally- accompanying person to travel to and from the hospital to visit the insured person following admission as an in-patient.</li>	▶ iii) Full Refund		
<ul> <li>iv) Reasonable costs for non-hospital accommodation only for immediate pre and post-hospital admission periods provided that the insured person is under the care of a specialist.</li> <li>Costs of evacuation do not extend to include any air-sea rescue or mountain rescue costs that are not incurred at recognised ski resorts or similar winter sports resorts.</li> <li>Our medical advisers will decide the most</li> </ul>	<i>iv) Up to RMB 1,200</i> <i>per day. Up to</i> <i>RMB 47,000</i> <i>per person,</i> <i>per evacuation</i>		
appropriate method of transportation for the evacuation and this benefit will not cover travel if it is against the advice of the insurer's medical advisers or where the medical facility does not have appropriate facilities to treat the eligible medical condition.			
b) Repatriation	Pre-Authorisation 🖀		
An economy class airfare ticket to return the insured person and a locally-accompanying person who has travelled as an escort to the site of treatment or the insured person's principal country of nationality or principal country of residence, as long as the journey is made within one month of completion of treatment. Such transportation cost is only eligible if there was a medical need for an initial evacuation that has taken place. This Benefit specifically excludes routine pregnancy and childbirth costs, except for Article 5, Benefit 16 – Pregnancy Medical Conditions on the insurance contract.	▶ Full Refund		
<b>18. Mortal Remains:</b>	Pre-Authorisation 🕿		
In the event of death from an eligible medical condition, reasonable and customary charges for: a) Costs of transportation of body or ashes of an insured person to his/her country of nationality or country of residence, or	▶ a) Full Refund		
<ul> <li>b) Burial or cremation costs at the place of death in accordance with reasonable and customary practice.</li> </ul>	▶ b) Up to RMB 63,000		
<b>19. Day-Patient and Out-Patient Surgery:</b> Treatment costs for a surgical procedure performed in a surgery, hospital, day-care facility or out-patient department. Any pre or post-operative consultations are payable under Article 5, Benefit 20 – Out-Patient Charges on the insurance contract.	Full Refund		

BenefitEssential20. Out-Patient Charges:a) Medical practitioner fees including consultations; specialist fees, diagnostic tests; prescribed drugs and dressings.b) Teleconsultation (Virtual Doctor appointments via electronic means).b) Teleconsultation (Virtual Doctor appointments via electronic means).b) Teleconsultation (Virtual Doctor appointments via electronic means).costs associated with eligible treatment will be paid in full where treatment is received from medical provider Network.a) and b) Pre-operative consultation within 15 days following discharge from hospital Up to maximum RMB 12,600 per medical condition per period of coverc) Vitamins and Minerals: Vitamins and Minerals as prescribed by a medical practitioner.c) Not coveredVitamins prescribed for a diagnosed deficiency will be paid as per the out-patient benefit.c) Not coveredAny pre-operative and post-hospitalisation consultations are payable under this benefit.c) Not covered	<ul> <li>a) Medical practitioner fees including consultations; specialist fees; diagnostic tests; prescribed drugs and dressings.</li> <li>b) Teleconsultation (Virtual Doctor appointments via electronic means).</li> <li>Costs associated with eligible treatment will be paid in full where treatment is received from medical providers listed in the Now Health International Provider Network.</li> <li>Treatment that is not received in the Now Health International Provider Network.</li> <li>Treatment that is not received in the Now Health International Provider Network will pay reasonable &amp; customary charges.</li> <li>No out-patient co-insurance or out patient visit excess is applicable.</li> <li>c) Vitamins and Minerals:</li> <li>Vitamins and Minerals as prescribed by a medical practitioner.</li> <li>Vitamins prescribed for a diagnosed deficiency will be paid as per the out-patient benefit.</li> <li>Any pre-operative and post-hospitalisation</li> </ul>
<ul> <li>a) Medical practitioner fees including consultations; specialist fees; diagnostic tests; prescribed drugs and dressings.</li> <li>b) Teleconsultation (Virtual Doctor appointments via electronic means).</li> <li>Costs associated with eligible treatment will be paid in full where treatment is received from medical providers listed in the Now Health International Provider Network.</li> <li>Treatment that is not received in the Now Health International Provider Network will pay reasonable &amp; customary charges.</li> <li>No out-patient co-insurance or out patient visit excess is applicable.</li> <li>c) Vitamins and Minerals:</li> <li>vitamins prescribed for a diagnosed deficiency will be paid as per the out-patient benefit.</li> <li>Any pre-operative and post-hospitalisation</li> </ul>	<ul> <li>Medical practitioner fees including consultations, specialist fees, diagnostic tests; prescribed drugs and dressing.</li> <li>Teleconsultation (Virtual Doctor appointments via electronic means).</li> <li>Costs associated with eligible treatment will be paid in full where treatment is received from medical providers listed in the Now Health International Provider Network will payressonable &amp; customary charges.</li> <li>No out-patient co-insurance or out patient visit excess is applicable.</li> <li>Vitamins and Minerals:</li> <li>Vitamins and Minerals as prescribed by a medical practitioner.</li> <li>Warnins and Minerals as prescribed by a medical practitioner.</li> <li>Warnins and Minerals as prescribed by a medical practitioner.</li> <li>Any pre-operative and post-hospitalistion consultations are payable under this benefit.</li> <li>Any pre-operative and post-hospitalistion consultations are payable under this benefit.</li> <li>Any pre-operative and post-hospitalistion consultations are payable under this benefit.</li> <li>Any pre-operative and post-hospitalistion consultations are payable under this benefit.</li> <li>Any pre-operative and post-hospitalistion consultations are payable under this benefit.</li> <li>Any pre-operative and post-hospitalistion consultations are payable under this benefit.</li> <li>Any pre-operative and post-hospitalistion consultations are payable under this benefit.</li> <li>Cott patient treatment administered by a registered psychologist and/or a neglistered psychologist and/or an</li></ul>
	Therapy:         The cost of Hormone Replacement Therapy when required to alleviate the symptoms of the early onset of menopause where onset and treatment commence below the age of 40 years.       Not covered <b>22. Out-Patient Psychiatric Illness:</b> Not covered         Symplectic to 10/15/20 (Advance/Excel/Apex) sessions and the cost limit under this section.       Not covered         For the first 5 sessions you may choose to visit a registered psychologist directly without the need for referral. However, any subsequent sessions with a registered psychologist will require referral and a treatment plan with a medical practitioner or specialist.       Not covered <b>23. Out-Patient Physiotherapy and Alternative Therapises</b> Image: the section of the actual incurred medical cost of:       a) Up to 5 sessions with a medical practitioner or specialist. <b>10.</b> Complementary medicine and treatment by a therapist. This benefit extends to chiropractors, chiropodists and podiatrists, osteopaths, homeopaths, dietician and acupuncture treatment but excludes Physiotherapist covered in a).       a) Up to 5 sessions <b>10.</b> Wu may choose 5 sessions for any combination of benefits in aggregate in a given period of cover for benefits and addical Practitioner or specialist.       b) Not covered <b>11.</b> Wu may choose 5 sessions for any combination of benefits in aggregate in a given period of cover for benefits an addical Practitioner or Specialist.       b) Not covered <b>12.</b> Source for the set of the actual incurred medical practidian without the need of referral; any subsequent sessions need to be referred by a Medical Practitioner or Spe
	<ul> <li>Alternative Therapies</li> <li>The insurer will cover the actual incurred medical cost of: <ul> <li>a) Physiotherapy by a Registered Physiotherapist.</li> <li>b) Complementary medicine and treatment by a therapist. This benefit extends to chiropractors, chiropodists and podiatrists, osteopaths, homeopaths, dietician and acupuncture treatment but excludes Physiotherapist covered in a).</li> <li>You may choose 5 sessions for any combination of benefits in aggregate in a given period of cover for benefits and b) excluding dietician without the need of referral; any subsequent sessions need to be referred by a Medical Practitioner or Specialist.</li> </ul> </li> </ul>
Out patient treatment administered by a registered psychologist and/or a registered psychiatrist, subject to 10/15/20 (Advance/Excel/Apex) sessions and the cost limit under this section. For the first 5 sessions you may choose to visit a registered psychologist directly without the need for referral. However, any subsequent sessions with a registered psychologist will require referral and a treatment plan with a medical practitioner or	

▶ Full refund ▶ Not covered ▶ Subject to limits ▶ Optional

Benefit	Essential		
<ul> <li>25. Nursing Care at Home:</li> <li>a) Care given by qualified nurse in the insured person's own home, which is immediately received subsequent to treatment as an in-patient or day-patient on the recommendation of medical practitioner or specialist.</li> <li>b) Medical practitioner (GP) home visits for an emergency GP home call-out during out of normal clinic hours.</li> </ul>	<ul> <li>a) RMB 630 per day up to 30 days per period of cover</li> <li>Pre-Authorisation 2</li> <li>b) Not covered</li> </ul>		
<ul> <li>26. Rehabilitation:</li> <li>When referred by a specialist as an integral part of treatment for a medical condition necessitating admission to a recognised rehabilitation unit of a hospital. Where the insured person was confined to a hospital as an in-patient for at least three consecutive days, and where a specialist confirms in writing that rehabilitation is required. Admission to a rehabilitation unit must be made within 14 days of discharge from hospital. Such treatment should be under the direct supervision and control of a specialist and would cover:</li> <li>a) Use of special treatment rooms</li> <li>b) Physical therapy fees</li> <li>c) Speech therapy fees</li> <li>d) Occupational therapy fees</li> </ul>	Full Refund for eligible in-patient treatment only up to 30 days per medical condition		
<b>27. Congenital Disorders:</b> In-patient treatment for a congenital disorder. In circumstances where a congenital disorder manifests itself in a new born baby within 30 days of birth, cover for such medical conditions will be provided under Article 5, Benefit 5 but excluded from Article 5, Benefit 27 – Congenital Disorders.	▶ Up to RMB 630,000 per period of cover		
28. Maintenance of Chronic Medical conditions: Maintenance of chronic medical conditions such as but not limited to asthma, diabetes and hypertension requiring ongoing or long-term monitoring through consultations, examinations, check-ups, drugs and dressings and/or tests up to the benefit limits detailed in the insured person's chosen group plan following the insured person's date of entry. This Benefit does not cover renal failure and dialysis. Claims for this will fall under Article 5, Benefit 29. Claims for cancer will fall under Article 5, Benefit 15.	Not covered		
<b>29. Renal Failure and Renal Dialysis:</b> Treatment of renal failure, including renal dialysis on an in-patient, day-patient or out-patient basis. This includes pre and post-operative renal dialysis and as part of intensive care.	<ul> <li>a) Full Refund for in-patient pre and post-operative care</li> <li>b) Up to RMB 310,000 per period of cover for day-patient or out-patient care</li> </ul>		

### **Essential**

#### 30. Dental Care:

- a) Routine dental treatment: Fees of a registed dental practitioner carrying out routine dental treatment in a dental surgery. Routine dental treatment means:
  - Screening (twice per year), i.e. the assessment of diseased, missing and filled teeth, including X-rays where necessary,
  - Preventative scaling, polishing, and sealing (once per year)
  - •
  - Fillings (standard amalgam or composite fillings) and extractions, and
  - Root-canal treatment (but not the fitting of a crown following root-canal treatment)
  - No other treatment is covered under the routine dental treatment benefit.

Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the perior or so the start of the policyholder renews the insurance or not.

A co-insurance of 20% applies.

#### For this Benefit the deductible or out-patient per visit excess does not apply.

Complex dental treatment: Fees of a registered Ь) Complex dental treatment: Fees of a registered dental practitioner and associated costs for the following procedures: Eligible complex dental treatment: including for example, apicoectomy is done to treat the following - fractured tooth root; a severely curved tooth root; teth with caps or posts; cyst or infection which is untreatable with root canal therapy; root perforations; new or repair of crowns, dentures, in lays and bridges. Recurrent pain and infection; persistent symptoms that do not indicate problems from x-rays; calcification; damaged root surfaces and surrounding bone requiring surgery. No other treatment is covered hy this henefit b) Not covered

No other treatment is covered by this benefit. Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not.

Co-insurance for group plans of 20% applies. A 50% co-insurance applies in respect of all orthodontic treatment.

For this Benefit the deductible or out-patient per visit excess does not apply.

#### 31. Maternity:

- a) Medically Necessary costs incurred during normal Pregnancy and childbirth; childbirth costs, including pre and post-natal check-ups for up to six weeks following birth, scans and delivery costs for a natural birth or voluntary caesarean section. Paediatrician costs for the first examination/ check-up of a New Born baby, if the examination is made within 24 hours of delivery and Well-baby oversitions up to the child concord birthday. is made within 24 hours of delivery and Well-baby examinations up to the child's second birthday and as recommended by a Medical Practitioner or Specialist. This includes physical examinations, measurements, sensory screening, neuropsychiatric evaluation, development screening, as well as hereditary and metabolic screening, immunisations, urine analysis, tuberculin tests and hermatocrit, haemoglobin and other blood tests, including tests to screen for sickle haemoglobinopathy.
- Cost associated with medically necessary and/or Ь) emergency caesarean section

emergency caesarean section. Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. For the expenses incurred after the 180th day to one year after the policy takes effect, this benefit has a 95% co-insurance. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not.

Please note the insurer does not pay for parenting or other teaching classes as these are a matter of personal choice.

, Claims for any caesarean sections are only recoverable from us if you have a maternity benefit as part of your policy. They are not covered by any other benefit.

Deductible would apply to this benefit.

Subject to limits

### Essential

# **Additional Options**

#### 32. USA Elective Treatment: a) Costs associated with eligible in-patient and day-patient treatment in the USA will be paid in full where treatment is received in a hospital listed Pre-Authorisation 2 in the Now Health International Provider Network. Optional b) Costs associated with eligible out-patient treatment in the USA will be paid in full where Up to RMB 9,450,000 treatment is received in the Now Health per insured person, International Provider Network per period of cover Treatment that is not received in the Now Health International Provider Network will be subject to a 50% co-insurance. 33. Co-Insurance Out-Patient Treatment – Option 1: A 10% co-insurance will apply on all eligible out-patient treatment. Should the plan include the Not covered maternity, dental care or wellness, optical benefits (If the policyholder and vaccinations benefits, any applicable co-insurance chooses Optional will be detailed in insured person's benefit schedule. Out-Patient Charges Please note co-insurance does not apply to: under the Essential plan, the policyholder a) Cancer treatment, organ transplant, renal failure can select this option.) and renal dialysis. b) Any out-patient treatment received in public hospitals in Mainland China that are within the Now Health International Provider Network. 34. Co-Insurance Out-Patient Treatment – Option 2: A 20% co-insurance will apply on all eligible out-patient treatment. Should the plan include the Not covered maternity, dental care or wellness, optical benefits (If the policyholder and vaccinations benefits, any applicable co-insurance chooses Optional will be detailed in insured person's benefit schedule. Out-Patient Charges under the Essential Please note co-insurance does not apply to: plan, the policyholder a) Cancer treatment, organ transplant, renal failure can select this option.) and renal dialysis. b) Any out-patient treatment received in public hospitals in Mainland China that are within the Now Health International Provider Network. 35. Wellness, Optical Benefits and Vaccinations - Option 1 and 2: Option 1 Compulsory group policies 3+ employees a) Wellness: this benefit is payable as a contribution Not covered towards the cost of routine health checks including cancer screening, BRCA I & II Test (where a direct family history exists), bone densitometry (once every five years for women aged 50+), cardiovascular examination, neurological examinations, vital signs (e.g. blood pressure, body mass index, urinalysis, cholesterol), well child test (Up to age of 5 Option 2 Years), and/or b) Optical benefits: This benefit also provides a Not covered contribution towards optician charges including an annual eye test carried out by an ophthalmic optician, prescribed spectacles including frames and lenses; and/or contact lenses when the member's prescription has changed, within the combined benefit limits to a maximum mutually agreed amount per period of cover for an optical claim. Please note that there is no cover for prescription sunglasses or transition lenses. and/or c) Vaccinations: Costs of drugs and consultations to administer all medically necessary basic immunisation and booster injections and any medically necessary travel vaccinations and malaria prophylaxis For this Benefit exclusion 6.10 does not apply.

Not covered Subject to limits

### 36. Medical History Disregarded:

Compulsory group policies 10+ employees

#### 37. Greater China option:

The insurer will cover the medical costs associated with all eligible in-patient, day-patient, and out-patient treatment restricted to Greater China and will be subject to the standard policy limits.

Emergency non-elective treatment outside of Greater China:

For planned trips up to 30 days of duration. Treatment by a medical practitioner or specialist starting within 24 hours of the emergency event, required as a result of an accident or the sudden beginning of a severe illness resulting in a medical condition that presents an immediate threat to the insured person's health.

#### Charges relating to routine pregnancy and pregnancy and childbirth medical conditions are specially excluded from emergency non-elective treatment outside of Greater China.

Greater China means Mainland China, Hong Kong, Macau and Taiwan.

Full refund for accident requiring in-patient and day-patient care.

Illness: In-patient and day-patient care up to the sub-limit listed in various plans per period of cover

# Hospital Room Restriction – PRC Residents only:

As described in Article 5, Benefit 1 on the insurance contract. a), but with a restriction to limit the hospital accommodation to a ward or semi-private room for hospital admission in Hong Kong; or with a 15% co-insurance, up to an out-of-pocket-limit of a mutually agreed amount per medical condition for any charge for eligible in-patient or day-patient treatment made by the hospital and by any medical practitioner, should the in-patient or day-patient be received in any high cost in-patient/day-patient facility in Mainland China as pre-defined and advised by the insurer.

#### 39. High Cost Provider Co-Insurance:

The insurer will cover the medical costs associated with eligible in-patient, day-patient or out-patient treatment made by the hospital, and by any medical professional, should the in-patient, day-patient or out-patient treatment be received in any high cost in-patient/day-patient facility in Mainland China as pre-defined and advised by the insurer and will be subject to a 20% co-insurance, up to an out-of-pocket limit of a mutually agreed amount per medical condition.

### 40. High Cost Provider Restriction:

The insurer will not cover the medical costs associated with eligible in-patient, day-patient or out-patient treatment made by the hospital, and by any medical professional, should the in-patient, day-patient or out-patient treatment be received in any high cost in-patient/day-patient facility in Mainland China as pre-defined and advised by the insurer.

### Essential

Optional

Optional Emergency non-elective illness limit up to RMB 150,000 per period of cover

In-patient or day-patient treatment received in any high cost facility in Mainland China will be subject to a 15% co-insurance up to an out-of-pocket limit of RMB 47,000 per medical condition

Optional

Not covered

Optional

### Essential

Optional

a) and b) Up to RMB 31,500

per period of cover

c) Up to RMB 940 per period of cover

#### 41. Optional Out-Patient Charges Option 1 under the Essential Plan

The insurer will cover the actual incurred medical cost of:

- Medical practitioner fees including consultations; specialist fees; diagnostic tests; prescribed drugs and dressings.
- b) Teleconsultation (Virtual Doctor appointments via electronic means).

Costs associated with eligible treatment will be paid in full where treatment is received from medical providers listed in the Now Health International Provider Network. Treatment that is not received in the Now Health International Provider Network will pay

reasonable & customary charges. No out-patient co-insurance or out patient visit excess is applicable.

c) Vitamins and Minerals Vitamins and Minerals as prescribed by a medical practitioner; Vitamins prescribed for a diagnosed deficiency will be paid as per the out-patient limit.

This benefit a, b and c replace Article 5, Benefit 20 – Out-Patient Charges.

- d) i) Physiotherapy by a Registered Physiotherapist.
   ii) Complementary medicine and treatment by a therapist. This benefit extends to chiropractors, chiropodists and podiatrists, osteopaths, homeopaths, dietician and acupuncture treatment.
  - iii) Out-patient treatment for therapies administered by a recognised traditional Chinese Medical Practitioner or an Ayurvedic Medical Practitioner.

You may choose 5 sessions for any combination of benefits in aggregate in a given period of cover for benefits dJi) and dJii] excluding dietician without the need of referral; any subsequent sessions need to be referred by a Medical Practitioner or Specialist.

This benefit replaces Article 5 Benefit 23 – Out-Patient Physiotherapy and Alternative Therapies.

e) Out Patient Psychiatric Illness:

Out-patient treatment administered by a Registered Psychologist and/or a Registered Psychiatrist, subject to 10 sessions and the cost limit under this section.

For the first 5 sessions You may choose to visit a Registered Psychologist directly without the need for referral. However, any subsequent sessions with a Registered Psychologist will require referral and a treatment plan with a medical practitioner or specialist.

This benefit replaces Article 5, Benefit 22 – Out-Patient psychiatric illness.

 f) Menopause Hormone Replacement Therapy: The cost of Hormone Replacement Therapy when required to alleviate the symptoms of the early onset of menopause where onset and treatment commence under 40 years old.
 This benefit replaces Article 5, Benefit 21 –

Menopause Hormone Replacement Therapy. For this Benefit the Plan Out-Patient Per Visit Excess

does not apply. Any pre-operative and post-hospitalisation

consultations are payable under this Benefit. Please note that if this option is chosen, the only deductible options that can be chosen are

RMB 6,300, RMB 15,700 and RMB 31,500. If policyholder choose an optional deductible,

policyholder must also select a co-insurance out-patient treatment option. d) Full Refund up to a maximum 10 sessions per period of cover in aggregate. Physiotherapy is limited to 10 sessions and not in addition to Article 5, Benefit 23.

e) Up to RMB 3,150 and up to 10 sessions per period of cover

f) Up to RMB 2,500 per period of cover

### Essential

#### 42. Optional Out-Patient Charges Option 2 under the Essential Plan

The insurer will cover the actual incurred medical cost of:

- Medical practitioner fees including consultations; specialist fees; diagnostic tests and costs associated with maintenance of chronic medical conditions; prescribed drugs and dressings.
- b) Teleconsultation (Virtual Doctor appointments via electronic means).

Costs associated with eligible treatment will be paid in full where treatment is received from medical providers listed in the Now Health International Provider Network.

Treatment that is not received in the Now Health International Provider Network will pay reasonable & customary charges.

No out-patient co-insurance or out patient visit excess is applicable.

c) Vitamins and Minerals Vitamins and Minerals as prescribed by a medical practitioner; Vitamins prescribed for a diagnosed deficiency will be paid as per the out-patient limit.

This benefit a, b and c replace Article 5, Benefit 20 – Out-Patient Charges.

- d) i) Physiotherapy by a Registered Physiotherapist.
  - ii) Complementary medicine and treatment by a therapist. This benefit extends to chiropractors, chiropodists and podiatrists, osteopaths, homeopaths, dietician and acupuncture treatment.
  - iii) Out-patient treatment for therapies administered by a recognised traditional Chinese Medical Practitioner or an Ayurvedic Medical Practitioner.

You may choose 5 sessions for any combination of benefits in aggregate in a given period of cover for benefits d)i) and d)ii) excluding dietician without the need of referral; any subsequent sessions need to be referred by a Medical Practitioner or Specialist.

*This benefit replaces Article 5, Benefit 23 – Out-Patient Physiotherapy and Alternative Therapies.* 

 Out Patient Psychiatric Illness:
 Out-patient treatment administered by a Registered Psychologist and/or a Registered Psychiatrist, subject to 10 sessions and the cost

limit under this section. For the first 5 sessions You may choose to visit a Registered Psychologist directly without the need for referral. However, any subsequent sessions with a Registered Psychologist will require referral and a treatment plan with a medical practitioner or specialist

*This benefit replaces Article 5, Benefit 22 – Out-Patient psychiatric illness.* 

f) Menopause Hormone Replacement Therapy: The cost of Hormone Replacement Therapy when required to alleviate the symptoms of the early onset of menopause where onset and treatment commence under 40 years old. This benefit replaces Article 5, Benefit 21 –

Menopause Hormone Replacement Therapy. For this Benefit the Plan Out-Patient Per Visit Excess does not apply.

Any pre-operative and post-hospitalisation consultations are payable under this Benefit. Please note that if this option is chosen, the only deductible options that can be chosen are RMB 6,300, RMB 15,700 and RMB 31,500.

If policyholder choose an optional deductible, policyholder must also select a co-insurance out-patient treatment option. a) and b) Up to RMB 31,500 per period of cover

Optional

a maximum 10 sessions per period of cover in aggregate. Physiotherapy is limited to 10 sessions

and not in addition to

Article 5, Benefit 23.

d) Full Refund up to

c) Up to RMB 940

per period of cover

e) Up to RMB 3,150 and up to 10 sessions per period of cover

f) Up to RMB 2,500 per period of cover

Subject to limits

Not covered

Optional

### Benefit

cost of:

### Essential

a) Up to RMB 1,850 per period of cover.

For this benefit a

RMB 150 out-patient

per visit excess will be applicable.

b) Up to RMB 22,000 per medical condition

aggregate. Physiotherapy is

per period of cover in

limited to 5 sessions

WorldCare Policy Wording (April 2024) | Benefit Schedule | 45

### 43. Optional Out-Patient Charges Option 3 under the Essential Plan: The insurer will cover the actual incurred medical

Optional

- a) Emergency out-patient benefit Charges for emergency treatment received as
  - an out-patient in the Accident and Emergency department of a medical provider including: Medical practitioner fees including consultation; specialist fees; diagnostic tests, prescribed drugs and dressings.

For this benefit a RMB 150 out-patient per visit excess will be applicable.

- b) Pre and post-operative out-patient charges
  - i) Medical practitioner fees including consultations; specialist fees; diagnostic tests; prescribed drugs and dressings.
  - ii) Teleconsultation (Virtual Doctor appointments via electronic means)

Costs associated with eligible treatment will be paid in full where treatment is received from medical providers listed in the Now Health International Provider Network.

Treatment that is not received in the Now Health International Provider Network will pay reasonable & customary charges.

iii) Physiotherapy by a Registered Physiotherapist. For this benefit the plan out-patient co-insurance or

out-patient per visit excess does not apply. Any pre-operative and post-hospitalisation

consultations are payable under this benefit.

Charges relating to pre-operative consultation within 60 days from the admission and post-hospitalisation consultation within 90 days following discharge from hospital.

This benefit replaces Article 5 Benefit 20 -Out-Patient Charges and Article 5 Benefit 23 – Out-Patient Physiotherapy and Alternative Therapies.

#### 44. Direct Billing Network for Optional **Out-Patient Charges Option 2 under** the Essential Plan:

The insurer will provide out-patient direct billing service for eligible out-patient treatment in Now Health International Provider Network for insured person with out-patient charges option 2 benefit under the Essential Plan.

#### 45. Out-Patient Restriction:

The insurer will cover the medical cost of Article 5, Benefits 20, 23, 28, 29, but restricted to a mutually agreed amount per period of cover in aggregate.

Optional for out-Patient charges option 2 benefit under the Essential Plan

Benef	fit	Essential
Comp The in incurn Excel Wait 180 o perso expe year hase have befor whet or no	tional Maternity: pulsory group policies 10+ employees insurer will cover the medically necessary cost rred under the Article 5, Benefit 31 under the l or Advance plan. ting period: Any expenses incurred within days after the start date of the insured on's policy are not payable. For the enses incurred after the 180th day to one r after the policy takes effect, this benefit a 95% co-insurance. The insured person must e completed the waiting period of 180 days ore the benefit is payable irrespective of ther the policyholder renews the insurance ot. uuctible would apply to this benefit.	Not covered
Adv Den a) R b) C Wait 180 c persc p	tional Dental Benefit under the vance Plan: ntal Care – 1 Routine dental treatment Complex dental treatment ting period: Any expenses incurred within days after the start date of the insured on's policy are not payable. The insured on must have completed the waiting od of 180 days before the benefit is payable repective of whether the policyholder two the insurance or not. insurance of 20% applies. % co-insurance applies in respect of all odontic treatment. pulsory group policies 10+ employees. htal Care - 2	► Not covered
a) R b) C Wait 180 c perso perso perio irresj rene A co- A 50 ortho	Routine dental treatment Complex dental treatment ting period: Any expenses incurred within days after the start date of the insured oon spolicy are not payable. The insured oon must have completed the waiting ood of 180 days before the benefit is payable spective of whether the policyholder two the insurance or not. insurance of 20% applies. 1% co-insurance applies in respect of all odontic treatment. pulsory group policies 10+ employees.	Not covered



Ben	efit	Essential
Co As co- co-	emoval of Co-Insurance for ental Care: mpulsory group policies 10+ employees. described in Article 5, Benefit 30, but with no insurance applicable to either routine and mplex dental treatment including orthodontic atment.	Not covered
Cc Thu ass day aga	-Patient and Out-Patient o-Insurance: e insurer will cover the actual medical costs sociated with the benefits for eligible in-patient, y-patient or out-patient treatment subject to reed % of co-insurance, up to an agreed t-of-pocket limit per medical condition.	Not covered
Thirthe a)	<ul> <li>Attended Evacuation and Repatriation:</li> <li>e insurer will cover the actual incurred cost of e following:</li> <li>Evacuation</li> <li>Arrangements will be made to move an insured person who has a critical, life-threatening eligible medical condition to the nearest medical facility, country of residence, country of nationality or the insured person's country of choice for the purpose of admission to hospital as an in-patient or day-patient.</li> <li>Reasonable expenses for:         <ol> <li>Transportation costs of an insured person in the event of emergency treatment and medically necessary transport and care not being readily available at the place of the incident. This includes an economy class airfare ticket for a locally-accompanying person who has travelled as an escort.</li> <li>Reasonable travel costs to and from medical appointments when treatment is being received as a day-patient.</li> <li>Reasonable costs for a locally- accompanying person to travel o and from the hospital to visit the insured person following admission as an in-patient.</li> <li>Reasonable costs for non-hospital accommodation only for immediate pre and post-hospital admission periods provided that the insured person is under the care of a specialist.</li> </ol></li></ul> <li>Sots of evacuation do not extend to include any air-sea rescue or mountain rescue costs that are not incurred at recognised ski resorts or similar winter sports resorts.</li> <li>The insured person's country of choice is subject to the availability of the appropriate medical facilities being in place. The insurer's medical facilities being in place. The insurer's medical facilities to inder the suitable medical facility to treat the insured person's country of choice is subject to the availability of the appropriate medical facilities to main and this benefit will not cover travel if it is against the advice of the insurer's medical advisers or where the medical facil</li>	Pre-Authorisation 🕿
D)	Repatriation An economy class airfare ticket to return the insured person and a locally-accompanying person who has travelled as an escort to the site of treatment or the insured person's principal country of nationality or principal country of residence, as long as the journey is made within one month of completion of treatment. Such transportation cost is only eligible if there was a medical need for an initial evacuation that has taken place. This Benefit specifically excludes routine pregnancy and childbirth costs, except for Article 5, Benefit 16 – Pregnancy Medical Conditions on the insurance contract.	Full Refund

Full refund

Not covered > Subject to limits

Benefit	Essential
<b>51. Out-Patient Per Visit Excess – Option 1:</b> An RMB 150 out-patient per visit excess will apply when the insured person receives eligible out-patient treatment inside and outside of the Now Health International Provider Network. The out-patient per visit excess does not apply to Article 5, Benefits 23, 24, and 30. (Alternative Therapies, Traditional Chinese Medicine and Ayurvedic Treatment, and Dental Care)	Not covered
<b>52.</b> Out-Patient Per Visit Excess – Option 2: An RMB 90 out-patient per visit excess will apply when the insured person receives eligible out-patient treatment inside and outside of the Now Health International Provider Network. The out-patient per visit excess does not apply to Article 5, Benefits 23, 24, and 30. (Alternative Therapies, Traditional Chinese Medicine and Ayurvedic Treatment, and Dental Care)	Not covered
<section-header><section-header><section-header><text><list-item><list-item><list-item><list-item><text></text></list-item></list-item></list-item></list-item></text></section-header></section-header></section-header>	<ul> <li>Optional</li> <li>a) Up to RMB 1,575 per period of cover</li> <li>b) Up to RMB 6,300 per period of cover</li> </ul>

### **Essential Benefit Deductible Options** Standard Deductible Nil **Optional Deductible:** RMB 6,300 The insurance product is designed to have deductible options. The agreed deductibles will apply when the insured person receives eligible in-patient and day-patient RMB 15,700 treatment (for treatment inside and outside of the RMB 31,500 provider network). Please note: a) If the policyholder has chosen Advance, Excel or Apex plan, and has selected a deductible option, the policyholder is required to select either a co-insurance out-patient treatment option or an RMB 63,000 RMB 94,500 out-patient per visit excess option. b) If the policyholder has chosen Optional Out-Patient Charges under the Essential Plan: i) If the policyholder has selected a deductible option, the policyholder is required to select a co-insurance out-patient treatment option. ii) The highest deductible that can be chosen is RMB 31,500.

This is for illustration purposes, please refer to the policy wording for full details.

Be	enefit	Advance
An	nual Maximum Group Policy Limit	RMB 22,000,000
1.	Hospital Charges, Medical Practitioner and Specialist Fees:	
	a) Charges for in-patient or day-patient treatment made by a hospital including charges for accommodation (ward/semi-private or private); diagnostic tests; operating theatre charges including surgeon and anaesthetist charges; and charges for nursing care by a qualified nurse; drugs and dressings prescribed by a medical practitioner or Specialist; and surgical appliances used by the medical practitioner during surgery. This includes pre and post-operative	a) Full Refund Pre-Authorisation
	<ul> <li>consultations while an in-patient or day-patient and includes charges for intensive care.</li> <li>b) Ancillary charges: Purchase and rental of crutches, canes, walking aids and self-propelled non-electronic wheelchairs within six months of an eligible medical condition which required in-patient or day-patient hospital treatment.</li> </ul>	<i>b) Up to RMB 6,300 per medical condition</i>
2.	Diagnostic Procedures:	
	Medically necessary diagnostic magnetic resonance imaging (MRI), positron emission tomography (PET) and computerised tomography (CT) scans received as an in-patient, day-patient or out-patient.	► Full Refund Pre-Authorisation for MRI, PET and CT ☎
3.	Emergency Ambulance Transportation:	
	Emergency road ambulance transport costs to or between hospitals, or when considered medically necessary by a medical practitioner or specialist.	▶ Full Refund
4.	Parent Accommodation:	
	The cost of one parent staying in hospital overnight with an insured person under 18 years old while the child is admitted as an in-patient for eligible treatment.	Full Refund
5.	New Born Baby Cover:	
	In-patient treatment of premature birth (i.e. prior to age 37 weeks gestation) or an acute condition being suffered by a new born baby of an insured person which manifests itself within 30 days following birth. Provided that the new born baby is added to the group plan within 30 days of birth and premium paid. Cover for multiple births will be covered up to the same limits shown. In circumstances where the insurer requires details of the new born baby's medical history before the baby is being added to the policy, the insurer reserves the right to apply particular restrictions to the cover the insurer will offer. Please refer to Article 3 - adding new born of this policy wording for details.	▶ Up to RMB 630,000 per period of cover
6.	Hospital Accommodation for New Born	
	Accompanying their Mother: Hospital accommodation costs relating to a new born baby (up to 16 weeks old) to accompany its mother (being an insured person) while she is receiving eligible treatment as an in-patient in a hospital.	Full Refund

Full refund

Subject to limits

#### Benefit Advance 7. Reconstructive Surgery: Reconstructive surgery required to restore natural function or appearance following an accident or following a surgical procedure for an eligible medical 🕨 Full Refund condition, which occurred after an insured person's entry date or start date whichever is later. 8. In-Patient Emergency Dental Treatment: The insurer will cover the actual incurred medical cost of emergency restorative dental treatment required to sound, natural teeth following an accident which necessitates the insured person's admission to hospital for at least one night. The dental treatment must be received within 10 days of the accident. This benefit covers all costs incurred for treatment made necessary by an accidental injury caused by an extra-oral impact, when the following conditions apply: Full Refund a) If the treatment involves replacing a crown, bridge facing, veneer or denture, the insurer will pay only the reasonable and customary cost of a replacement of similar type or quality b) If implants are clinically needed the insurer will pay only the cost which would have been incurred if equivalent bridgework was undertaken instead This benefit also covers repair or reconstruction of dentures broken following an accident that necessitates the insured person's admission to a hospital for at least one night, provided that such dentures were being worn at the time of the accident. 9. In-Patient Psychiatric Treatment: Full Refund limited to 30 days per In-patient treatment in a recognised psychiatric unit period of cover of a hospital. All treatment must be administered Pre-Authorisation 🕿 under the direct control of a registered psychiatrist. 10. Terminal Illness: Palliative and hospice care: on diagnosis of a terminal illness, costs for any in-patient, day-patient Un to RMB 310.000 or out-patient treatment given on the advice of a lifetime limit medical practitioner or specialist for the purpose of offering temporary relief of symptoms. Charges for hospital or hospice accommodation, nursing care by a qualified nurse and prescribed drugs and dressings are covered. **11. Emergency Non-Elective Treatment** Accident: Full Refund **USA** Cover: for in-patient and dav-patient treatment For planned trips up to 30 days of duration. following accident Treatment by a medical practitioner or specialist starting within 24 hours of the emergency event, required as a result of an accident or the sudden Illness: in-patient and beginning of a severe illness resulting in a medical day-patient care up to RMB 150,000 condition that presents an immediate threat to the insured person's health. Charges relating to per period of cover routine pregnancy and pregnancy and childbirth Out-patient treatment medical conditions are specifically excluded from in an Accident and this benefit. Emergency department in a hospital up to RMB 3,150 per period of cover 12. Hospital Cash Benefit: This Benefit is payable for each night an insured person receives in-patient treatment and only if an insured person is admitted for in-patient treatment RMB 945 per night before midnight, and the treatment is received free of charge that would have otherwise been eligible for benefit privately under this group plan. Cover under this Benefit is limited to a maximum of 30 nights per period of cover. For this Benefit exclusion 6.10 does not apply.

Subject to limits

Benefit	Advance	
<ul> <li><b>13. AIDS:</b></li> <li>Medical expenses, which arise from or are in any way related to Human Immunodeficiency. Virus (HIV) and/or HIV related illnesses, including Acquired Immune Deficiency. Syndrome (AIDS) or AIDS Related Complex (ARC) and/or any mutant derivative or variations thereof as a result of proven occupation accident* or blood transfusion**. Expenses are limited to pre and post-diagnosis consultations, routine check-ups for this condition, drugs and dressings (except experimental or those unproven), hospital accommodation and nursing fees.</li> <li>* For members of emergency services, medical or dental professions, laboratory assistants, pharmacist or an employee in a medical facility that provides evidence that they contracted the HIV infection accidentally while carrying out normal duties of their occupation; and they contracted the HIV infection which they contracted the HIV infection which they contracted the HIV infection which they contracted the HIV infection so so ccupation; and a test showing no HIV or antibodies to such a virus was made within five days of the incident; and a positive HIV test occurred within 12 months of the reported occupational accident.</li> <li>* As long as the blood transfusion was received as an in-patient as part of medically necessary treatment.</li> </ul>	<ul> <li>Up to RMB 150,000 per period of cover</li> <li>Pre-Authorisation ☎</li> </ul>	
<ul> <li>14. Organ Transplant: <ul> <li>a) Treatment for and in relation to a human organ transplant of kidney, pancreas, liver, heart, lung, bone marrow, cornea, in respect of the insured person as a recipient.</li> <li>In circumstances where an organ transplant is required as a result of a congenital disorder, cover will be provided under Article 5, Benefit 27 – Congenital Disorder but excluded from Article 5, Benefit 14 – Organ Transplant.</li> <li>b) Medical costs associated with the donor as an in-patient or day-patient, with the exception of the cost of the donor organ search. The insurer only pays for transplants carried out in internationally-accredited institutions by accredited surgeons and where the organ procurement is in accordance with WHO guidelines.</li> </ul> </li> </ul>	<ul> <li>a) Full Refund</li> <li>b) Up to RMB 310,000 per period of cover</li> </ul>	
<b>15. Cancer Treatment:</b> Treatment given for cancer received as an in-patient, day-patient or out-patient. includes oncologist fees, surgery, radiotherapy and chemotherapy, alone or in combination, from the point of diagnosis.	Full Refund	
<ul> <li>16. Pregnancy Medical Conditions: For In-Patient Treatment of an Eligible Medical Condition which arises during the antenata stages of Pregnancy or an Eligible Medical Condition which arises during childbirth, the insurer would only allow Treatment of the following as an Eligible Medical Condition under this Benefit: • Ectopic pregnancy (where the foetus is growing outside the womb) • Hydatidiform mole (abnormal cell growth in the womb) • Retained placenta (afterbirth retained in the womb) • Placenta praevia • Eclampsia (a coma or seizure during pregnancy and following pre-eclampsia) • Diabetes (If the insured person has exclusions because of their past medical history which relate to diabetes, then the insured person will not be covered for any treatment for diabetes during pregnancy) • Post partum haemorrhage (heavy bleeding in the hours and days immediately after childbirth) • Miscarriage requiring immediate surgical treatment This benefit does not provide any cover for voluntary or 'failure to progress in labour' unless for one of the above stated Eligible Medical Conditions. Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. For the expenses incurred after the 180th day to one year after the policy takes effect, this benefit has a 95% co-insurance. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not.</li> </ul>	Full Refund	

Full refund Not covered Subject to limits Optional

Be	nefit	Advance								
17.	Evacuation and Repatriation: a) Evacuation Arrangements will be made to move an insured person who has a critical, life-threatening eligible medical condition to the nearest medical facility for the purpose of admission to hospital as an in-patient or day-patient.	Pre-Authorisation 🖀								
	in the event of emergency treatment and medically necessary transport and care not being readily available at the place of the incident. This includes an economy class airfare ticket for a locally-accompanying person who has travelled as an escort.	i) Full Refund								
	medical appointments when treatment is being received as a day-patient.	<ul> <li>ii) Full Refund</li> <li>iii) Full Refund</li> </ul>								
	accompanying person to travel to and from the hospital to visit the insured person following admission as an in-patient. iv) Reasonable costs for non-hospital	• iv) Up to RMB 1,200								
	accommodation only for immediate pre and post-hospital admission periods provided that the insured person is under the care of a specialist. Costs of evacuation do not extend to include any air-sea rescue or mountain rescue costs that are not incurred at recognised ski resorts or similar winter sports resorts. Our medical advisers will decide the most appropriate method of transportation for the evacuation and this benefit will not cover travel if it is against the advice of the insurer's medical advisers or where the medical facility	per day. Up to RMB 47,000 per person, per evacuation								
Ь)	does not have appropriate facilities to treat the eligible medical condition. Repatriation	Pre-Authorisation 🖀								
		► Full Refund								
18.	Mortal Remains: In the event of death from an eligible medical condition, reasonable and customary charges for:	Pre-Authorisation 🕿								
		▶ a) Full Refund								
	<ul> <li>Burial or cremation costs at the place of death in accordance with reasonable and customary practice.</li> </ul>	▶ b) Up to RMB 63,000								
19.	<b>Day-Patient and Out-Patient Surgery:</b> Treatment costs for a surgical procedure performed in a surgery, hospital, day-care facility or out-patient department. Any pre or post-operative consultations are payable under Article 5, Benefit 20 – Out-Patient Charges on the insurance contract.	Full Refund								
				Full refund	Full rofund	Full actual Not covo	Full refund     Not covered	Sull refund	Full refund Not covered Subject to limits	Full setural Not covered Subject to limite

Full refund Not covered Subject to limits

Benefit	Advance		
<ul> <li>25. Nursing Care at Home:</li> <li>a) Care given by qualified nurse in the insured person's own home, which is immediately received subsequent to treatment as an in-patient or day-patient on the recommendation of medical practitioner or specialist.</li> <li>b) Medical practitioner (GP) home visits for an emergency GP home call-out during out of normal clinic hours.</li> </ul>	<ul> <li>a) Full Refund up to 45 days per period of cover</li> <li>Pre-Authorisation </li> <li>b) Not covered</li> </ul>		
<ul> <li>26. Rehabilitation:</li> <li>When referred by a specialist as an integral part of treatment for a medical condition necessitating admission to a recognised rehabilitation unit of a hospital. Where the insured person was confined to a hospital as an in-patient for at least three consecutive days, and where a specialist confirms in writing that rehabilitation is required. Admission to a rehabilitation unit must be made within 14 days of discharge from hospital. Such treatment should be under the direct supervision and control of a specialist and would cover:</li> <li>a) Use of special treatment rooms</li> <li>b) Physical therapy fees</li> <li>c) Speech therapy fees</li> <li>d) Occupational therapy fees</li> </ul>	Full Refund up to 180 days per medical condition		
27. Congenital Disorders: In-patient treatment for a congenital disorder. In circumstances where a congenital disorder manifests itself in a new born baby within 30 days of birth, cover for such medical conditions will be provided under Article 5, Benefit 5 but excluded from Article 5, Benefit 27 – Congenital Disorders.	▶ Up to RMB 630,000 per period of cover		
28. Maintenance of Chronic Medical Conditions: Maintenance of chronic medical conditions such as but not limited to asthma, diabetes and hypertension requiring ongoing or long-term monitoring through consultations, examinations, check-ups, drugs and dressings and/or tests up to the benefit limits detailed in the insured person's chosen group plan following the insured person's date of entry. This Benefit does not cover renal failure and dialysis. Claims for this will fall under Article 5, Benefit 29. Claims for cancer will fall under Article 5, Benefit 15.	Full Refund		
<b>29. Renal Failure and Renal Dialysis:</b> Treatment of renal failure, including renal dialysis on an in-patient, day-patient or out-patient basis. This includes pre and post-operative renal dialysis and as part of intensive care.	<ul> <li>a) Full Refund for in-patient care</li> <li>b) Up to RMB 630,000 per period of cover for day-patient or out-patient care</li> </ul>		

### Advance

#### 30. Dental Care:

- a) Routine dental treatment: Fees of a registed dental practitioner carrying out routine dental treatment in a dental surgery. Routine dental treatment means:
  - Screening (twice per year), i.e. the assessment of diseased, missing and filled teeth, including X-rays where necessary,
  - Preventative scaling, polishing, and sealing (once per year)
  - •
  - Fillings (standard amalgam or composite fillings) and extractions, and
  - Root-canal treatment (but not the fitting of a crown following root-canal treatment)
  - No other treatment is covered under the routine dental treatment benefit.

Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the perior or so the start of the policyholder renews the insurance or not.

A co-insurance of 20% applies.

For this Benefit the deductible or out-patient per visit excess does not apply.

Complex dental treatment: Fees of a registered Ь) Complex dental treatment: Fees of a registered dental practitioner and associated costs for the following procedures: Eligible complex dental treatment: including for example, apicoectomy is done to treat the following - fractured tooth root; a severely curved tooth root; teth with caps or posts; cyst or infection which is untreatable with root canal therapy; root perforations; new or repair of crowns, dentures, in lays and bridges. Recurrent pain and infection; persistent symptoms that do not indicate problems from x-rays; calcification; damaged root surfaces and surrounding bone requiring surgery. No other treatment is covered hy this henefit b) Not covered

No other treatment is covered by this benefit. Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not.

Co-insurance for group plans of 20% applies. A 50% co-insurance applies in respect of all orthodontic treatment.

For this Benefit the deductible or out-patient per visit excess does not apply.

#### 31. Maternity:

- a) Medically Necessary costs incurred during normal Pregnancy and childbirth; childbirth costs, including pre and post-natal check-ups for up to six weeks following birth, scans and delivery costs for a natural birth or voluntary caesarean section. Paediatrician costs for the first examination/ check-up of a New Born baby, if the examination is made within 24 hours of delivery and Well-baby oversitions up to the child concord birthday. is made within 24 hours of delivery and Well-baby examinations up to the child's second birthday and as recommended by a Medical Practitioner or Specialist. This includes physical examinations, measurements, sensory screening, neuropsychiatric evaluation, development screening, as well as hereditary and metabolic screening, immunisations, urine analysis, tuberculin tests and hermatocrit, haemoglobin and other blood tests, including tests to screen for sickle haemoglobinopathy.
- Cost associated with medically necessary and/or Ь) emergency caesarean section

emergency caesarean section. Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. For the expenses incurred after the 180th day to one year after the policy takes effect, this benefit has a 95% co-insurance. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not.

Please note the insurer does not pay for parenting or other teaching classes as these are a matter of personal choice.

, Claims for any caesarean sections are only recoverable from us if you have a maternity benefit as part of your policy. They are not covered by any other benefit.

Deductible would apply to this benefit.

### Advance

Additional Op	ptions
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#### 32. USA Elective Treatment: a) Costs associated with eligible in-patient and day-patient treatment in the USA will be paid in full where treatment is received in a hospital listed Pre-Authorisation 2 in the Now Health International Provider Network. Optional b) Costs associated with eligible out-patient treatment in the USA will be paid in full where Up to RMB 9,450,000 treatment is received in the Now Health per insured person, International Provider Network per period of cover Treatment that is not received in the Now Health International Provider Network will be subject to a 50% co-insurance. 33. Co-Insurance Out-Patient Treatment – Option 1: A 10% co-insurance will apply on all eligible out-patient treatment. Should the plan include the Optional maternity, dental care or wellness, optical benefits and vaccinations benefits, any applicable co-insurance will be detailed in insured person's benefit schedule. Please note co-insurance does not apply to: a) Cancer treatment, organ transplant, renal failure and renal dialysis. b) Any out-patient treatment received in public hospitals in Mainland China that are within the Now Health International Provider Network. 34. Co-Insurance Out-Patient Treatment – Option 2: A 20% co-insurance will apply on all eligible out-patient treatment. Should the plan include the Optional maternity, dental care or wellness, optical benefits and vaccinations benefits, any applicable co-insurance will be detailed in insured person's benefit schedule. Please note co-insurance does not apply to a) Cancer treatment, organ transplant, renal failure and renal dialysis. b) Any out-patient treatment received in public hospitals in Mainland China that are within the Now Health International Provider Network. 35. Wellness, Optical Benefits and Vaccinations - Option 1 and 2: Option 1 Compulsory group policies 3+ employees a) Wellness: this benefit is payable as a contribution Optional towards the cost of routine health checks Combined limit including cancer screening, BRCA I & II Test RMB 3,100 (Optical (where a direct family history exists), bone sub-limit RMB 1,850 densitometry (once every five years for women per period of cover) aged 50+), cardiovascular examination, neurological examinations, vital signs (e.g. blood pressure, body mass index, urinalysis, cholesterol), well child test (Up to age of 5 Option 2 Years), and/or b) Optical benefits: This benefit also provides a contribution towards optician charges including Optional an annual eye test carried out by an ophthalmic Combined limit optician, prescribed spectacles including frames and RMB 6,300 (Optical lenses; and/or contact lenses when the member's sub-limit RMB 3 750 prescription has changed, within the combined per period of cover) benefit limits to a maximum mutually agreed amount per period of cover for an optical claim. Please note that there is no cover for prescription sunglasses or transition lenses. and/or c) Vaccinations: Costs of drugs and consultations to administer all medically necessary basic immunisation and booster injections and any medically necessary travel vaccinations and malaria prophylaxis

For this Benefit exclusion 6.10 does not apply.

Full refund 📃 🕨

Not covered 🔶 Subject to limits

### 36. Medical History Disregarded:

Compulsory group policies 10+ employees

#### 37. Greater China option:

The insurer will cover the medical costs associated with all eligible in-patient, day-patient, and out-patient treatment restricted to Greater China and will be subject to the standard policy limits.

Emergency non-elective treatment outside of Greater China:

For planned trips up to 30 days of duration. Treatment by a medical practitioner or specialist starting within 24 hours of the emergency event, required as a result of an accident or the sudden beginning of a severe illness resulting in a medical condition that presents an immediate threat to the insured person's health.

#### Charges relating to routine pregnancy and pregnancy and childbirth medical conditions are specially excluded from emergency non-elective treatment outside of Greater China.

Greater China means Mainland China, Hong Kong, Macau and Taiwan.

Full refund for accident requiring in-patient and day-patient care.

Illness: In-patient and day-patient care up to the sub-limit listed in various plans per period of cover

# Hospital Room Restriction – PRC Residents only:

As described in Article 5, Benefit 1 on the insurance contract. a), but with a restriction to limit the hospital accommodation to a ward or semi-private room for hospital admission in Hong Kong; or with a 15% co-insurance, up to an out-of-pocket-limit of a mutually agreed amount per medical condition for any charge for eligible in-patient or day-patient treatment made by the hospital and by any medical practitioner, should the in-patient or day-patient be received in any high cost in-patient/day-patient facility in Mainland China as pre-defined and advised by the insurer.

### 39. High Cost Provider Co-Insurance:

The insurer will cover the medical costs associated with eligible in-patient, day-patient or out-patient treatment made by the hospital, and by any medical professional, should the in-patient, day-patient or out-patient treatment be received in any high cost in-patient/day-patient facility in Mainland China as pre-defined and advised by the insurer and will be subject to a 20% co-insurance, up to an out-of-pocket limit of a mutually agreed amount per medical condition.

### 40. High Cost Provider Restriction:

The insurer will not cover the medical costs associated with eligible in-patient, day-patient or out-patient treatment made by the hospital, and by any medical professional, should the in-patient, day-patient or out-patient treatment be received in any high cost in-patient/day-patient facility in Mainland China as pre-defined and advised by the insurer.

### Advance

Optional

Optional Emergency non-elective illness limit up to RMB 150,000 per period of cover

In-patient or day-patient treatment received in any high

Optional

received in any high cost facility in Mainland China will be subject to a 15% co-insurance up to an out-of-pocket limit of RMB 47,000 per medical condition

 Optional
 20% co-insurance and up to an out-of-pocket limit of RMB 63,000 per medical condition

Optional

Subject to limits

Optional

### Advance

Not covered

#### 41. Optional Out-Patient Charges Option 1 under the Essential Plan

The insurer will cover the actual incurred medical cost of:

- Medical practitioner fees including consultations; specialist fees; diagnostic tests; prescribed drugs and dressings.
- b) Teleconsultation (Virtual Doctor appointments via electronic means).

Costs associated with eligible treatment will be paid in full where treatment is received from medical providers listed in the Now Health International Provider Network.

Treatment that is not received in the Now Health International Provider Network will pay reasonable & customary charges.

No out-patient co-insurance or out patient visit excess is applicable.

c) Vitamins and Minerals

Vitamins and Minerals as prescribed by a medical practitioner; Vitamins prescribed for a diagnosed deficiency will be paid as per the out-patient limit.

This benefit a, b and c replace Article 5, Benefit 20 – Out-Patient Charges.

- d) i) Physiotherapy by a Registered Physiotherapist.
   ii) Complementary medicine and treatment
  - by a therapist. This benefit extends to chiropractors, chiropodists and podiatrists, osteopaths, homeopaths, dietician and acupuncture treatment.
  - iii) Out-patient treatment for therapies administered by a recognised traditional Chinese Medical Practitioner or an Ayurvedic Medical Practitioner.

You may choose 5 sessions for any combination of benefits in aggregate in a given period of cover for benefits dJi) and dJiJ excluding dietician without the need of referral; any subsequent sessions need to be referred by a Medical Practitioner or Specialist.

This benefit replaces Article 5 Benefit 23 – Out-Patient Physiotherapy and Alternative Therapies.

e) Out Patient Psychiatric Illness:

Out-patient treatment administered by a Registered Psychologist and/or a Registered Psychiatrist, subject to 10 sessions and the cost limit under this section.

For the first 5 sessions You may choose to visit a Registered Psychologist directly without the need for referral. However, any subsequent sessions with a Registered Psychologist will require referral and a treatment plan with a medical practitioner or specialist.

This benefit replaces Article 5, Benefit 22 – Out-Patient psychiatric illness.

f) Menopause Hormone Replacement Therapy: The cost of Hormone Replacement Therapy when required to alleviate the symptoms of the early onset of menopause where onset and treatment commence under 40 years old. This benefit replaces Article 5, Benefit 21 –

Menopause Hormone Replacement Therapy.

For this Benefit the Plan Out-Patient Per Visit Excess does not apply.

Any pre-operative and post-hospitalisation consultations are payable under this Benefit.

Please note that if this option is chosen, the only deductible options that can be chosen are RMB 6,300, RMB 15,700 and RMB 31,500.

If policyholder choose an optional deductible, policyholder must also select a co-insurance out-patient treatment option.

### Advance

Not covered

#### 42. Optional Out-Patient Charges Option 2 under the Essential Plan

The insurer will cover the actual incurred medical cost of:

- Medical practitioner fees including consultations; specialist fees; diagnostic tests and costs associated with maintenance of chronic medical conditions; prescribed drugs and dressings.
- b) Teleconsultation (Virtual Doctor appointments via electronic means).

Costs associated with eligible treatment will be paid in full where treatment is received from medical providers listed in the Now Health International Provider Network.

Treatment that is not received in the Now Health International Provider Network will pay reasonable & customary charges.

No out-patient co-insurance or out patient visit excess is applicable.

c) Vitamins and Minerals Vitamins and Minerals as prescribed by a medical practitioner; Vitamins prescribed for a diagnosed deficiency will be paid as per the out-patient limit.

This benefit a, b and c replace Article 5, Benefit 20 – Out-Patient Charges.

- d) i) Physiotherapy by a Registered Physiotherapist.
  - ii) Complementary medicine and treatment by a therapist. This benefit extends to chiropractors, chiropodists and podiatrists, osteopaths, homeopaths, dietician and acupuncture treatment.
  - iii) Out-patient treatment for therapies administered by a recognised traditional Chinese Medical Practitioner or an Ayurvedic Medical Practitioner.

You may choose 5 sessions for any combination of benefits in aggregate in a given period of cover for benefits d)i) and d)ii) excluding dietician without the need of referral; any subsequent sessions need to be referred by a Medical Practitioner or Specialist.

*This benefit replaces Article 5, Benefit 23 – Out-Patient Physiotherapy and Alternative Therapies.* 

e) Out Patient Psychiatric Illness:

Out-patient treatment administered by a Registered Psychologist and/or a Registered Psychiatrist, subject to 10 sessions and the cost limit under this section.

For the first 5 sessions You may choose to visit a Registered Psychologist directly without the need for referral. However, any subsequent sessions with a Registered Psychologist will require referral and a treatment plan with a medical practitioner or specialist

This benefit replaces Article 5, Benefit 22 – Out-Patient psychiatric illness.

f) Menopause Hormone Replacement Therapy: The cost of Hormone Replacement Therapy when required to alleviate the symptoms of the early onset of menopause where onset and treatment commence under 40 years old. This benefit replaces Article 5, Benefit 21 –

Menopause Hormone Replacement Therapy. For this Benefit the Plan Out-Patient Per Visit Excess does not apply.

Any pre-operative and post-hospitalisation consultations are payable under this Benefit. Please note that if this option is chosen, the only deductible options that can be chosen are RMB 6,300, RMB 15,700 and RMB 31,500.

If policyholder choose an optional deductible, policyholder must also select a co-insurance out-patient treatment option.

### **Benefit** Advance 43. Optional Out-Patient Charges Option 3 under the Essential Plan: The insurer will cover the actual incurred medical Not covered cost of: a) Emergency out-patient benefit Charges for emergency treatment received as an out-patient in the Accident and Emergency department of a medical provider including: Medical practitioner fees including consultation; specialist fees; diagnostic tests, prescribed drugs and dressings. For this benefit a RMB 150 out-patient per visit excess will be applicable. b) Pre and post-operative out-patient charges i) Medical practitioner fees including consultations; specialist fees; diagnostic tests; prescribed drugs and dressings. ii) Teleconsultation (Virtual Doctor appointments via electronic means) Costs associated with eligible treatment will be paid in full where treatment is received from medical providers listed in the Now Health International Provider Network. Treatment that is not received in the Now Health International Provider Network will pay reasonable & customary charges. iii) Physiotherapy by a Registered Physiotherapist. For this benefit the plan out-patient co-insurance or out-patient per visit excess does not apply. Any pre-operative and post-hospitalisation consultations are payable under this benefit. Charges relating to pre-operative consultation within 60 days from the admission and post-hospitalisation consultation within 90 days following discharge from hospital. This benefit replaces Article 5 Benefit 20 -Out-Patient Charges and Article 5 Benefit 23 – Out-Patient Physiotherapy and Alternative Therapies. 44. Direct Billing Network for Optional **Out-Patient Charges Option 2 under** the Essential Plan: Not covered The insurer will provide out-patient direct billing service for eligible out-patient treatment in Now Health International Provider Network for insured person with out-patient charges option 2 benefit under the Essential Plan. 45. Out-Patient Restriction: The insurer will cover the medical cost of Article 5, Optional Benefits 20, 23, 28, 29, but restricted to a mutually Up to RMB 31,000 agreed amount per period of cover in aggregate. per period of cover

Full refund

## Benefit 46. Optional Maternity: Compulsory group policies 10+ employees The insurer will cover the medically necessary cost incurred under the Article 5, Benefit 31 under the Excel or Advance plan. Waiting period: Any expenses incurred within 180 days after the start date of the insured

180 days after the start date of the insured person's policy are not payable. For the expenses incurred after the 180th day to one year after the policy takes effect, this benefit has a 95% co-insurance. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not.

Deductible would apply to this benefit.

#### 47. Optional Dental Benefit under the Advance Plan:

#### Dental Care - 1

- a) Routine dental treatment
- b) Complex dental treatment

Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not.

#### A co-insurance of 20% applies.

A 50% co-insurance applies in respect of all orthodontic treatment.

Compulsory group policies 10+ employees.

### Dental Care - 2

a) Routine dental treatment

b) Complex dental treatment

Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not. A co-insurance of 20% applies.

A 50% co-insurance applies in respect of all orthodontic treatment.

Compulsory group policies 10+ employees.

 Optional
 a) Up to RMB 3,100 per period of cover
 b) Up to RMB 6,300 per period of cover

Advance

Up to RMB 53,500

per period of cover

\*Available option: Nil

and 20% co-insurance.

Optional

Optional

 a) and b) Up to
 RMB 5,000 in
 aggregate per period of cover

Full refund

Subject to limits Doptional

Benefit	Advance
<b>51. Out-Patient Per Visit Excess – Option 1:</b> An RMB 150 out-patient per visit excess will apply when the insured person receives eligible out-patient treatment inside and outside of the Now Health International Provider Network. The out-patient per visit excess does not apply to Article 5, Benefits 23, 24, and 30. (Alternative Therapies, Traditional Chinese Medicine and Ayurvedic Treatment, and Dental Care)	<b>O</b> ptional RMB 150
<b>52. Out-Patient Per Visit Excess – Option 2:</b> An RMB 90 out-patient per visit excess will apply when the insured person receives eligible out-patient treatment inside and outside of the Now Health International Provider Network. The out-patient per visit excess does not apply to Article 5, Benefits 23, 24, and 30. (Alternative Therapies, Traditional Chinese Medicine and Ayurvedic Treatment, and Dental Care)	<ul> <li>Optional RMB 90</li> </ul>
<section-header><section-header><section-header><text><list-item><list-item><list-item><text><text></text></text></list-item></list-item></list-item></text></section-header></section-header></section-header>	► Not covered



### **Benefit** Advance **Deductible Options** Standard Deductible Nil **Optional Deductible:** RMB 6,300 The insurance product is designed to have deductible options. The agreed deductibles will apply when the insured person receives eligible in-patient and day-patient RMB 15,700 treatment (for treatment inside and outside of the RMB 31,500 provider network). Please note: a) If the policyholder has chosen Advance, Excel or Apex plan, and has selected a deductible option, the policyholder is required to select either a co-insurance out-patient treatment option or an RMB 63,000 RMB 94,500 out-patient per visit excess option. b) If the policyholder has chosen Optional Out-Patient Charges under the Essential Plan: i) If the policyholder has selected a deductible option, the policyholder is required to select a co-insurance out-patient treatment option. ii) The highest deductible that can be chosen is RMB 31,500.

This is for illustration purposes, please refer to the policy wording for full details.

Be	enefit	Excel
An	nual Maximum Group Policy Limit	RMB 25,000,000
1.	Hospital Charges, Medical Practitioner and Specialist Fees:	
	a) Charges for in-patient or day-patient treatment made by a hospital including charges for accommodation (ward/semi-private or private); diagnostic tests; operating theatre charges including surgeon and anaesthetist charges; and charges for nursing care by a qualified nurse; drugs and dressings prescribed by a medical practitioner or Specialist; and surgical appliances used by the medical practitioner during surgery. This includes pre and post-operative consultations while an in-patient or day-patient	a) Full Refund Pre-Authorisation 2
	<ul> <li>and includes charges for intensive care.</li> <li>b) Ancillary charges: Purchase and rental of crutches, canes, walking aids and self-propelled non-electronic wheelchairs within six months of an eligible medical condition which required in-patient or day-patient hospital treatment.</li> </ul>	b) Up to RMB 9,450 per medical condition
2.	Diagnostic Procedures:	
	Medically necessary diagnostic magnetic resonance imaging (MRI), positron emission tomography (PET) and computerised tomography (CT) scans received as an in-patient, day-patient or out-patient.	<ul> <li>Full Refund</li> <li>Pre-Authorisation</li> <li>for MRI, PET and CT </li> </ul>
3.	Emergency Ambulance Transportation:	
	Emergency road ambulance transport costs to or between hospitals, or when considered medically necessary by a medical practitioner or specialist.	Full Refund
4.	Parent Accommodation:	
	The cost of one parent staying in hospital overnight with an insured person under 18 years old while the child is admitted as an in-patient for eligible treatment.	Full Refund
5.	New Born Baby Cover: In-patient treatment of premature birth (i.e. prior to age 37 weeks gestation) or an acute condition being suffered by a new born baby of an insured person which manifests itself within 30 days following birth. Provided that the new born baby is added to the group plan within 30 days of birth and premium paid. Cover for multiple births will be covered up to the same limits shown. In circumstances where the insurer requires details of the new born baby's medical history before the baby is being added to the policy, the insurer reserves the right to apply particular restrictions to the cover the insurer will offer. Please refer to Article 3 - adding new born of this policy wording for details.	▶ Up to RMB 780,000 per period of cover
6.	Hospital Accommodation for New Born	
	Accompanying their Mother: Hospital accommodation costs relating to a new born baby (up to 16 weeks old) to accompany its mother (being an insured person) while she is receiving eligible treatment as an in-patient in a hospital.	Full Refund

Full refund

Not covered

Subject to limits

e	nefit	Excel
	<b>Reconstructive Surgery:</b> Reconstructive surgery required to restore natural function or appearance following an accident or following a surgical procedure for an eligible medical condition, which occurred after an insured person's entry date or start date whichever is later.	Full Refund
	<ul> <li>In-Patient Emergency Dental Treatment:</li> <li>The insurer will cover the actual incurred medical cost of emergency restorative dental treatment required to sound, natural teeth following an accident which necessitates the insured person's admission to hospital for at least one night.</li> <li>The dental treatment must be received within 10 days of the accident. This benefit covers all costs incurred for treatment made necessary by an accidental injury caused by an extra-oral impact, when the following conditions apply:</li> <li>a) If the treatment involves replacing a crown, bridge facing, veneer or denture, the insurer will pay only the reasonable and customary cost of a replacement of similar type or quality</li> <li>b) If implants are clinically needed the insurer will pay only the cost which would have been incurred if equivalent bridgework was undertaken instead</li> <li>This benefit also covers repair or reconstruction of dentures broken following an accident that necessitates the insured person's admission to a hospital for at least one night, provided that such dentures were being worn at the time of the accident.</li> </ul>	▶ Full Refund
9.	In-Patient Psychiatric Treatment: In-patient treatment in a recognised psychiatric unit of a hospital. All treatment must be administered under the direct control of a registered psychiatrist.	Full Refund limited to 30 days per period of cover Pre-Authorisation ☎
	<b>Terminal Illness:</b> Palliative and hospice care: on diagnosis of a terminal illness, costs for any in-patient, day-patient or out-patient treatment given on the advice of a medical practitioner or specialist for the purpose of offering temporary relief of symptoms. Charges for hospital or hospice accommodation, nursing care by a qualified nurse and prescribed drugs and dressings are covered.	▶ Up to RMB 470,000 lifetime limit
	<b>Emergency Non-Elective Treatment</b> <b>USA Cover:</b> For planned trips up to 30 days of duration. Treatment by a medical practitioner or specialist starting within 24 hours of the emergency event, required as a result of an accident or the sudden beginning of a severe illness resulting in a medical condition that presents an immediate threat to the insured person's health. Charges relating to routine pregnancy and pregnancy and childbirth medical conditions are specifically excluded from this benefit.	<ul> <li>Accident: Full Refund for in-patient and day-patient treatment following accident</li> <li>Illness: in-patient and day-patient care up to RMB 220,000 per period of cover</li> <li>Out-patient treatment in an Accident and Emergency department in a hospital up to RMB 3,150 per period of cover</li> </ul>
	Hospital Cash Benefit: This Benefit is payable for each night an insured person receives in-patient treatment and only if an insured person is admitted for in-patient treatment before midnight, and the treatment is received free of charge that would have otherwise been eligible for benefit privately under this group plan. Cover under this Benefit is limited to a maximum of 30 nights per period of cover. For this Benefit exclusion 6.10 does not apply.	RMB 1,260 per night

Full refund

Not covered > Subject to limits

Benefit	Excel
<ul> <li><b>13. AIDS:</b></li> <li>Medical expenses, which arise from or are in any way related to Human Immunodeficiency Virus (HIV) and/or HIV related illnesses, inclu Acquired Immune Deficiency Syndrome (AID AIDS Related Complex (ARC) and/or any mut derivative or variations thereof as a result of proven occupation accident* or blood trans. Expenses are limited to pre and post-diagno. consultations, routine check-ups for this cordrugs and dressings (except experimental or those unproven), hospital accommodation a nursing fees.</li> <li>* For members of emergency services, me or dental professions, laboratory assista pharmacist or an employee in a medical that provides evidence that they contract the HIV infection accidentally while carry out normal duties of their occupation; and contracted the HIV infection three years the entry date or start date, whichever is and the incident from which they contrat the HIV infection accidentally while carry out normal duties of their occupation; and showing no HIV or antibodies to such a was made within fire days of the incident.</li> <li>** As long as the blood transfusion was ree as an in-patient as part of medically necessions.</li> </ul>	cy iding iding iS) or tant f fusion**. sis idition, and edical ints, facility ving nd they safter is later; cted dures fater; ated and dures f a test virus f, and b is later; cted ated and dures f a test virus f, and b is later; cted ated and dures f a test virus t, and a nths of ceived essary who has
<ul> <li>14. Organ Transplant: <ul> <li>a) Treatment for and in relation to a human transplant of kidney, pancreas, liver, head bone marrow, cornea, in respect of the person as a recipient.</li> <li>In circumstances where an organ transplis required as a result of a congenital discover will be provided under Article 5, B</li> <li>a) Congenital Disorder but excluded from 5, Benefit 14 – Organ Transplant.</li> <li>b) Medical costs associated with the donor in-patient or day-patient, with the except the cost of the donor organ search. The insurer only pays for transplantscar out in internationally-accredited institutiby accredited surgeons and where the oprocurement is in accordance with WHC guidelines.</li> </ul> </li> </ul>	rt, lung, insured vlant sorder, lenefit 27 n Article as an b) Up to RMB 310,000 per period of cover rried ions organ
<b>15. Cancer Treatment:</b> Treatment given for cancer received as an in day-patient or out-patient. includes oncolog surgery, radiotherapy and chemotherapy, ale combination, from the point of diagnosis.	jist fees, 📃 🕨 Full Refund
<ul> <li>16. Pregnancy Medical Conditions: For In-Patient Treatment of an Eligible Medic Condition which arises during the antenatas of Pregnancy or an Eligible Medical Condition arises during childbirth, the insurer would or Treatment of the following as an Eligible Medic Condition under this Benefit:</li> <li>Ectopic pregnancy (where the foetus is goo outside the womb)</li> <li>Hydatidiform mole (abnormal cell growt womb)</li> <li>Retained placenta (afterbirth retained in the Placenta praevia</li> <li>Ectampsia (a coma or seizure during pre- and following pre-eclampsia)</li> <li>Diabetes (If the insured person has exclu- because of their past medical history whi- relate to diabetes, then the insured person not be covered for any treatment for dia during pregnancy)</li> <li>Post partum haemorrhage (heavy bleed hours and days immediately after childb Miscarriage requiring immediate surgicar treatment</li> <li>This benefit does not provide any cover for w or Emergency caesarean section procedures failure to progress in labour' unless for one above stated Eligible Medical Conditions.</li> <li>Waiting period: Any expenses incurred withit days after the start date of the insured person policy are not payable. For the expenses incu- red the 180th day to one year after the policy period of 180 days before the benefit is pays irrespective of whether the policyholder rem insurance or not.</li> </ul>	stages n which nly allow edical growing th in the he womb) gnancy usions nich son will abetes Full Refund Full Refund voluntary s or of the in 180 on's tred licy takes The able

Be	nefit	Excel						
	Evacuation and Repatriation: a) Evacuation Arrangements will be made to move an insured person who has a critical, life-threatening eligible medical condition to the nearest medical facility for the purpose of admission to hospital as an in-patient or day-patient. Pagenerable exponence for:	Pre-Authorisation 🖀						
	<ul> <li>Reasonable expenses for:</li> <li>i) Transportation costs of an insured person in the event of emergency treatment and medically necessary transport and care not being readily available at the place of the incident. This includes an economy class airfare ticket for a locally-accompanying person who has travelled as an escort.</li> <li>ii) Reasonable local travel costs to and from</li> </ul>	<ul> <li>i) Full Refund</li> <li>ii) Full Refund</li> </ul>						
	<ul> <li>Reasonable local travel costs to and from medical appointments when treatment is being received as a day-patient.</li> <li>Reasonable travel costs for a locally- accompanying person to travel to and from</li> </ul>	iii) Full Refund						
	<ul> <li>the hospital to visit the insured person following admission as an in-patient.</li> <li>iv) Reasonable costs for non-hospital accommodation only for immediate pre and post-hospital admission periods provided that the insured person is under the care of</li> </ul>	<i>iv) Up to RMB 1,200 per day. Up to RMB 47,000 per person,</i>						
	a specialist. Costs of evacuation do not extend to include any air-sea rescue or mountain rescue costs that are not incurred at recognised ski resorts or similar winter sports resorts.	per evacuation						
	Our medical advisers will decide the most appropriate method of transportation for the evacuation and this benefit will not cover travel if it is against the advice of the insurer's medical advisers or where the medical facility does not have appropriate facilities to treat							
ь)	the eligible medical condition. Repatriation	Pre-Authorisation 🖀						
	An economy class airfare ticket to return the insured person and a locally-accompanying person who has travelled as an escort to the site of treatment or the insured person's principal country of nationality or principal country of residence, as long as the journey is made within one month of completion of treatment. Such transportation cost is only eligible if there was a medical need for an initial evacuation that has taken place. This Benefit specifically excludes routine pregnancy and childbirth costs, except for Article 5, Benefit 16 – Pregnancy Medical Conditions on the insurance contract.	► Full Refund						
	Mortal Remains: In the event of death from an eligible medical condition, reasonable and customary charges for:	Pre-Authorisation 🖀						
	<ul> <li>a) Costs of transportation of body or ashes of an insured person to his/her country of nationality or country of residence, or</li> <li>b) Burial or cremation costs at the place of death in accordance with reasonable and</li> </ul>	<ul> <li>a) Full Refund</li> <li>Up to RMB 94,000</li> </ul>						
	death in accordance with reasonable and customary practice.							
	Day-Patient and Out-Patient Surgery: Treatment costs for a surgical procedure performed in a surgery, hospital, day-care facility or out-patient department. Any pre or post-operative consultations are payable under Article 5, Benefit 20 – Out-Patient Charges on the insurance contract.	Full Refund						
					Full refund Not			

ן כ		
Benefit	Excel	
20. Out-Patient Charges:		
<ul> <li>Medical practitioner fees including consultations; specialist fees; diagnostic tests; prescribed drugs and dressings.</li> </ul>	a) and b) Full Refund	
<li>b) Teleconsultation (Virtual Doctor appointments via electronic means).</li>		
Costs associated with eligible treatment will be paid in full where treatment is received from medical providers listed in the Now Health International Provider Network.		
Treatment that is not received in the Now Health International Provider Network will pay reasonable & customary charges.		
No out-patient co-insurance or out patient visit excess is applicable.		
c) Vitamins and Minerals:	c) Up to RMB 940	
Vitamins and Minerals as prescribed by a medical practitioner.	per period of cover	
Vitamins prescribed for a diagnosed deficiency will be paid as per the out-patient benefit.		
Any pre-operative and post-hospitalisation consultations are payable under this benefit.		
21. Menopause Hormone Replacement Therapy:		
The cost of Hormone Replacement Therapy when required to alleviate the symptoms of the early onset of menopause where onset and treatment commence below the age of 40 years.	Up to RMB 3,750 per period of cover	

22. Out-Patient Psychiatric Illness:

Out patient treatment administered by a registered psychologist and/or a registered psychiatrist, subject to 10/15/20 (Advance/Excel/Apex) sessions and the cost limit under this section.

For the first 5 sessions you may choose to visit a registered psychologist directly without the need for referral. However, any subsequent sessions with a registered psychologist will require referral and a treatment plan with a medical practitioner or specialist.

#### 23. Out-Patient Physiotherapy and Alternative Therapies

The insurer will cover the actual incurred medical cost of:

 a) Physiotherapy by a Registered Physiotherapist.
 b) Complementary medicine and treatment by a therapist. This benefit extends to chiropractors, chiropodists and podiatrists, osteopaths, homeopaths, dietician and acupuncture treatment but excludes Physiotherapist covered in a).

You may choose 5 sessions for any combination of benefits in aggregate in a given period of cover for benefits a) and b) excluding dietician without the need of referral; any subsequent sessions need to be referred by a Medical Practitioner or Specialist.

For this benefit, the out-patient per visit excess does not apply.

#### 24. Traditional Chinese Medicine and Ayurvedic Treatment:

Out-patient medical costs of the therapies administrated by a recognised traditional Chinese Medicine Practitioner or an Ayurvedic Medical Practitioner.

For this benefit, the out-patient per visit excess does not apply.

Up to RMB 7,800 per period of cover

Up to RMB 31,000 and

subject to a maximum of 15 sessions

per period of cover

a) Full refund
 up to a maximum

25 sessions

b) Up to RMB 630

per visit up to a

per period of cover

maximum of 15 visits

per period of cover

Pre-Authorisation

for a) and b) after every 10 visits 🖀

Subject to limits

Benefit	Excel				
<ul> <li>25. Nursing Care at Home:</li> <li>a) Care given by qualified nurse in the insured person's own home, which is immediately received subsequent to treatment as an in-patient or day-patient on the recommendation of medical practitioner or specialist.</li> <li>b) Medical practitioner (GP) home visits for an emergency GP home call-out during out of normal clinic hours.</li> </ul>	<ul> <li>a) Full Refund up to 60 days per period of cover</li> <li>Pre-Authorisation 2</li> <li>b) Not covered</li> </ul>				
<ul> <li>26. Rehabilitation:</li> <li>When referred by a specialist as an integral part of treatment for a medical condition necessitating admission to a recognised rehabilitation unit of a hospital. Where the insured person was confined to a hospital as an in-patient for at least three consecutive days, and where a specialist confirms in writing that rehabilitation is required. Admission to a rehabilitation unit must be made within 14 days of discharge from hospital. Such treatment should be under the direct supervision and control of a specialist and would cover:</li> <li>a) Use of special treatment rooms</li> <li>b) Physical therapy fees</li> <li>c) Speech therapy fees</li> <li>d) Occupational therapy fees</li> </ul>	▶ Full Refund				
<b>27. Congenital Disorders:</b> In-patient treatment for a congenital disorder. In circumstances where a congenital disorder manifests itself in a new born baby within 30 days of birth, cover for such medical conditions will be provided under Article 5, Benefit 5 but excluded from Article 5, Benefit 27 – Congenital Disorders.	Up to RMB 787,000 per period of cover				
<b>28. Maintenance of Chronic Medical</b> <b>Conditions:</b> Maintenance of chronic medical conditions such as but not limited to asthma, diabetes and hypertension requiring ongoing or long-term monitoring through consultations, examinations, check-ups, drugs and dressings and/or tests up to the benefit limits detailed in the insured person's chosen group plan following the insured person's date of entry. This Benefit does not cover renal failure and dialysis. Claims for this will fall under Article 5, Benefit 29. Claims for cancer will fall under Article 5, Benefit 15.	▶ Full Refund				
<b>29. Renal Failure and Renal Dialysis:</b> Treatment of renal failure, including renal dialysis on an in-patient, day-patient or out-patient basis. This includes pre and post-operative renal dialysis and as part of intensive care.	<ul> <li>a) Full Refund for in-patient care</li> <li>b) Up to RMB 630,000 per period of cover for day-patient or out-patient care</li> </ul>				
		Full refund	Not covered	Subject to I	imits 🕨 C

### Excel

per period of cover

#### 30. Dental Care:

- a) Routine dental treatment: Fees of a registed dental b a) Up to RMB 6,300 practitioner carrying out routine dental treatment in a dental surgery. Routine dental treatment means:
  - Screening (twice per year), i.e. the assessment of diseased, missing and filled teeth, including X-rays where necessary,
  - Preventative scaling, polishing, and sealing (once per year)
  - Fillings (standard amalgam or composite fillings) and extractions, and •

  - Root-canal treatment (but not the fitting of a crown following root-canal treatment)

# No other treatment is covered under the routine dental treatment benefit.

Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the perior or so the start of the policyholder renews the insurance or not.

A co-insurance of 20% applies.

#### For this Benefit the deductible or out-patient per visit excess does not apply.

Complex dental treatment: Fees of a registered Ь) Complex dental treatment rees of a registered dental practitioner and associated costs for the following procedures: Eligible complex dental treatment: including for example, apicoectomy is done to treat the following - fractured tooth root; a severely curved tooth root; teeth with caps or posts; cyst or infection which is untreatable with root canal cyst on innection which is untreatable with root cana therapy; root perforations; new or repair of crowns, dentures, in lays and bridges. Recurrent pain and infection; persistent symptoms that do not indicate problems from x-rays; calcification; damaged root surfaces and surrounding bone requiring surgery.

# No other treatment is covered by this benefit. Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not.

Co-insurance for group plans of 20% applies. A 50% co-insurance applies in respect of all orthodontic treatment.

For this Benefit the deductible or out-patient per visit excess does not apply.

#### 31. Maternity:

- a) Medically Necessary costs incurred during normal Pregnancy and childbirth; childbirth costs, including pre and post-natal check-ups for up to six weeks following birth, scans and delivery costs for a natural birth or voluntary caesarean section. Paediatrician costs for the first examination/ check-up of a New Born baby, if the examination is made within 24 hours of delivery and Well-baby oversitions up to the child concord birthday. is made within 24 hours of delivery and Well-baby examinations up to the child's second birthday and as recommended by a Medical Practitioner or Specialist. This includes physical examinations, measurements, sensory screening, neuropsychiatric evaluation, development screening, as well as hereditary and metabolic screening, immunisations, urine analysis, tuberculin tests and hermatocrit, haemoglobin and other blood tests, including tests to screen for sickle haemoglobinopathy.
- Cost associated with medically necessary and/or Ь) emergency caesarean section

emergency caesarean section. Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. For the expenses incurred after the 180th day to one year after the policy takes effect, this benefit has a 95% co-insurance. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not.

Please note the insurer does not pay for parenting or other teaching classes as these are a matter of personal choice.

, Claims for any caesarean sections are only recoverable from us if you have a maternity benefit as part of your policy. They are not covered by any other benefit.

Deductible would apply to this benefit.

b) Up to RMB 12,600 per period of cover

#### Full refund

Not covered Subject to limits

#### **Benefit** Excel **Additional Options** 32. USA Elective Treatment: a) Costs associated with eligible in-patient and day-patient treatment in the USA will be paid in full where treatment is received in a hospital listed Pre-Authorisation 2 in the Now Health International Provider Network. Optional b) Costs associated with eligible out-patient treatment in the USA will be paid in full where Up to RMB 9,450,000 treatment is received in the Now Health per insured person, International Provider Network per period of cover Treatment that is not received in the Now Health International Provider Network will be subject to a 50% co-insurance. 33. Co-Insurance Out-Patient Treatment – Option 1: A 10% co-insurance will apply on all eligible out-patient treatment. Should the plan include the Optional maternity, dental care or wellness, optical benefits and vaccinations benefits, any applicable co-insurance will be detailed in insured person's benefit schedule. Please note co-insurance does not apply to: a) Cancer treatment, organ transplant, renal failure and renal dialysis. b) Any out-patient treatment received in public hospitals in Mainland China that are within the Now Health International Provider Network. 34. Co-Insurance Out-Patient Treatment – Option 2: A 20% co-insurance will apply on all eligible out-patient treatment. Should the plan include the Optional maternity, dental care or wellness, optical benefits and vaccinations benefits, any applicable co-insurance will be detailed in insured person's benefit schedule. Please note co-insurance does not apply to a) Cancer treatment, organ transplant, renal failure and renal dialysis. b) Any out-patient treatment received in public hospitals in Mainland China that are within the Now Health International Provider Network. 35. Wellness, Optical Benefits and Vaccinations - Option 1 and 2: Option 1 Compulsory group policies 3+ employees a) Wellness: this benefit is payable as a contribution Optional towards the cost of routine health checks Combined limit including cancer screening, BRCA I & II Test RMB 3,100 (Optical (where a direct family history exists), bone sub-limit RMB 1,850 densitometry (once every five years for women per period of cover) aged 50+), cardiovascular examination, neurological examinations, vital signs (e.g. blood pressure, body mass index, urinalysis, cholesterol), well child test (Up to age of 5 Option 2 Years), and/or b) Optical benefits: This benefit also provides a contribution towards optician charges including Optional an annual eye test carried out by an ophthalmic Combined limit optician, prescribed spectacles including frames and RMB 6,300 (Optical lenses; and/or contact lenses when the member's sub-limit RMB 3 750 prescription has changed, within the combined per period of cover) benefit limits to a maximum mutually agreed amount per period of cover for an optical claim. Please note that there is no cover for prescription sunglasses or transition lenses. and/or c) Vaccinations: Costs of drugs and consultations to administer all medically necessary basic immunisation and booster injections and any medically necessary travel vaccinations and malaria prophylaxis For this Benefit exclusion 6.10 does not apply.

Not covered 📃 🔶 Subject to limits

### 36. Medical History Disregarded:

Compulsory group policies 10+ employees

### 37. Greater China option:

The insurer will cover the medical costs associated with all eligible in-patient, day-patient, and out-patient treatment restricted to Greater China and will be subject to the standard policy limits.

Emergency non-elective treatment outside of Greater China:

For planned trips up to 30 days of duration. Treatment by a medical practitioner or specialist starting within 24 hours of the emergency event, required as a result of an accident or the sudden beginning of a severe illness resulting in a medical condition that presents an immediate threat to the insured person's health.

#### Charges relating to routine pregnancy and pregnancy and childbirth medical conditions are specially excluded from emergency non-elective treatment outside of Greater China.

Greater China means Mainland China, Hong Kong, Macau and Taiwan.

Full refund for accident requiring in-patient and day-patient care.

Illness: In-patient and day-patient care up to the sub-limit listed in various plans per period of cover

# Hospital Room Restriction – PRC Residents only:

As described in Article 5, Benefit 1 on the insurance contract. a), but with a restriction to limit the hospital accommodation to a ward or semi-private room for hospital admission in Hong Kong; or with a 15% co-insurance, up to an out-of-pocket-limit of a mutually agreed amount per medical condition for any charge for eligible in-patient or day-patient treatment made by the hospital and by any medical practitioner, should the in-patient or day-patient be received in any high cost in-patient/day-patient facility in Mainland China as pre-defined and advised by the insurer.

### 39. High Cost Provider Co-Insurance:

The insurer will cover the medical costs associated with eligible in-patient, day-patient or out-patient treatment made by the hospital, and by any medical professional, should the in-patient, day-patient or out-patient treatment be received in any high cost in-patient/day-patient facility in Mainland China as pre-defined and advised by the insurer and will be subject to a 20% co-insurance, up to an out-of-pocket limit of a mutually agreed amount per medical condition.

### 40. High Cost Provider Restriction:

The insurer will not cover the medical costs associated with eligible in-patient, day-patient or out-patient treatment made by the hospital, and by any medical professional, should the in-patient, day-patient or out-patient treatment be received in any high cost in-patient/day-patient facility in Mainland China as pre-defined and advised by the insurer.

# Excel

Optional

Optional Emergency non-elective illness limit up to RMB 220,000 per period of cover

In-patient or day-patient treatment received in any high cost facility in Mainland China will be subject to a 15% co-insurance

up to an out-of-pocket

limit of RMB 47,000

per medical condition

Optional

 Optional
 20% co-insurance and up to an out-of-pocket limit of RMB 63,000 per medical condition

Optional

### Full refund 🛛 🕨 Not covered

Subject to limits

Ben	efit	Excel
	ptional Out-Patient Charges Option 1 nder the Essential Plan	
со	e insurer will cover the actual incurred medical ist of: Medical practitioner fees including consultations; specialist fees; diagnostic tests; prescribed drugs	Not covered
Ь)	and dressings. Teleconsultation (Virtual Doctor appointments via electronic means).	,
	Costs associated with eligible treatment will be paid in full where treatment is received from medical providers listed in the Now Health International Provider Network.	
	Treatment that is not received in the Now Health International Provider Network will pay reasonable & customary charges. No out-patient co-insurance or out patient visit	
.1	excess is applicable.	
c)	Vitamins and Minerals Vitamins and Minerals as prescribed by a medical practitioner; Vitamins prescribed for a diagnosed deficiency will be paid as per the out-patient limit.	
	nis benefit a, b and c replace Article 5, Benefit 20 – ut-Patient Charges.	
	<ul> <li>i) Physiotherapy by a Registered Physiotherapist.</li> <li>ii) Complementary medicine and treatment by a therapist. This benefit extends to chiropractors, chiropodists and podiatrists, osteopaths, homeopaths, dietician and acupuncture treatment.</li> </ul>	
	<li>iii) Out-patient treatment for therapies administered by a recognised traditional Chinese Medical Practitioner or an Ayurvedic Medical Practitioner.</li>	
	You may choose 5 sessions for any combination of benefits in aggregate in a given period of cover for benefits d)i) and d)ii) excluding dietician without the need of referral; any subsequent sessions need to be referred by a Medical Practitioner or Specialist.	
	This benefit replaces Article 5 Benefit 23 – Out-Patient Physiotherapy and Alternative Therapies.	
e)	Out Patient Psychiatric Illness:	
	Out-patient treatment administered by a Registered Psychologist and/or a Registered Psychiatrist, subject to 10 sessions and the cost limit under this section.	
	For the first 5 sessions You may choose to visit a Registered Psychologist directly without the need for referral. However, any subsequent sessions with a Registered Psychologist will require referral and a treatment plan with a medical practitioner or specialist.	
	This benefit replaces Article 5, Benefit 22 – Out-Patient psychiatric illness.	
f)	Menopause Hormone Replacement Therapy:	
	The cost of Hormone Replacement Therapy when required to alleviate the symptoms of the early onset of menopause where onset and treatment commence under 40 years old. This benefit replaces Article 5, Benefit 21 –	
	Menopause Hormone Replacement Therapy.	
	or this Benefit the Plan Out-Patient Per Visit Excess pes not apply.	
Ar	ny pre-operative and post-hospitalisation nsultations are payable under this Benefit.	
de	ease note that if this option is chosen, the only eductible options that can be chosen are VB 6,300, RMB 15,700 and RMB 31,500.	
рс	policyholder choose an optional deductible, vlicyholder must also select a co-insurance ut-patient treatment option.	

# Excel

Not covered

### 42. Optional Out-Patient Charges Option 2 under the Essential Plan

The insurer will cover the actual incurred medical cost of:

- Medical practitioner fees including consultations; specialist fees; diagnostic tests and costs associated with maintenance of chronic medical conditions; prescribed drugs and dressings.
- b) Teleconsultation (Virtual Doctor appointments via electronic means).

Costs associated with eligible treatment will be paid in full where treatment is received from medical providers listed in the Now Health International Provider Network.

Treatment that is not received in the Now Health International Provider Network will pay reasonable & customary charges.

No out-patient co-insurance or out patient visit excess is applicable.

c) Vitamins and Minerals Vitamins and Minerals as prescribed by a medical practitioner; Vitamins prescribed for a diagnosed deficiency will be paid as per the out-patient limit.

This benefit a, b and c replace Article 5, Benefit 20 – Out-Patient Charges.

- d) i) Physiotherapy by a Registered Physiotherapist.
  - ii) Complementary medicine and treatment by a therapist. This benefit extends to chiropractors, chiropodists and podiatrists, osteopaths, homeopaths, dietician and acupuncture treatment.
  - iii) Out-patient treatment for therapies administered by a recognised traditional Chinese Medical Practitioner or an Ayurvedic Medical Practitioner.

You may choose 5 sessions for any combination of benefits in aggregate in a given period of cover for benefits d)i) and d)ii) excluding dietician without the need of referral; any subsequent sessions need to be referred by a Medical Practitioner or Specialist.

*This benefit replaces Article 5, Benefit 23 – Out-Patient Physiotherapy and Alternative Therapies.* 

e) Out Patient Psychiatric Illness:

Out-patient treatment administered by a Registered Psychologist and/or a Registered Psychiatrist, subject to 10 sessions and the cost limit under this section.

For the first 5 sessions You may choose to visit a Registered Psychologist directly without the need for referral. However, any subsequent sessions with a Registered Psychologist will require referral and a treatment plan with a medical practitioner or specialist

This benefit replaces Article 5, Benefit 22 – Out-Patient psychiatric illness.

f) Menopause Hormone Replacement Therapy: The cost of Hormone Replacement Therapy when required to alleviate the symptoms of the early onset of menopause where onset and treatment commence under 40 years old. This benefit replaces Article 5, Benefit 21 –

Menopause Hormone Replacement Therapy. For this Benefit the Plan Out-Patient Per Visit Excess does not apply.

Any pre-operative and post-hospitalisation consultations are payable under this Benefit. Please note that if this option is chosen, the only deductible options that can be chosen are RMB 6,300, RMB 15,700 and RMB 31,500.

If policyholder choose an optional deductible, policyholder must also select a co-insurance out-patient treatment option.

Be	enefit	Excel
43.	Optional Out-Patient Charges Option 3 under the Essential Plan:	
	The insurer will cover the actual incurred medical cost of: a) Emergency out-patient benefit	Not covered
	Charges for emergency treatment received as an out-patient in the Accident and Emergency department of a medical provider including: Medical practitioner fees including consultation;	
	specialist fees; diagnostic tests, prescribed drugs and dressings. For this benefit a RMB 150 out-patient per visit	
	excess will be applicable.	
	<ul> <li>b) Pre and post-operative out-patient charges</li> <li>i) Medical practitioner fees including consultations; specialist fees; diagnostic tests; prescribed drugs and dressings.</li> </ul>	
	ii) Teleconsultation (Virtual Doctor appointments via electronic means).	
	Costs associated with eligible treatment will be paid in full where treatment is received from medical providers listed in the Now Health International Provider Network.	
	Treatment that is not received in the Now Health International Provider Network will pay reasonable & customary charges.	
	iii) Physiotherapy by a Registered Physiotherapist. For this benefit the plan out-patient co-insurance or out-patient per visit excess does not apply.	
	Any pre-operative and post-hospitalisation consultations are payable under this benefit.	
	Charges relating to pre-operative consultation within 60 days from the admission and post-hospitalisation consultation within 90 days following discharge from hospital.	
	This benefit replaces Article 5 Benefit 20 – Out-Patient Charges and Article 5 Benefit 23 – Out-Patient Physiotherapy and Alternative Therapies.	
44.	Direct Billing Network for Optional Out-Patient Charges Option 2 under the Essential Plan:	Not covered
	The insurer will provide out-patient direct billing service for eligible out-patient treatment in Now Health International Provider Network for insured person with out-patient charges option 2 benefit under the Essential Plan.	
45.	Out-Patient Restriction:	
	The insurer will cover the medical cost of Article 5, Benefits 20, 23, 28, 29, but restricted to a mutually agreed amount per period of cover in aggregate.	Not covered

Not covered

Be	nefit	Excel
46.	Optional Maternity: Compulsory group policies 10+ employees The insurer will cover the medically necessary cost incurred under the Article 5, Benefit 31 under the Excel or Advance plan. Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. For the expenses incurred after the 180th day to one year after the policy takes effect, this benefit has a 95% co-insurance. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not. Deductible would apply to this benefit.	• Optional Up to RMB 78,750 per period of cover
47.	Optional Dental Benefit under the Advance Plan: Dental Care – 1 a) Routine dental treatment b) Complex dental treatment Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not A co-insurance of 20% applies. A 50% co-insurance applies in respect of all orthodontic treatment. Compulsory group policies 10+ employees.	Already covered under Benefit 30
	<ul> <li>Dental Care - 2</li> <li>a) Routine dental treatment</li> <li>b) Complex dental treatment</li> <li>Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not.</li> <li>A co-insurance of 20% applies.</li> <li>A 50% co-insurance applies in respect of all orthodontic treatment.</li> <li>Compulsory group policies 10+ employees.</li> </ul>	Already covered under Benefit 30

Benefit	Excel	
<b>51. Out-Patient Per Visit Excess – Option 1:</b> An RMB 150 out-patient per visit excess will apply when the insured person receives eligible out-patient treatment inside and outside of the Now Health International Provider Network. The out-patient per visit excess does not apply to Article 5, Benefits 23, 24, and 30. (Alternative Therapies, Traditional Chinese Medicine and Ayurvedic Treatment, and Dental Care)	<ul> <li>Optional RMB 150</li> </ul>	
<b>52. Out-Patient Per Visit Excess – Option 2:</b> An RMB 90 out-patient per visit excess will apply when the insured person receives eligible out-patient treatment inside and outside of the Now Health International Provider Network. The out-patient per visit excess does not apply to Article 5, Benefits 23, 24, and 30. (Alternative Therapies, Traditional Chinese Medicine and Ayurvedic Treatment, and Dental Care)	<ul> <li>Optional RMB 90</li> </ul>	
<ul> <li>53. Optional Dental Care under the Essential Plan:</li> <li>The insurer will cover the actual incurred medical cost of: <ul> <li>a) Routine dental treatment: Fees of a registered dental practitioner carrying out routine dental treatment in a dental surgery. Routine dental treatment in a dental surgery. Routine dental treatment means: <ul> <li>Screening (twice per year), i.e. the assessment of diseased, missing and filled teeth, including X-rays where necessary,</li> <li>Preventive scaling, polishing, and sealing (once per year),</li> <li>Fillings (standard amalgam or composite fillings) and extractions, and</li> <li>Root-canal treatment (but not the fitting of a crown following root-canal treatment).</li> </ul> </li> <li>No other treatment is covered under the routine dental treatment benefit.</li> <li>Waiting Period: Any expenses incurred within 180 days after the start date of the insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not.</li> <li>A co-Insurance of 20% applies.</li> <li>For this benefit the deductible or out-patient per vist access does not apply.</li> <li>Omplex dental treatment: Fees of a registered dental practitioner and associated costs for the following procedures: eligible complex dental treatment: including for example, apicoectomy done to treat the following or focture toping and infection; persistent symptoms that do not indicate problems from x-rays; calcification; damaged root surfaces and surrounding bone requiring surgery.</li> </ul> </li> <li>No other treatment (including Orthodontics) is covered by this benefit.</li> <li>Maiting Period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. The insured person's policy are not payable.</li></ul>	► Not covered	

Benefit	Excel		
Deductible Options			
Standard Deductible	Nil		
Optional Deductible:	RMB 6,300		
The insurance product is designed to have deductible options. The agreed deductibles will apply when the insured person receives eligible in-patient and day-patient	RMB 15,700		
treatment (for treatment inside and outside of the provider network).	RMB 31,500		
Please note:			
<ul> <li>a) If the policyholder has chosen Advance, Excel or Apex plan, and has selected a deductible option,</li> </ul>	RMB 63,000		
the policyholder is required to select either a co-insurance out-patient treatment option or an out-patient per visit excess option.	RMB 94,500		
<ul> <li>b) If the policyholder has chosen Optional Out-Patient Charges under the Essential Plan:</li> </ul>			
<ul> <li>i) If the policyholder has selected a deductible option, the policyholder is required to select a co-insurance out-patient treatment option.</li> </ul>			
<li>ii) The highest deductible that can be chosen is RMB 31,500.</li>			

This is for illustration purposes, please refer to the policy wording for full details.

Be	enefit	Apex
An	nual Maximum Group Policy Limit	RMB 28,000,000
1.	Hospital Charges, Medical Practitioner and Specialist Fees:	
	a) Charges for in-patient or day-patient treatment made by a hospital including charges for accommodation (ward/semi-private or private); diagnostic tests; operating theatre charges including surgeon and anaesthetist charges; and charges for nursing care by a qualified nurse; drugs and dressings prescribed by a medical practitioner or Specialist; and surgical appliances used by the medical practitioner during surgery. This includes pre and post-operative	a) Full Refund Pre-Authorisation
	<ul> <li>consultations while an in-patient or day-patient and includes charges for intensive care.</li> <li>b) Ancillary charges: Purchase and rental of crutches, canes, walking aids and self-propelled non-electronic wheelchairs within six months of an eligible medical condition which required in-patient or day-patient hospital treatment.</li> </ul>	<i>b) Up to RMB 12,600</i> per medical condition
2.	Diagnostic Procedures: Medically necessary diagnostic magnetic resonance imaging (MRI), positron emission tomography (PET) and computerised tomography (CT) scans received as an in-patient, day-patient or out-patient.	► Full Refund Pre-Authorisation for MRI, PET and CT ☎
3.	<b>Emergency Ambulance Transportation:</b> Emergency road ambulance transport costs to or between hospitals, or when considered medically necessary by a medical practitioner or specialist.	Full Refund
4.	Parent Accommodation: The cost of one parent staying in hospital overnight with an insured person under 18 years old while the child is admitted as an in-patient for eligible treatment.	Full Refund
5.	New Born Baby Cover: In-patient treatment of premature birth (i.e. prior to age 37 weeks gestation) or an acute condition being suffered by a new born baby of an insured person which manifests itself within 30 days following birth. Provided that the new born baby is added to the group plan within 30 days of birth and premium paid. Cover for multiple births will be covered up to the same limits shown. In circumstances where the insurer requires details of the new born baby's medical history before the baby is being added to the policy, the insurer reserves the right to apply particular restrictions to the cover the insurer will offer. Please refer to Article 3 - adding new born of this policy wording for details.	▶ Up to RMB 940,000 per period of cover
6.	Hospital Accommodation for New Born Accompanying their Mother: Hospital accommodation costs relating to a new born baby (up to 16 weeks old) to accompany its mother (being an insured person) while she is receiving eligible treatment as an in-patient in a hospital.	Full Refund

Full refund

Not covered > Subject to limits

Be	enefit	Apex
7.	<b>Reconstructive Surgery:</b> Reconstructive surgery required to restore natural function or appearance following an accident or following a surgical procedure for an eligible medical condition, which occurred after an insured person's entry date or start date whichever is later.	▶ Full Refund
8.	<ul> <li>In-Patient Emergency Dental Treatment:</li> <li>The insurer will cover the actual incurred medical cost of emergency restorative dental treatment required to sound, natural teeth following an accident which necessitates the insured person's admission to hospital for at least one night.</li> <li>The dental treatment must be received within 10 days of the accident. This benefit covers all costs incurred for treatment made necessary by an accidental injury caused by an extra-oral impact, when the following conditions apply:</li> <li>a) If the treatment involves replacing a crown, bridge facing, veneer or denture, the insurer will pay only the reasonable and customary cost of a replacement of similar type or quality</li> <li>b) If implants are clinically needed the insurer will pay only the cost which would have been incurred if equivalent bridgework was undertaken instead</li> <li>This benefit also covers repair or reconstruction of dentures broken following an accident that necessitates the insured person's admission to a hospital for at least one night, provided that such dentures were being worn at the time of the accident.</li> </ul>	► Full Refund
9.	In-Patient Psychiatric Treatment: In-patient treatment in a recognised psychiatric unit of a hospital. All treatment must be administered under the direct control of a registered psychiatrist.	Full Refund limited to 30 days per period of cover <b>Pre-Authorisation 2</b>
10.	<b>Terminal Illness:</b> Palliative and hospice care: on diagnosis of a terminal illness, costs for any in-patient, day-patient or out-patient treatment given on the advice of a medical practitioner or specialist for the purpose of offering temporary relief of symptoms. Charges for hospital or hospice accommodation, nursing care by a qualified nurse and prescribed drugs and dressings are covered.	▶ Up to RMB 630,000 lifetime limit
11.	<b>Emergency Non-Elective Treatment</b> <b>USA Cover:</b> For planned trips up to 30 days of duration. Treatment by a medical practitioner or specialist starting within 24 hours of the emergency event, required as a result of an accident or the sudden beginning of a severe illness resulting in a medical condition that presents an immediate threat to the insured person's health. Charges relating to routine pregnancy and pregnancy and childbirth medical conditions are specifically excluded from this benefit.	<ul> <li>Accident: Full Refund for in-patient and day-patient treatment following accident</li> <li>Illness: in-patient and day-patient care up to RMB 310,000 per period of cover</li> <li>Out-patient treatment in an Accident and Emergency department in a hospital up to RMB 3,150 per period of cover</li> </ul>
12.	Hospital Cash Benefit: This Benefit is payable for each night an insured person receives in-patient treatment and only if an insured person is admitted for in-patient treatment before midnight, and the treatment is received free of charge that would have otherwise been eligible for benefit privately under this group plan. Cover under this Benefit is limited to a maximum of 30 nights per period of cover. For this Benefit exclusion 6.10 does not apply.	<b>RMB 1,575 per night</b>

Subject to limits

Optional

Be	nefit	Apex							
17.	Evacuation and Repatriation: a) Evacuation Arrangements will be made to move an insured person who has a critical, life-threatening eligible medical condition to the nearest medical facility for the purpose of admission to hospital as an in-patient or day-patient.	Pre-Authorisation 窒							
	in the event of emergency treatment and medically necessary transport and care not being readily available at the place of the incident. This includes an economy class airfare ticket for a locally-accompanying person who has travelled as an escort.	i) Full Refund							
	medical appointments when treatment is being received as a day-patient. iii) Reasonable travel costs for a locally-	<ul> <li>ii) Full Refund</li> <li>iii) Full Refund</li> </ul>							
	accompanying person to travel to and from the hospital to visit the insured person following admission as an in-patient. iv) Reasonable costs for non-hospital accommodation only for immediate pre and	iv) Up to RMB 1,800 per day. Up to							
	post-hospital admission periods provided that the insured person is under the care of a specialist. Costs of evacuation do not extend to include any air-sea rescue or mountain rescue costs that are not incurred at recognised ski resorts or similar winter sports resorts. Our medical advisers will decide the most	RMB 63,000 per person, per evacuation							
	appropriate method of transportation for the evacuation and <b>this benefit will not cover</b> <b>travel if it is against the advice of the insurer's</b> <b>medical advisers or where the medical facility</b> <b>does not have appropriate facilities to treat</b> <b>the eligible medical condition.</b>	Pre-Authorisation 🖀							
0,	<b>Repatriation</b> An economy class airfare ticket to return the insured person and a locally-accompanying person who has travelled as an escort to the site of	Full Refund							
	who has travented as an escont to the site of treatment or the insured person's principal country of nationality or principal country of residence, as long as the journey is made within one month of completion of treatment. Such transportation cost is only eligible if there								
	was a medical need for an initial evacuation that has taken place. This Benefit specifically excludes routine pregnancy and childbirth costs, except for Article 5, Benefit 16 – Pregnancy Medical Conditions on the insurance contract.								
18.	Mortal Remains:	Pre-Authorisation 🖀							
	In the event of death from an eligible medical condition, reasonable and customary charges for: a) Costs of transportation of body or ashes of an insured person to his/her country of nationality or country of residence, or	> a) Full Refund							
	<ul> <li>b) Burial or cremation costs at the place of death in accordance with reasonable and customary practice.</li> </ul>	▶ b) Up to RMB 126,000							
19.	Day-Patient and Out-Patient Surgery: Treatment costs for a surgical procedure performed in a surgery, hospital, day-care facility or out-patient	Full Refund							
	department. Any pre or post-operative consultations are payable under Article 5, Benefit 20 – Out-Patient Charges on the insurance contract.								
				Full refund	Full refund	Full refund Not covered	Full refund Not covered	Full refund Not covered Subject to limits	Full refund Not covered Subject to limits

Benefit	Арех
<ul> <li>20. Out-Patient Charges:</li> <li>a) Medical practitioner fees including consultations specialist fees; diagnostic tests; prescribed drugs and dressings.</li> <li>b) Teleconsultation (Virtual Doctor appointments vielectronic means).</li> <li>Costs associated with eligible treatment will be paid in full where treatment is received from medical providers listed in the Now Health International Provider Network.</li> <li>Treatment that is not received in the Now Health International Provider Network.</li> <li>No out-patient co-insurance or out patient visit excess is applicable.</li> <li>c) Vitamins and Minerals:</li> <li>Vitamins prescribed for a diagnosed deficiency will be paid as per the out-patient benefit.</li> <li>Any pre-operative and post-hospitalisation consultations are payable under this benefit.</li> </ul>	Full Refund a c) Up to RMB 940
<b>21. Menopause Hormone Replacement</b> <b>Therapy:</b> The cost of Hormone Replacement Therapy when required to alleviate the symptoms of the early onset of menopause where onset and treatment commence below the age of 40 years.	Up to RMB 4,700 per period of cover
22. Out-Patient Psychiatric Illness: Out patient treatment administered by a registered psychologist and/or a registered psychiatrist, subject to 10/15/20 (Advance/Excel/Apex) sessions and the cost limit under this section. For the first 5 sessions you may choose to visit a registered psychologist directly without the need for referral. However, any subsequent sessions with a registered psychologist will require referral and a treatment plan with a medical practitioner or specialist.	Up to RMB 47,000 and subject to a maximum of 20 sessions per period of cover
<ul> <li>23. Out-Patient Physiotherapy and Alternative Therapies</li> <li>The insurer will cover the actual incurred medical cost of: <ul> <li>a) Physiotherapy by a Registered Physiotherapist.</li> <li>b) Complementary medicine and treatment by a therapist. This benefit extends to chiropractors, chiropodists and podiatrists, osteopaths, homeopaths, dietician and acupuncture treatment but excludes Physiotherapist covered in a).</li> <li>You may choose 5 sessions for any combination of benefits in aggregate in a given period of cover for benefits a) and b) excluding dietician without the need of referral; any subsequent sessions need to be referred by a Medical Practitioner or Specialist.</li> <li>For this benefit, the out-patient per visit excess does not apply.</li> </ul> </li> </ul>	<ul> <li>a) Full refund up to a maximum 30 sessions per period of cover</li> <li>b) Up to RMB 945 per visit up to a maximum of 15 visits per period of cover</li> <li>Pre-Authorisation for a) and b) after every 10 visits <sup>®</sup></li> </ul>
<ul> <li>24. Traditional Chinese Medicine and Ayurvedic Treatment:</li> <li>Out-patient medical costs of the therapies administrated by a recognised traditional Chinese Medicine Practitioner or an Ayurvedic Medical Practitioner.</li> <li>For this benefit, the out-patient per visit excess does not apply.</li> </ul>	▶ Up to RMB 12,600 per period of cover

▶ Full refund ▶ Not covered ▶ Subject to limits ▶ Optional

Benefit	Apex		
<ul> <li>25. Nursing Care at Home:</li> <li>a) Care given by qualified nurse in the insured person's own home, which is immediately received subsequent to treatment as an in-patient or day-patient on the recommendation of medical practitioner or specialist.</li> <li>b) Medical practitioner (GP) home visits for an emergency GP home call-out during out of normal clinic hours.</li> </ul>	<ul> <li>a) Full Refund up to 120 days per period of cover</li> <li>Pre-Authorisation 2</li> <li>b) Up to five visits per period of cover</li> </ul>		
<ul> <li>26. Rehabilitation:</li> <li>When referred by a specialist as an integral part of treatment for a medical condition necessitating admission to a recognised rehabilitation unit of a hospital. Where the insured person was confined to a hospital as an in-patient for at least three consecutive days, and where a specialist confirms in writing that rehabilitation is required. Admission to a rehabilitation unit must be made within 14 days of discharge from hospital. Such treatment should be under the direct supervision and control of a specialist and would cover:</li> <li>a) Use of special treatment rooms</li> <li>b) Physical therapy fees</li> <li>c) Speech therapy fees</li> <li>d) Occupational therapy fees</li> </ul>	► Full Refund		
<b>27. Congenital Disorders:</b> In-patient treatment for a congenital disorder. In circumstances where a congenital disorder manifests itself in a new born baby within 30 days of birth, cover for such medical conditions will be provided under Article 5, Benefit 5 but excluded from Article 5, Benefit 27 – Congenital Disorders.	Up to RMB 945,000 per period of cover		
<b>28. Maintenance of Chronic Medical</b> <b>Conditions:</b> Maintenance of chronic medical conditions such as but not limited to asthma, diabetes and hypertension requiring ongoing or long-term monitoring through consultations, examinations, check-ups, drugs and dressings and/or tests up to the benefit limits detailed in the insured person's chosen group plan following the insured person's chosen group plan following the insured person's chosen of entry. This Benefit does not cover renal failure and dialysis. Claims for this will fall under Article 5, Benefit 29. Claims for cancer will fall under Article 5, Benefit 15.	Full Refund		
<b>29. Renal Failure and Renal Dialysis:</b> Treatment of renal failure, including renal dialysis on an in-patient, day-patient or out-patient basis. This includes pre and post-operative renal dialysis and as part of intensive care.	<ul> <li>a) Full Refund for in-patient care</li> <li>b) Up to RMB 630,000 per period of cover for day-patient or out-patient care</li> </ul>		

### Apex

per period of cover

per period of cover

### 30. Dental Care:

- a) Routine dental treatment: Fees of a registed dental > a) Up to RMB 9,400 practitioner carrying out routine dental treatment in a dental surgery. Routine dental treatment means:
  - Screening (twice per year), i.e. the assessment of diseased, missing and filled teeth, including X-rays where necessary,
  - Preventative scaling, polishing, and sealing (once per year)
  - Fillings (standard amalgam or composite fillings) and extractions, and

  - Root-canal treatment (but not the fitting of a crown following root-canal treatment)

# No other treatment is covered under the routine dental treatment benefit.

Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the perior or so the start of the policyholder renews the insurance or not.

A co-insurance of 20% applies.

#### For this Benefit the deductible or out-patient per visit excess does not apply.

Complex dental treatment: Fees of a registered b) Up to RMB 18,900 Ь) Complex dental treatment rees of a registered dental practitioner and associated costs for the following procedures: Eligible complex dental treatment: including for example, apicoectomy is done to treat the following - fractured tooth root; a severely curved tooth root; teeth with caps or posts; cyst or infection which is untreatable with root canal cyst on innection which is untreatable with root cana therapy; root perforations; new or repair of crowns, dentures, in lays and bridges. Recurrent pain and infection; persistent symptoms that do not indicate problems from x-rays; calcification; damaged root surfaces and surrounding bone requiring surgery.

# No other treatment is covered by this benefit. Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not.

Co-insurance for group plans of 20% applies. A 50% co-insurance applies in respect of all orthodontic treatment.

For this Benefit the deductible or out-patient per visit excess does not apply.

### 31. Maternity:

- a) Medically Necessary costs incurred during normal Pregnancy and childbirth; childbirth costs, including pre and post-natal check-ups for up to six weeks following birth, scans and delivery costs for a natural birth or voluntary caesarean section. Paediatrician costs for the first examination/ check-up of a New Born baby, if the examination is made within 24 hours of delivery and Well-baby over a tions, up to the child conced history. is made within 24 hours of delivery and Well-baby examinations up to the child's second birthday and as recommended by a Medical Practitioner or Specialist. This includes physical examinations, measurements, sensory screening, neuropsychiatric evaluation, development screening, as well as hereditary and metabolic screening, immunisations, urine analysis, tuberculin tests and hematocrit, haemoglobin and other blood tests, including tests to screen for sickle haemoglobinopathy.
- Cost associated with medically necessary and/or Ь) emergency caesarean section

Waiting period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. For the expenses incurred after the 180th day to one year after the policy takes effect, this benefit has a 95% co-insurance. The insured person must have completed the waiting period of 180 days before the benefit is payable irrespective of whether the policyholder renews the insurance or not.

Please note the insurer does not pay for parenting or other teaching classes as these are a matter of personal choice.

, Claims for any caesarean sections are only recoverable from us if you have a maternity benefit as part of your policy. They are not covered by any other benefit.

Deductible would apply to this benefit.

a) Up to RMB 110,250 per period of cover

b) Up to RMB 220.500 per period of cover

Subject to limits

Not covered

### **Benefit** Apex **Additional Options** 32. USA Elective Treatment: a) Costs associated with eligible in-patient and day-patient treatment in the USA will be paid in full where treatment is received in a hospital listed Pre-Authorisation 2 in the Now Health International Provider Network. Optional b) Costs associated with eligible out-patient treatment in the USA will be paid in full where Up to RMB 9,450,000 treatment is received in the Now Health per insured person, International Provider Network per period of cover Treatment that is not received in the Now Health International Provider Network will be subject to a 50% co-insurance. 33. Co-Insurance Out-Patient Treatment – Option 1: A 10% co-insurance will apply on all eligible out-patient treatment. Should the plan include the Optional maternity, dental care or wellness, optical benefits and vaccinations benefits, any applicable co-insurance will be detailed in insured person's benefit schedule. Please note co-insurance does not apply to:

- a) Cancer treatment, organ transplant, renal failure and renal dialysis.
- b) Any out-patient treatment received in public hospitals in Mainland China that are within the Now Health International Provider Network.

### 34. Co-Insurance Out-Patient Treatment - Option 2:

A 20% co-insurance will apply on all eligible out-patient treatment. Should the plan include the maternity, dental care or wellness, optical benefits and vaccinations benefits, any applicable co-insurance will be detailed in insured person's benefit schedule.

Please note co-insurance does not apply to:

- a) Cancer treatment, organ transplant, renal failure and renal dialysis.
- b) Any out-patient treatment received in public hospitals in Mainland China that are within the Now Health International Provider Network.

# 35. Wellness, Optical Benefits and Vaccinations – Option 1 and 2:

Compulsory group policies 3+ employees

- a) Wellness: this benefit is payable as a contribution towards the cost of routine health checks including cancer screening, BRCA I & II Test (where a direct family history exists), bone densitometry (once every five years for women aged 50+), cardiovascular examination, neurological examinations, vital signs (e.g. blood pressure, body mass index, urinalysis, cholesterol), well child test (Up to age of 5 Years), and/or
- b) Optical benefits: This benefit also provides a contribution towards optician charges including an annual eye test carried out by an ophthalmic optician, prescribed spectacles including frames and lenses; and/or contact lenses when the member's prescription has changed, within the combined benefit limits to a maximum mutually agreed amount per period of cover for an optical claim. Please note that there is no cover for prescription sunglasses or transition lenses.
- c) Vaccinations: Costs of drugs and consultations to administer all medically necessary basic immunisation and booster injections and any medically necessary travel vaccinations and malaria prophylaxis.

and/or

For this Benefit exclusion 6.10 does not apply.

Option 1

Optional

 Optional
 Combined limit
 RMB 3,100 (Optical sub-limit RMB 1,850 per period of cover)

### Option 2

 Optional
 Combined limit
 RMB 6,300 (Optical sub-limit RMB 3,750 per period of cover)

Full refund 🕨 Not covered

d 🛛 🕨 Subject to limits

### 36. Medical History Disregarded:

Compulsory group policies 10+ employees

### 37. Greater China option:

The insurer will cover the medical costs associated with all eligible in-patient, day-patient, and out-patient treatment restricted to Greater China and will be subject to the standard policy limits.

Emergency non-elective treatment outside of Greater China:

For planned trips up to 30 days of duration. Treatment by a medical practitioner or specialist starting within 24 hours of the emergency event, required as a result of an accident or the sudden beginning of a severe illness resulting in a medical condition that presents an immediate threat to the insured person's health.

### Charges relating to routine pregnancy and pregnancy and childbirth medical conditions are specially excluded from emergency non-elective treatment outside of Greater China.

Greater China means Mainland China, Hong Kong, Macau and Taiwan.

Full refund for accident requiring in-patient and day-patient care.

Illness: In-patient and day-patient care up to the sub-limit listed in various plans per period of cover

### 38. Hospital Room Restriction – PRC Residents only:

As described in Article 5, Benefit 1 on the insurance contract. a), but with a restriction to limit the hospital accommodation to a ward or semi-private room for hospital admission in Hong Kong; or with a 15% co-insurance, up to an out-of-pocket-limit of a mutually agreed amount per medical condition for any charge for eligible in-patient or day-patient treatment made by the hospital and by any medical practitioner, should the in-patient or day-patient be received in any high cost in-patient/day-patient facility in Mainland China as pre-defined and advised by the insurer.

### 39. High Cost Provider Co-Insurance:

The insurer will cover the medical costs associated with eligible in-patient, day-patient or out-patient treatment made by the hospital, and by any medical professional, should the in-patient, day-patient or out-patient treatment be received in any high cost in-patient/day-patient facility in Mainland China as pre-defined and advised by the insurer and will be subject to a 20% co-insurance, up to an out-of-pocket limit of a mutually agreed amount per medical condition.

### 40. High Cost Provider Restriction:

The insurer will not cover the medical costs associated with eligible in-patient, day-patient or out-patient treatment made by the hospital, and by any medical professional, should the in-patient, day-patient or out-patient treatment be received in any high cost in-patient/day-patient facility in Mainland China as pre-defined and advised by the insurer.

### Apex

Optional

Optional Emergency non-elective illness limit up to RMB 310,000 per period of cover

In-patient or day-patient treatment received in any high cost facility in Mainland China will be subject to a 15% co-insurance up to an out-of-pocket limit of RMB 47,000 per medical condition

Optional

 Optional
 20% co-insurance and up to an out-of-pocket limit of RMB 63,000 per medical condition

Optional

Benefit		Apex
1. Optional Out-Patient Charges Option 1 under the Essential Plan		
The insurer will cover the actua cost of:	al incurred medical	Not covered
<ul> <li>a) Medical practitioner fees in specialist fees; diagnostic t and dressings.</li> </ul>		
b) Teleconsultation (Virtual D electronic means).	octor appointments via	
Costs associated with eligii paid in full where treatmer medical providers listed in International Provider Netr	nt is received from the Now Health	
Treatment that is not received the second terms of terms	ler Network will pay harges.	
No out-patient co-insurance excess is applicable.	ce or out patient visit	
c) Vitamins and Minerals	reserved by a modical	
Vitamins and Minerals as p practitioner; Vitamins prese deficiency will be paid as p limit.	cribed for a diagnosed	
This benefit a, b and c replace . Out-Patient Charges.	Article 5, Benefit 20 –	
<ul> <li>d) i) Physiotherapy by a Reg.</li> <li>ii) Complementary medici</li> <li>by a therapist. This beneric chiropractors, chiropodo</li> <li>osteopaths, homeopath</li> <li>acupuncture treatment</li> </ul>	ne and treatment efit extends to ists and podiatrists, is, dietician and	
iii) Out-patient treatment I administered by a reco Chinese Medical Practit. Medical Practitioner.	nised traditional	
You may choose 5 sessions of benefits in aggregate in cover for benefits dji) and without the need of referr sessions need to be referre Practitioner or Specialist.	a given period of d)ii) excluding dietician al; any subsequent	
This benefit replaces Articl Out-Patient Physiotherapy Therapies.		
e) Out Patient Psychiatric Illn		
Out-patient treatment adn Registered Psychologist an Psychiatrist, subject to 10 limit under this section.	d/or a Registered sessions and the cost	
For the first 5 sessions You Registered Psychologist dii for referral. However, any with a Registered Psycholog referral and a treatment p practitioner or specialist.	ectly without the need subsequent sessions gist will require an with a medical	
This benefit replaces Articl Out-Patient psychiatric illn		
f) Menopause Hormone Repl		
The cost of Hormone Repl. when required to alleviate the early onset of menopa treatment commence und	the symptoms of use where onset and	
This benefit replaces Articl Menopause Hormone Repl		
For this Benefit the Plan Out-P		
does not apply. Any pre-operative and post-ho		
consultations are payable under this Benefit. Please note that if this option is chosen, the only deductible options that can be chosen are RMB 6,300, RMB 15,700 and RMB 31,500.		
If policyholder choose an optional deductible, policyholder must also select a co-insurance out-patient treatment option.		

### Apex

Not covered

### 42. Optional Out-Patient Charges Option 2 under the Essential Plan

The insurer will cover the actual incurred medical cost of:

- Medical practitioner fees including consultations; specialist fees; diagnostic tests and costs associated with maintenance of chronic medical conditions; prescribed drugs and dressings.
- b) Teleconsultation (Virtual Doctor appointments via electronic means).

Costs associated with eligible treatment will be paid in full where treatment is received from medical providers listed in the Now Health International Provider Network.

Treatment that is not received in the Now Health International Provider Network will pay reasonable & customary charges.

No out-patient co-insurance or out patient visit excess is applicable.

c) Vitamins and Minerals Vitamins and Minerals as prescribed by a medical practitioner; Vitamins prescribed for a diagnosed deficiency will be paid as per the out-patient limit.

This benefit a, b and c replace Article 5, Benefit 20 – Out-Patient Charges.

- d) i) Physiotherapy by a Registered Physiotherapist.
  - ii) Complementary medicine and treatment by a therapist. This benefit extends to chiropractors, chiropodists and podiatrists, osteopaths, homeopaths, dietician and acupuncture treatment.
  - iii) Out-patient treatment for therapies administered by a recognised traditional Chinese Medical Practitioner or an Ayurvedic Medical Practitioner.

You may choose 5 sessions for any combination of benefits in aggregate in a given period of cover for benefits d)i) and d)ii) excluding dietician without the need of referral; any subsequent sessions need to be referred by a Medical Practitioner or Specialist.

*This benefit replaces Article 5, Benefit 23 – Out-Patient Physiotherapy and Alternative Therapies.* 

e) Out Patient Psychiatric Illness:

Out-patient treatment administered by a Registered Psychologist and/or a Registered Psychiatrist, subject to 10 sessions and the cost limit under this section.

For the first 5 sessions You may choose to visit a Registered Psychologist directly without the need for referral. However, any subsequent sessions with a Registered Psychologist will require referral and a treatment plan with a medical practitioner or specialist

This benefit replaces Article 5, Benefit 22 – Out-Patient psychiatric illness.

f) Menopause Hormone Replacement Therapy: The cost of Hormone Replacement Therapy when required to alleviate the symptoms of the early onset of menopause where onset and treatment commence under 40 years old. This benefit replaces Article 5, Benefit 21 –

Menopause Hormone Replacement Therapy. For this Benefit the Plan Out-Patient Per Visit Excess does not apply.

Any pre-operative and post-hospitalisation consultations are payable under this Benefit. Please note that if this option is chosen, the only deductible options that can be chosen are RMB 6,300, RMB 15,700 and RMB 31,500.

If policyholder choose an optional deductible, policyholder must also select a co-insurance out-patient treatment option.

Subject to limits

Benefit		Apex
	al Out-Patient Charges Option 3 the Essential Plan:	
The insur cost of: a) Emer Char, an ou depa Medi speci and c For ti exces b) Pre a i) M cc pr ii) Te vii CC be frr Hi pa iii) Pr For this t out-patie Any pre- consultat Charges 60 days f consultat hospital.	rer will cover the actual incurred medical rgency out-patient benefit ges for emergency treatment received as ut-patient in the Accident and Emergency intment of a medical provider including: ical practitioner fees including consultation; ialist fees; diagnostic tests, prescribed drugs dressings. his benefit a RMB 150 out-patient per visit ss will be applicable. and post-operative out-patient charges ledical practitioner fees including onsultations; specialist fees; diagnostic tests; rescribed drugs and dressings. eleconsultation (Virtual Doctor appointments a electronic means). osts associated with eligible treatment will e paid in full where treatment is received om medical providers listed in the Now ealth International Provider Network. reatment that is not received in the Now ealth International Provider Network will ay reasonable & customary charges. hysiotherapy by a Registered Physiotherapist. openefit the plan out-patient co-insurance or ent per visit excess does not apply. operative and post-hospitalisation tions are payable under this benefit. relating to pre-operative consultation within from the admission and post-hospitalisation tion within 90 days following discharge from <b>ent Charges and Article 5 Benefit 20 –</b> <b>inter Physiotherapy and Alternative</b>	► Not covered
Out-Pa the Ess The insur service fo Health In person w	Billing Network for Optional atient Charges Option 2 under sential Plan: The will provide out-patient direct billing or eligible out-patient treatment in Now the mational Provider Network for insured with out-patient charges option 2 benefit e Essential Plan.	Not covered
The insur Benefits a	atient Restriction: rer will cover the medical cost of Article 5, 20, 23, 28, 29, but restricted to a mutually mount per period of cover in aggregate.	Not covered

Full refund

Not covered

Subject to limits

Optional

94 |

Benefit Apex
<ul> <li>48. Removal of Co-Insurance for Dental Care:</li> <li>Compulsory group policies 10+ employees.</li> <li>As described in Article 5, Benefit 30, but with no co-insurance applicable to either routine and complex dental treatment including orthodontic treatment.</li> </ul>
<ul> <li>49. In-Patient and Out-Patient Co-Insurance:</li> <li>The insurer will cover the actual medical costs associated with the benefits for eligible in-patient, day-patient or out-patient treatment subject to agreed % of co-insurance, up to an agreed out-of-pocket limit per medical condition.</li> <li>Optional</li> <li>20% co-insurance and up to an out-of-pocket limit of RMB 63,000 per medical condition</li> </ul>
<ul> <li>50. Extended Evacuation and Repatriation:</li> <li>The issure will cover the actual incurred cost of the following:</li> <li>a) Evacuation</li> <li>A) Francements will be made to move an insured person who has a critical, life-threatening eligible medical condition to the nearest medical facility. Outputs of residence, country of noise for the purpose of admission to hospital as an in-patient.</li> <li>a) Transportation costs of an insured person in the event of emergency treatment and medical processary transport and care nothor heing received as a day-patient.</li> <li>a) Reasonable coal travel costs to and from medical apointments when treatment is being received as a day-patient.</li> <li>a) Reasonable local travel costs for a locally-accompanying person who has travelled as an escort.</li> <li>a) Reasonable local travel costs for a locally-accompanying person to travel to and from medical admission periods provided that the insured person is under the care of the hospital damission periods provided that the insured person is under the care ot so story control of the evacuation do not extend to include ary ani-sea rescue or mountain rescue costs to and from the evacuation do not extend to include ary ani-sea rescue or mountain rescue costs to and from the evacuation do not extend to include any ani-sea rescue or mountain rescue costs to and from the evacuation and this benefit will not cover travel fit is against the advice of the insured person se leigible medical facility to treat the evacuation and this benefit will not cover travel fit is against the advice of the insured person so trave to a facility does not have appropriate facilities to treatment. The insured person and a locally-accompanying person who has travelled as an escort to the siscue person and a locally componed to a diverse will decide the more travel of an any portale medical facility to treatment or the insured person prophecon travel to a signification to the suparability or principal country of nationality or principal coun</li></ul>

B	enefit	Арех
-	. Out-Patient Per Visit Excess – Option 1: An RMB 150 out-patient per visit excess will apply when the insured person receives eligible out-patient treatment inside and outside of the Now Health International Provider Network. The out-patient per visit excess does not apply to Article 5, Benefits 23, 24, and 30. (Alternative Therapies, Traditional Chinese Medicine and Ayurvedic Treatment, and Dental Care)	Optional RMB 150
52	2. Out-Patient Per Visit Excess – Option 2: An RMB 90 out-patient per visit excess will apply when the insured person receives eligible out-patient treatment inside and outside of the Now Health International Provider Network. The out-patient per visit excess does not apply to Article 5, Benefits 23, 24, and 30. (Alternative Therapies, Traditional Chinese Medicine and Ayurvedic Treatment, and Dental Care)	<b>O</b> ptional RMB 90
53	<ul> <li>A Optional Dental Care under the Essential Plan:</li> <li>The insurer will cover the actual incurred medical cost of:</li> <li>a) Routine dental treatment: Fees of a registered dental practitioner carrying out routine dental treatment in a dental surgery. Routine dental treatment means: <ul> <li>Screening (twice per year), i.e. the assessment of diseased, missing and filled teeth, including X-rays where necessary.</li> <li>Preventive scaling, polishing, and sealing (once per year),</li> <li>Fillings (standard amalgam or composite fillings) and extractions, and</li> <li>Root-canal treatment (but not the fitting of a crown following root-canal treatment).</li> </ul> </li> <li>No other treatment is covered under the routine dental treatment benefit.</li> <li>Waiting Period: Any expenses incurred within 180 days after the start date of the insured person's policy are not payable. The insured person's dental treatment: Fees of a registered dental practitioner and associated costs for the following procedures: eligible complex dental treatment: including for example, apicoectomy done to treat the following - fractured tooth root; a severely curved tooth root; teeth with caps or posts; cyst or infection which is untreatable with root canal therapy; root perforations; new or repair of crowns, dentures, in lays and bridge; recurrent pain and infection; persistent symptoms that do not indicate problems from x-rays; calcification; damaged prosts and surrounding bone requirin</li></ul>	► Not covered

Benefit	Apex			
Deductible Options				
Standard Deductible	Nil			
Optional Deductible:	RMB 6,300			
The insurance product is designed to have deductible options. The agreed deductibles will apply when the insured person receives eligible in-patient and day-patient	RMB 15,700			
treatment (for treatment inside and outside of the provider network).	RMB 31,500			
Please note: a) If the policyholder has chosen Advance, Excel or Apex plan, and has selected a deductible option,	RMB 63,000			
the policyholder is required to select either a co-insurance out-patient treatment option or an out-patient per visit excess option.	RMB 94,500			
<ul> <li>b) If the policyholder has chosen Optional Out-Patient Charges under the Essential Plan:</li> </ul>				
<ul> <li>i) If the policyholder has selected a deductible option, the policyholder is required to select a co-insurance out-patient treatment option.</li> </ul>				
ii) The highest deductible that can be chosen is RMB 31,500.				





ards 2023







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